

1963

Cook
County
Department
of
Public
Health

this
is
the

CCDPH

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Cook
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Health

This is the CCDPH

It is a combination of services and programs designed to prevent disease, prolong life, and improve the health of the public. It is a human operation that touches directly on the lives of people.

Its services include infant care, maternal and child health, communicable disease control, chronic illness and aging, environmental sanitation, public health nursing, nutrition, health education and veterinary public health.

It serves more than ^{1,800,000} ~~1,500,000~~ persons in an area of 735 square miles, including some 114 municipalities; a booming complex of cities, towns, villages, unincorporated communities and more or less isolated homes.

Its annual budget represents an investment of about 53 cents per person for public health services.

Its operations are paid for largely by taxes, not earmarked for public health, but out of the corporate fund of Cook County, supplemented by a grant from state-federal funds.

Its personnel are a unique combination of professional and clerical workers who perform as a team to integrate their knowledge and skills for a broader understanding of human health problems . . . physicians, nurses, sanitary engineers, sanitarians, nutritionists, public health educators, a veterinarian and clerical staff.

It is one of six official public ⁸⁷ health departments in Cook County. More than ~~30~~ percent of the people who live in ^{suburban} Cook County reside within the boundaries of the CCDPH.

It is, finally, a department striving to provide a high quality of public health service to an ever expanding population whose urgent needs and increased demands for health service are a constant challenge.

MATERNAL and CHILD HEALTH SERVICES

SAFEGUARDING THE HEALTH OF MOTHERS AND INFANTS IS ONE OF THE BASIC SERVICES OF CCDPH.

BIRTH AND DEATH CERTIFICATES REVIEWED

Birth and death certificates are routinely reviewed for information of significance to CCDPH. When the birth certificate shows the baby was born prematurely, or at home, or indicates evidences of birth abnormalities, a visit will be made to the family by the public health nurse after consulting with the family physician. When the cause of death of a newborn infant is due to a communicable disease or complications of pregnancy, additional information is obtained to determine if the death might have been preventable.



The Robbins prenatal clinic, conducted twice monthly, provides the expectant mother a physical examination, medical supervision and nutrition instruction and assists her in planning for the delivery and care of her newborn infant.

PREMATURE INFANT SERVICE

Transportation by specially equipped ambulance is provided for premature infants who require hospitalization in established premature nurseries. The public health nurse visits homes of these infants to advise and assist the family in the care of the new baby.



Pre-school years are important ones in the growth and development of every child. Monthly conferences are held for well children under five years of age who are not under the care of a private physician. Health appraisal, immunization and parent counselling on physical and emotional problems are given by pediatricians, assisted by public health nurses.



PKU AND MENTAL RETARDATION

PKU (phenylketonuria) is a hereditary disease causing mental retardation, which can be prevented by early diagnosis and special dietary treatment. CCDPH has an active PKU case-finding program and also provides the special food for patients whose families are financially hard-pressed.

HOSPITAL INSPECTIONS AND LICENSING

All hospitals are inspected annually for licensing in cooperation with the Illinois Department of Public Health.

Ames Company, Inc.



ACCIDENTAL POISONING

Accidental Poisoning is a major health problem of childhood in Cook County and throughout the nation. CCDPH has established poison control centers in hospitals throughout Cook County for the purpose of providing information on poisons and antidotes, as well as treating cases of accidental poisoning. CCDPH also conducts programs of community education on poison hazards in the home.

SCHOOL HEALTH SERVICES

School health programs are a cooperative effort of the school administration and the CCDPH. Health services, health instruction and healthful school environment comprise the three interrelated parts of this program. The staff nurse functions as a consultant and a coordinator to schools that do not employ a nurse.



The teacher and public health nurse have a mutual interest in the health of the school age child. In this informal conference they discuss ways of improving pupil health, health counseling, and review procedures for helping the teacher to better understand her pupils.



Hearing testing, like vision testing, is a routine part of health services. The public health nurse rechecks the hearing of a child whose initial test indicated a difficulty in hearing. Discovery is the first step toward referral for treatment.



Teaching health in the classroom is a responsibility of the teacher. Her aim is to help children to develop desirable habits and attitudes toward healthful living. The public health nurse guides the teacher in the selection and use of health education materials.

CHRONIC DISEASE CONTROL Nursing Home Program

In all of its programs, CCDPH is involved in some aspect of chronic disease control . . . through preventing the disease from occurring to halting or retarding the disease from progressing into disability or death.

A deep concern of the CCDPH is the need for

providing suitable and safe facilities for the care and rehabilitation of the chronically ill, aged, and infirm patients in nursing homes and homes for the aged. Public health nurses, nutritionists and sanitarians serve as advisors to the operators and the professional staff in these homes in preventing and reducing chronic diseases, in rehabilitation, and in planning specialized care for those patients who have a longterm illness or are disabled.

Some 90 licensed institutions come under the supervision of the CCDPH. Food service, quality of patient care, and safety and environmental factors are included in the inspections made at least annually by the CCDPH personnel.



Good body alignment assists in prevention of contractures. The nursing home consultant nurse assists personnel of the home in incorporating rehabilitation into a patient care plan.



Proper fit of crutches is important to the safety of the resident. With the aid of a patient the personnel are instructed in crutch walking and safety practices.



In a class held for food service employees, nutritionist reviews table settings as well as menu planning, organization of kitchen and modified diets.



Proper cleaning of dishwashing machine is discussed by sanitarian with employee working in the kitchen.

PUBLIC HEALTH NURSING

The purpose of the service is to provide quality nursing care on a family-centered basis with professional competence and skill. The goal of the service is to help individuals meet their specific needs or to help them obtain the services of other social and welfare agencies or resources able to help them meet these needs.

Nursing services are given in schools (public and parochial), child health conferences, maternal clinics, immunization clinics. Home visits are made to patients with tuberculosis, venereal disease, cancer, heart disease, mental retardation, accidental poisoning, and to handicapped children and adults, as well as for other medical conditions requiring public health nursing skills.

At all times, the public health nurses teach the basic principles of healthful living in relation to the rapidly expanding technology of the times, and the changing needs of individuals in all age groups.

All public health nursing services are given under the medical direction of the health officer, or the family's private or clinic physician.



Because of blindness, this mother is using a braille scale to weigh food for Trudy, who is a diabetic. The public health nurse teaches the mother the care and dietary needs of the child and helps Trudy to accept the limitations of the diet.

CARE OF THE AGED

Although the service programs of CCDPH are designed to meet the needs of the total population, special services should be patterned to meet the unique health needs of the elderly. Diseases which disable or kill the greatest number in this age group are heart disease, high blood pressure, cancer, arthritis and rheumatism, tuberculosis, diabetes, and glaucoma.



Carnation Company

Advancing years need not be dismal, hopeless, and totally lacking in appeal . . . safe housing, adequate diet, proper care are what our older citizens need.

VITAL STATISTICS SERVICES

Births and deaths occurring in most of suburban Cook County are recorded and filed by the CCDPH. These records are important confidential legal documents, and furnish valuable information for purposes of identification, insurance, and legal rights.

The Director of the CCDPH is the Registrar. Services in connection with filing of birth and death certificates and issuing burial permits are provided by all offices of CCDPH. In addition, five sub-registration districts have been established for the convenience of local communities.

Copies of all vital records are made for CCDPH files as well as for the County Clerk.



A certified copy of a birth or death certificate can be obtained by an authorized person for a small fee.

CIVIL DEFENSE

MEDICAL SELF-HELP TRAINING PROGRAM

Although planned for use in the event of a widespread disaster, knowledge of how families can care for themselves until medical help is available has day-to-day medical emergency value.



Volunteer teacher, recruited by CCDPH staff, is briefed on use of kit of educational aids in Medical Self-Help Training Course.

NUTRITION SERVICE

The nutritionists of the CCDPH give service, mainly, by helping those who have responsibility for the food intake of others, participating in CCDPH programs in the fields of Maternal and Child Health, Chronic Illness and Aging, and also through discussions with individuals who have nutrition problems.

Educational efforts include those for CCDPH staff, clinic patients, and talks to community organizations such as PTA, weight control groups, and classes for senior citizens. Conferences are held with individuals needing dietary instruction upon referral, and with public health nurses serving families in order to relate therapeutic diets to the home situation, to assist in family food budgeting, or to discuss normal nutrition.

The Institutional Nutrition Consultant's services are used in the Chronic Disease Program for inspection of nursing homes and homes for the aged, and for improvement of their food service. She also serves as a consultant to children's homes, day care centers, and hospitals upon request. All members of the staff of the nutrition division are active in interagency committees concerned with meeting the nutrition service needs of the County.



The nutritionist reviews sources of nutrition information with teachers and community group leaders.

PUBLIC HEALTH EDUCATION

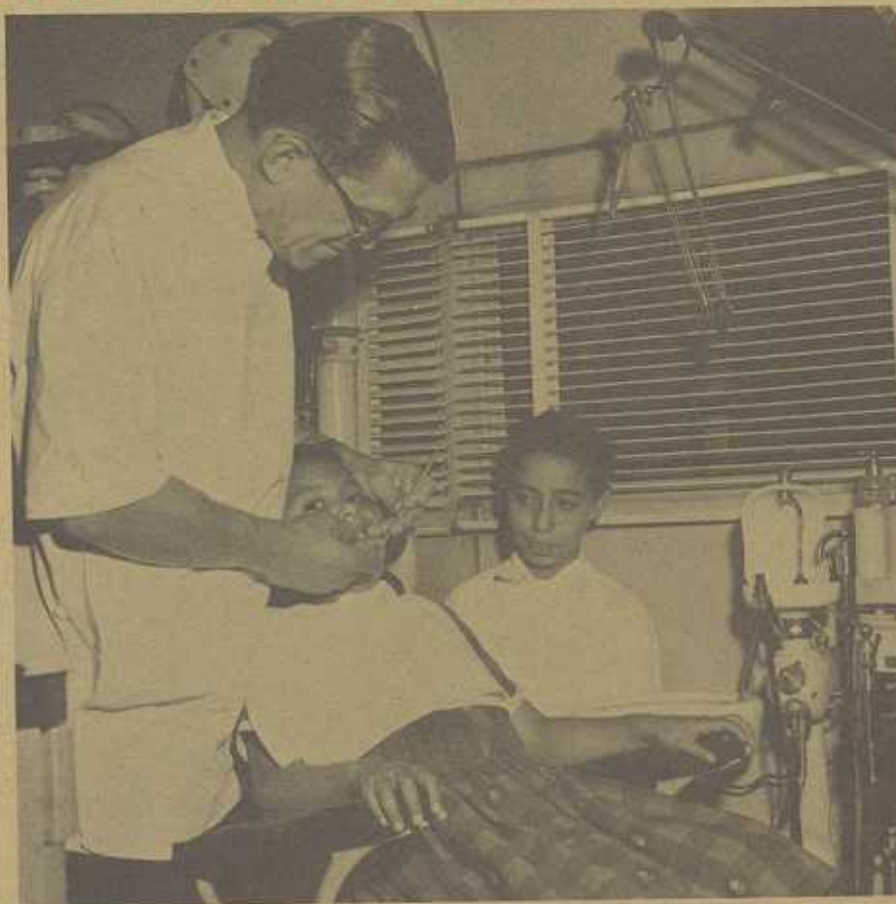
Through direct education services, consultation, demonstration and training, the public health educator provides leadership in planning and carrying out the educational aspects of health programs. Basically, the Division of Public Health Education is a service branch assisting the CCDPH staff in their efforts to inform, and influence the behavior of the general public in matters pertaining to personal and community health.

Understanding and acceptance of public health programs, and the modern concepts of disease and health are important to a well informed public. A library of health pamphlets and educational materials is available; supplementary teaching aids for classroom health instruction programs are prepared for teachers; and releases on health subjects are sent to the news media; press, radio and TV. In addition to editing and distributing the annual report, the Division edits a bi-monthly newsletter to improve communications within the agency and to serve as a link between the public and the Department's programs and services.

The results of health education are not always tangible and may not be measurable for some time. However, there is abundant evidence of its effectiveness.



DENTAL HEALTH SERVICES



To improve dental health, programs of prevention, treatment and public education are supported by the CCDPH.

Children in need of dental care are treated in clinics located in health centers, hospitals, and schools. This service is intended for those children who would otherwise be deprived of dental care. Limited funds prevent the CCDPH from reaching the great majority of children in the County who will not otherwise receive necessary dental services.

On a regularly scheduled basis the CCDPH Mobile Dental Unit travels into communities that are remote from the clinics to provide treatment for children under 16 years of age.

A continuous educational program is carried on to encourage communities to fluoridate the drinking water supply as a means of preventing tooth decay.

VETERINARY PUBLIC HEALTH SERVICES

In Veterinary Public Health services the CCDPH is engaged in the two-fold task of controlling those animal diseases which are communicable to man, and protecting the public from diseases which can be transmitted by eating animal food products.

- ... Cattle are tested periodically for bovine brucellosis.
- ... Breeding cattle are tested at regular intervals to reduce the incidence of tuberculosis.
- ... Sheep are inspected regularly to eradicate scabies.
- ... Hog cholera is a highly contagious disease of swine. Although it is not directly transmissible to humans, animals that do recover are predisposed to other diseases that can be transferred to humans.
- ... Animals for exhibition at Fairs are inspected prior to their entry and during the period of the display to be sure they are healthy, and to guard against the spread of disease to people in contact with them.



As a safeguard to animal and human health there is a continuous program of supervision of the livestock and poultry population.

PROFESSIONAL EDUCATION

One of the difficult problems facing public health departments today is the severe shortage of personnel prepared in public health for the performance of health services. This is a national as well as a local problem. Student guidance is a stimulating experience for the staff and also serves as a method of recruitment.

Field training experiences are provided for nurses, nutritionists, public health educators, and dietetic students. Medical students from the Stritch School of Medicine of Loyola University are introduced to public health programs and services.

Cook County is one of three health departments in Illinois approved by the American Medical Association to train physicians in the specialty of Preventive Medicine and Public Health.

Professional staff employed by the CCDPH continue their education by planned in-service training, membership in professional societies, reading of specialty and public health publications, and attendance at local and national meetings. In these ways they endeavor to keep abreast of the ever increasing developments in all the areas of public health which must then be applied to community public health practices.



COMMUNICABLE DISEASE CONTROL

Prevention of disease is the keystone of the CCDPH's programs. Since the problem of communicable diseases is an ever changing one, CCDPH is constantly on the alert to apply protective measures to safeguard the individual and the community.

To prevent and control communicable diseases is a continuing effort of CCDPH, involving the promotion of immunization, investigation of cases, medical consultation to physicians, and home visits by public health nurses to selected cases. Coupled with the control measures are educational programs to inform the public about the nature of the communicable diseases and the advantages of protection by immunization.



An immunization clinic is held every month in each CCDPH district office for residents of the area who are in need of this service.

RHEUMATIC FEVER CONTROL

Preventing recurring attacks of rheumatic fever in persons who have been diagnosed as having rheumatic fever or rheumatic heart disease has a high priority in the service programs of the CCDPH. Although there is no immunization against rheumatic fever, drugs are effective to prevent and combat it. On orders of the attending physician the CCDPH will provide this preventive medication to needy patients.

Each newly diagnosed case is visited by a public health nurse and revisited as the occasion arises. Continuous education of the public is needed to increase awareness of the necessity for prompt accurate diagnosis and treatment of "strep throats."

VENEREAL DISEASE CONTROL

The increased number of cases of venereal disease in the past several years has spurred the Department to intensify its efforts in the control of VD. The upsurge of cases of syphilis and gonorrhea primarily involved young people between the ages of 15 and 30 years. Reports from private physicians of patients being treated for VD is a valuable source of information for follow-up by CCDPH investigators.

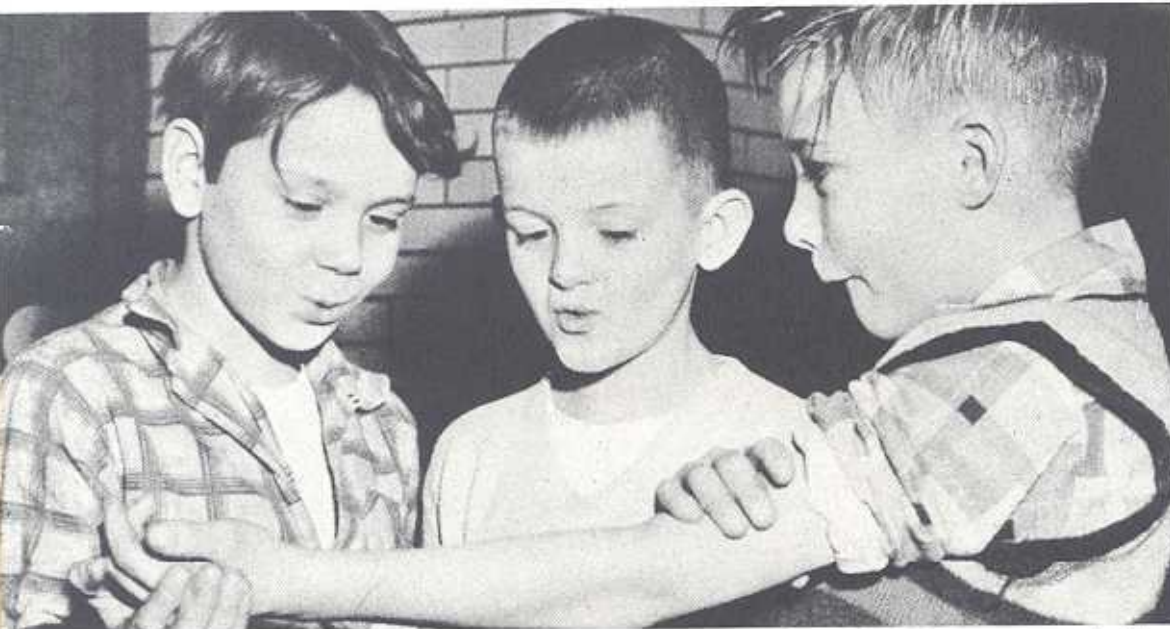
The confidential investigation that follows includes interviewing of the patient to secure the names not only of sex contacts, but also of friends and associates who may have been exposed and are in need of treatment.



Strep injections are given in the home by the public health nurse at the request of the attending physician.

TUBERCULOSIS CONTROL

Searching out persons having tuberculosis before they can infect others and while there is a chance for cure is an important means of protecting the entire community. Routine activities carried on by CCDPH include an intensive search for new cases to prevent the disease from spreading, aid with planning for treatment and hospitalization of patients, and education of the public.



Finding unknown cases of TB through chest X-rays and tuberculin tests are carried on jointly by CCDPH and other official and voluntary health agencies.

Sun-Times

As tuberculosis in aged persons is of major concern, an all out effort is being made to secure a chest X-ray on all residents living in nursing homes. The mobile X-ray unit is used for ambulant patients and portable X-ray equipment is used for bed patients.

RABIES CONTROL

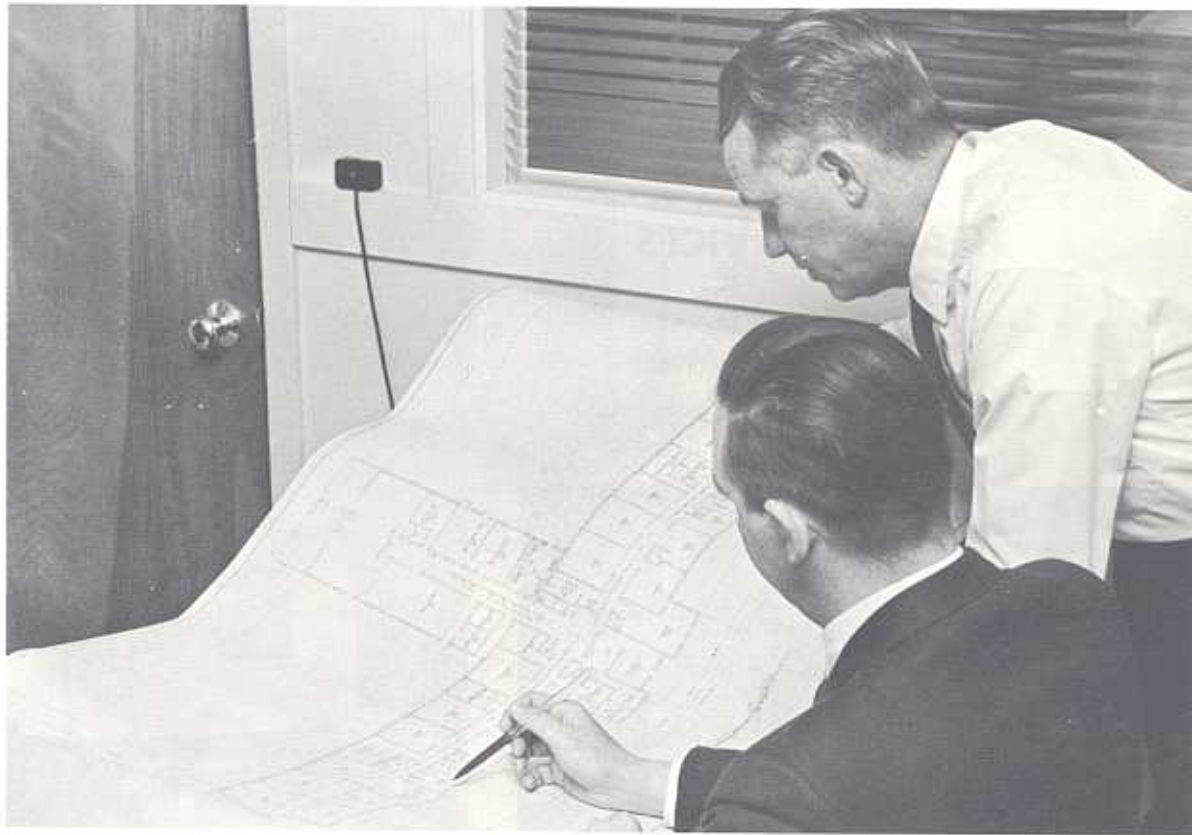
Because animal bites are a serious potential risk, investigations are made to verify that persons bitten or scratched by an animal are under medical

care. An additional service to practicing physicians is providing the vaccine or anti-rabic treatment, as well as current treatment methods for animal bites.

ENVIRONMENTAL HEALTH SERVICES

The Sanitary Engineering Division has as its primary function the control of those factors affecting the environmental health of the people of Cook County. As the suburban areas become more congested, the problem of sanitation becomes more complex.

Inspections are made of public, private and semi-private water supply and sewage disposal systems. In addition, many facilities that serve the public are not only inspected but are also licensed such as public swimming pools, hospitals, nursing homes, trailer parks, motels, etc. These facilities are either licensed by the County or the State based on County inspections.



Plans and specifications are reviewed by staff engineers to determine compliance with local and state codes.



Sites for disposal of refuse and garbage by the sanitary land-fill method are checked at frequent intervals by staff members.

ENVIRONMENTAL HEALTH SERVICES



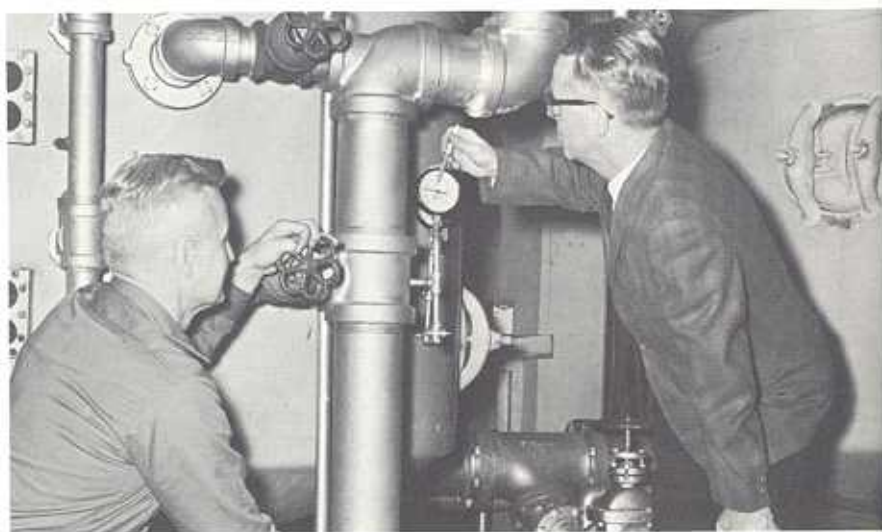
Engineer collecting sample in dry cleaning establishment to detect potentially dangerous gasses in the air.



At least once a year all public swimming pools—indoor and outdoor—are inspected and graded.



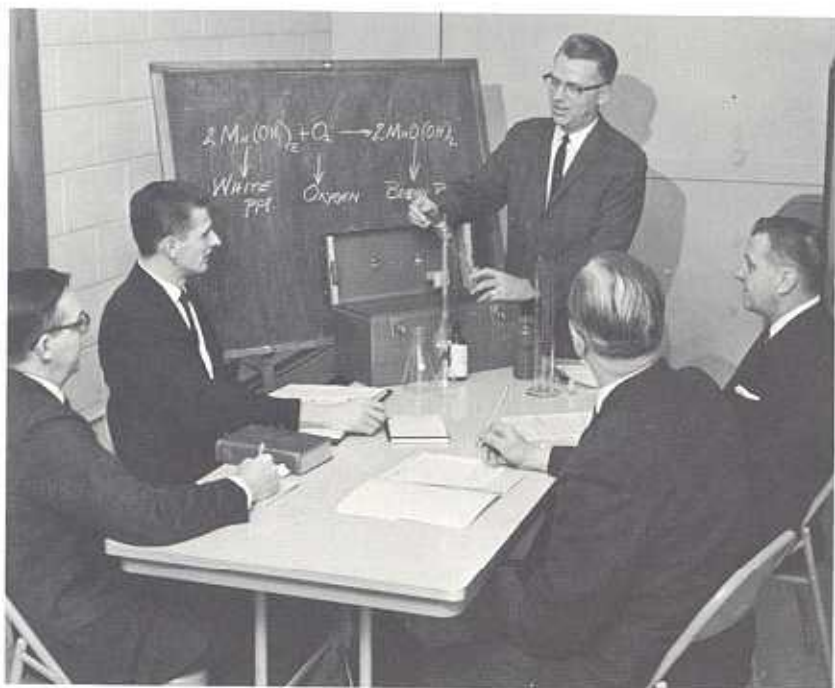
Trailer parks and motels are inspected and licensed to determine compliance with state and county codes.



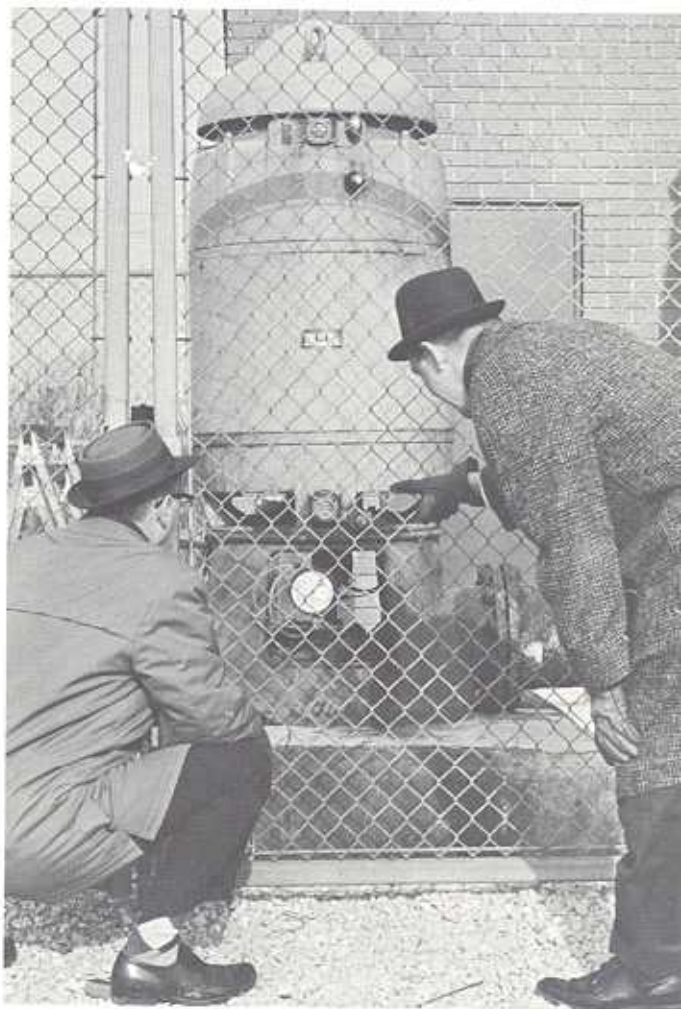
Filtration equipment is checked by engineer in company with pool operator. Operation is also checked preparatory to grading and licensure.



All public water supplies are sampled monthly to determine water quality.



In-service education for sanitarians and sanitary engineers keeps staff up-to-date on trends and newer developments in environmental health.



Engineer checks turbine pump installation of public water supply on yearly evaluation survey.

STATISTICS 1963

VITAL STATISTICS*

POPULATION	1,570,000**
Live Births	
Total	34,701
Hospital births	24,563
Non-hospital births	138
Premature births	2,332
Deaths	
All ages	11,084
Total Infants	
Under 1 year	684
Under 28 days	534

*CCDPH jurisdiction.

**1963 estimates U. S. Census.

TOP TEN KILLER DISEASES

1. Heart Disease	4,730
2. Cancer	2,083
3. Vascular lesions of central nervous system	980
4. Congenital malformations and diseases of early infancy	510
5. All accidents	435
Motor vehicle	221
Other accidents	214
6. Influenza and pneumonia	367
7. General arteriosclerosis	191
8. Diabetes	179
9. Cirrhosis of liver	172
10. Suicide	136

VITAL RECORDS FILED

Live Births	11,530
Stillbirths	181
Deaths	5,750
Total	17,461

VITAL RECORDS SERVICES

Certified Copies Issued	30,134
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CHILD HEALTH CONFERENCES

Number of sessions held	147
Number of locations	6
Children registered	641
Under 1 year	511
1 to 4 years	130
Visits	2,430
Under 1 year	2,077
1 to 4 years	353

PRENATAL CLINICS

Sessions per year	46
Pregnant women registered	139

SCHOOLS

Total number of schools	685
Nursing service given to	129
Public	31
Enrollment	10,273
Parochial	98
Enrollment	58,422

NURSING SERVICES

Patients admitted to nursing service	15,562
Home visits to patients	21,928
Office visits by patients	1,563

RHEUMATIC FEVER

Total cases in registry	963
Inactive	204
Active	759
New cases registered	212
Cases reported not receiving medication	244

SELECTED REPORTABLE DISEASES*

Diphtheria	1
Encephalitis	28
Gonorrhoea	221
Infectious hepatitis	87
Measles	374
Meningitis (all types)	89
Poliomyelitis	3
Rheumatic fever	212
Strep infections (including scarlet fever)	1,213
Syphilis	183
Typhoid fever	1

*Cases reported to the CCDPH.

Animal bites reported

(1 positive for Rabies)	7,894
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TUBERCULOSIS

Cases under investigation	253
Cases under active supervision	1,214

TUBERCULIN TESTING PROGRAMS IN SUBURBAN COOK COUNTY**

Schools tested	129
Public	104
Parochial	25
Students tested	19,632
Public	16,022
Parochial	3,610

**Cooperative programs with official and voluntary health agencies.

IMMUNIZATIONS

Administered in:	
Child health conferences	6,093
District office clinics	4,116
Total	10,209

NURSING HOMES

Services to Nursing Homes, Homes for the Aged, Homes for Children and Sheltered Care Homes.	
Licensure visits	291
Consultant service	511
Interviews and conferences	688

ENVIRONMENTAL HEALTH SERVICES

Swimming Pools* inspected	224
Outdoor	174
Indoor	50
*Proposed for 1964-19.	
Water analyses reported	12,000
Private sewage disposal systems reviewed**	461
Approved	383
Rejected	78

**Each approval issued also includes a field inspection of the site.

Tourist and Trailer Parks	
Licensed and inspected	85
Motels inspected	52
Nuisance investigations	
Received and investigated	583
Cases corrected and closed	420
This figure does not represent the total number of visits since, in many instances, two or more visits were made before the case was closed.	
Food Handling Schools	
Conducted	6
Attendance	220
Migrant Labor Camps	
Inspected and licensed	15
Visited	21

PERSONNEL

Director John B. Hall, M.D., M.P.H.
 Business Manager Leo V. Hennessy
 Administrative Assistant Jessie Pierson

PREVENTIVE MEDICINE AND EPIDEMIOLOGY
 Chief Colette Rasmussen, M.D., M.P.H.

MATERNAL AND CHILD HEALTH
 Chief Helen Heinen, M.D., M.P.H.

NURSING
 Chief Thelma Cline, R.N., M.A.

ASSISTANT CHIEFS
 Elaine Nemoto, R.N., M.S., Myrtle Sorenson, R.N., M.Litt.

CONSULTANTS TO NURSING HOMES
 Faye Krause, R.N., BSPHN, Helen Nystrom, R.N., M.A.

SUPERVISORS
 Rita Bakewell, R.N., BSN
 Bridget Campbell, R.N., M.Ed.
 Edith Nyden, R.N., BSPHN
 Mary Stypul, R.N., BSPHN

ASSISTANT SUPERVISORS
 Eleanor Coghlan, R.N., B.S.
 Dorothy Wickliffe, R.N., BSPHN

STAFF NURSES
 Marian Alich, R.N., BSN
 Lydia Armas, R.N., BSN
 Mary L. Arndt, R.N., BSN
 Judith Butler, R.N., BSN**
 Dorrence Carter, R.N.
 Mary Dawson, R.N.
 Goldie Durichbek, R.N., BSN**
 Annelie Durrenberger, R.N.
 Elizabeth English, R.N., BSN
 Rosemary Flaherty, R.N., BSN

Janet Flood, R.N., BSN
 Carol Gockstetter, R.N., BSN
 Barbara Heeb, R.N., BSN
 Page Jacobs, R.N., BSN**
 Jeannette Johnson, BS, BSN
 Donna Kelley, R.N., BSN
 Mary King, R.N., BSN
 Karen Koning, R.N., BSN
 Annette Lagerstrom, R.N., BSN**
 Mary McElligott, R.N.
 Rosemary McGrath, R.N., BSN
 Maureen McMahon, R.N., BSN
 Mary Maloney, R.N.
 Irene O'Connor, R.N.
 Inez Porges, R.N., BSN
 Loretta Prize, R.N., BSN
 Dolores Riordan, R.N., BSN**
 Judy Scully, R.N., BSN
 Carol Snow, R.N., BSN
 Mary Strazzabosco, R.N., BSN**
 Lois Woodworth, R.N., BSN

VETERINARY PUBLIC HEALTH
 Chief Clarence Hostetler, D.V.M.

PUBLIC HEALTH EDUCATION
 Chief Irene Fahey, M.P.H.

NUTRITION
 Chief Martha Tosti, M.S.**
 Chief Kathleen T. Hoyi, M.P.H.
 Institutional Nutrition Consultant Myrtle Meritt, M.S.

DENTAL HEALTH
 Supervisor Seymour Gould, D.D.S.
 W. C. Lukaszewski, D.D.S.
 Dental Assistant Edward Ciepiela

SANITARY ENGINEERING
 Chief Robert R. deJonge, B.S., R.P.E.
 Assistant Chief Steven W. Nich, B.S., R.P.E.

PROGRAM SUPERVISORS
 Robert J. Wollschlager, M.S., R.P.E.
 LeRoy V. Dzierzanowski, B.S.

DISTRICT ENGINEERS
 Abraham Branitzky, B.S., R.P.E.
 George Gojewycz, B.S.
 John Schultz

SANITARIANS II
 William G. Alles
 Carl M. Biondi
 Joseph Svec***
 Morris Albaum**
 Stephen Shemanski, Nursing Home Consultant

Jack Levinson
 James Pacelli
 William Hoffman**

SANITARIANS I
 John P. Andrews
 Walter J. Hackett
 Sidney B. Kanter
 Walter Kleszyk
 Edward Scully**

Raymond F. Murphy
 Fred Schultz
 Stanley J. Gizewski
 Marvin Goodman**
 Henry Zax**

** Resigned
 *** Deceased

SECRETARIAL STAFF

Chief Lorraine Johnson

Mossie Blanton	Thelma Lloyd
Alice Buck	Lillian Maxa
Jeanette Buffie	Margaret Moulding
Mylah Diffay	Agnes Mulvihill**
Jennie Di Pofi	Susan Nappi
Marilyn Duffkis	Sandra Pistone
Shirley Evans	Celia Riffkind
Betty Ferro	Diane Rosone
Ann Mary Graber	Sandra Russo
Josephine Iacuzzi	Geraldine Sepel
Rose Keenan	Julia Sullivan
Fredrika Kirking	Tina Vitullo
Diane Levoff	Ora Williams**
Ruth Lloyd	

CUSTODIAL WORKERS

Nathaniel Jones Leo V. Hennessy, Jr.

CCDPH DIRECTORY

CENTRAL OFFICE

329 South Wood Street, Chicago, Illinois 60612
 Telephone CHesapeake 3-5832

DISTRICT OFFICES

NORTH

1755 Oakton Street, Des Plaines, Illinois 60018
 Telephone VAnderbilt 7-5188

WEST

1907 Rice Street, Melrose Park, Illinois 60160
 Telephone FILLmore 4-6052

SOUTHWEST

5410 West 95th St., Oak Lawn, Illinois 60453
 Telephone 423-7500

SOUTH

51 East 154th Street, Harvey, Illinois 60426
 Telephone EDison 3-0006

1963 Annual Report

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of

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of

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Assistant Secretary

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KENNETH E. WILSON

*Deceased

