

Pregnant  
or planning  
to become  
pregnant?



## Warning:

Zika virus can cause certain birth defects.

## Protect your pregnancy.

Learn more about recommendations to:

- Delay travel to Zika-affected areas
- Prevent sexual transmission
- Avoid mosquito bites

For more information about Zika and other diseases spread by mosquitoes, visit:

**[fightthebitecookcounty.com](http://fightthebitecookcounty.com)**



**Cook County** DEPT.  
of  
**Public Health**

Promoting health. Preventing disease. *Protecting you.*

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