IEP Writing Workshop for School Nurses

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Objectives

At the completion of this presentation the participant will be able to write Student-Centered IEP:

- PLAAFP Statements
- Annual Goal Statements
- Short-term Objectives
- Nursing/Health Service Minutes
Special Education Process

Referral
- Response to Intervention (RTI)
  - RTI helps: no FIE
  - RTI doesn’t help: Full Individual Evaluation (FIE)
  - Referral by parent or physician

FIE
- Comprehensive - all indicated domains
- No eligibility - do not proceed and alternate plan
- Eligibility: proceed with IEP

IEP
- Present Levels of Academic and Functional Performance (PLAAFP)
- Goals and Objectives
- Nursing/health services
EXAMPLE: Janie is a 6 year 5 month old first grade student with diagnoses of spina bifida with stiffness in her arms and legs (spastic diplegia) as well as inability to voluntarily empty her bladder or bowels (neurogenic bladder and bowel). She requires nursing services for clean intermittent urinary catheterization at school. She wears diapers. Janie uses a walker in the classroom and wheelchair for longer distances. Janie has frequent absences from school due to fatigue and urinary tract infections.
IEP Goals & Objectives Considerations

- The unique needs of the student
- What evidence-based interventions are needed?
- Student’s medication, treatment, & supplies at school/home, diet concerns
- Does the student need to see the nurse daily, monthly, quarterly? Have an nurse on 1-1 basis?
- Need for Individual Health Plan and/or Emergency Care plan
IEP Goals and Objectives Overview

First
- Determine PLAAFP:
  - Describe how the child’s disability is affecting learning & function

Second
- Determine Annual Goal to address the PLAAFP concerns
  - Focus on improving or maintaining health/educational outcomes

Third
- Determine Short-term Objectives to meet annual goal(s)
  - Measureable intervention/benchmark = steps toward goal
Present Levels of Academic Achievement and Functional Performance (PLAAFP)

**WHAT** is the student’s current status?

- Current condition(s)
- Current concern(s)
- Issue(s) that Goals and Objectives will target
Health: Janie has diagnoses of spina bifida with spastic diplegia and neurogenic bladder/bowel. She requires nursing services for clean intermittent urinary catheterization at school. Janie has frequent absences from school due to fatigue and urinary tract infections.
Annual Goal Statement(s)

**WHERE** you want the student to be in 1 year

- Broad, brief statements that focuses planning
- Student-first language
- Improved health outcome(s)
- Always *educationally relevant*
- Go for it!
Annual Goal Statement Examples

Janie will experience minimal loss of instructional time due to complications of neurogenic bladder and catheterization procedure required for participation in her educational program.

OR

Janie will learn the process of catheterization required for participation in her educational program as a beginning step to self-care of neurogenic bladder.
Short-Term Objective(s)

**HOW** the student will meet the Annual Goal

- Steps towards achieving the goal
- Student-first language
- Always *educationally relevant*
- SMART- Specific, Measurable, Attainable, Realistic, Time-based

(CDC, 2015)
Examples of Objectives

Goal: Janie will experience minimal loss of instructional time due to complications of neurogenic bladder and catheterization procedure required for participation in her educational program.

Objective: Janie will be catheterized by nursing services daily according to current medical orders on file.
Examples of Objectives

Goal: Janie will learn the process of catheterization required for participation in her educational program as a beginning step to self-care of neurogenic bladder.

Objective: Janie will place picture cards of the steps of catheterization in correct order 2/5 attempts by the end of the 1st quarter, 3/5 attempts by the end of the 2nd quarter, 4/4 attempts by the end of the 3rd quarter, and 5/5 attempts by the end of the 4th quarter.
Evaluation of Objective(s)

Criteria: **WHAT** criteria will you use to measure the student’s progress toward the objectives?

- % Accuracy
- # of Attempts

Procedures: **HOW** will you record progress?

- Observation log/chart
- Check list
- Summary notes (sent with report card)
- Test(s)
Evaluation of Objective(s)

Schedule: **WHEN** will you measure progress?
- Daily
- Weekly
- Quarterly
- Semester
- Grading period

Report: **WHO** will you tell? How?
School Nursing/Health Services

**WHO** will deliver health/nursing services?

*YOU! The School Nurse! (or your delegate)*

- What, How, When and for How long?
- Inside or outside of the general educational setting?
- Direct or indirect service
- Consultation minutes
- Nurse-first language
School Nursing/Health Services

**Description EXAMPLE:** The school nurse* will provide intermittent urinary catheterization for the student in the health office for 20 minutes twice daily.

*only place where the school nurse is the focus of the statement

**Calculate Nursing Minutes EXAMPLE:**
=200 minutes/week (40 mins/day x 5 days/week)
REFERENCES


