



Potential Measles Exposures in Suburban Cook and Chicago

Cook County Department of Public Health (CCDPH) officials are reporting a confirmed case of measles in a Cook County resident with recent travel history to another country with ongoing measles transmission, and no prior immunity to measles. During the infectious period, the individual visited the following public locations:

Date	Location	Potential Exposure Time
7/13/2018	Panera Bread at 400 W. Division St., Chicago, IL 60610	5:00 p.m. - 8:30 p.m.
7/14/2018	Jewel Osco at 333 E. Euclid Ave., Mt. Prospect, IL 60056	12:00 p.m. - 4:00 p.m.

If you visited either of these locations on the days and times listed, and are experiencing symptoms of measles, call a health care provider to arrange for evaluation.

Two hours have been added to the time after the individual left, since the measles virus can linger in the air and on surfaces for two hours after an infected individual leaves the area. Public health officials are working with Panera Bread and Jewel Osco to contact employees who were present during the potential exposure times. There is no ongoing risk of transmission for this case at the above locations.

The healthcare facilities where the patient was evaluated are working to identify all possible areas of exposure and notify susceptible patients, staff, and visitors. The Illinois Department of Public Health is working with local health departments and hospitals during this investigation and information is subject to change.

Symptoms of measles include rash, high fever, cough, runny nose, and red, watery eyes. **If individuals develop symptoms of measles**, CCDPH recommends:

- Calling a healthcare provider **before** going to a medical office or emergency department (so special arrangements can be made for evaluation, while also protecting other patients and medical staff from possible infection), **and**
- Contacting their local health department. Cook County residents, contact CCDPH at 708-836-8699. Lake County residents, contact Lake County Department of Public Health at 847-377-8130. Chicago residents, contact Chicago Department of Public Health at 312-746-5380 and select option 1.

Most individuals are vaccinated routinely in childhood and are not at high risk. Of most concern are people who have not been vaccinated. Individuals who think they have been exposed should check with their healthcare provider about protection through prior vaccination. The healthcare provider will determine the need for testing if symptoms develop. If infected, individuals could develop symptoms up to 21 days following exposure.

Measles can cause serious complications such as pneumonia and encephalitis (swelling of the brain). Measles is easily spread through the air when someone coughs or sneezes. People can also get sick when they come in contact with mucus or saliva from an infected person.

“It is important for everyone to get vaccinated, if they aren’t already,” said CCDPH Chief Medical Officer Terry Mason, MD. “Getting vaccinated protects you and others around you who are too young to get the vaccine or can’t receive it for medical reasons. Two doses of measles vaccine are nearly 100 percent effective in preventing measles.”

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Individuals who are traveling out of the country, including children over the age of 6 months, should talk to their healthcare provider about whether an additional dose of MMR vaccine is recommended before travel.

For more information about measles, visit <https://wwwnc.cdc.gov/travel/diseases/measles>.

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