BUILDING RESILIENT CHILDREN

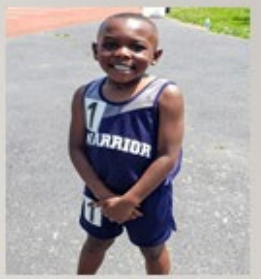
During Remote Learning

Dr. Regina A. Redd

OBJECTIVES

- Participants will learn strategies to build resilient children.
- Participants will learn how to help children master remote learning from home.

DEDICATION OF THIS STUDY

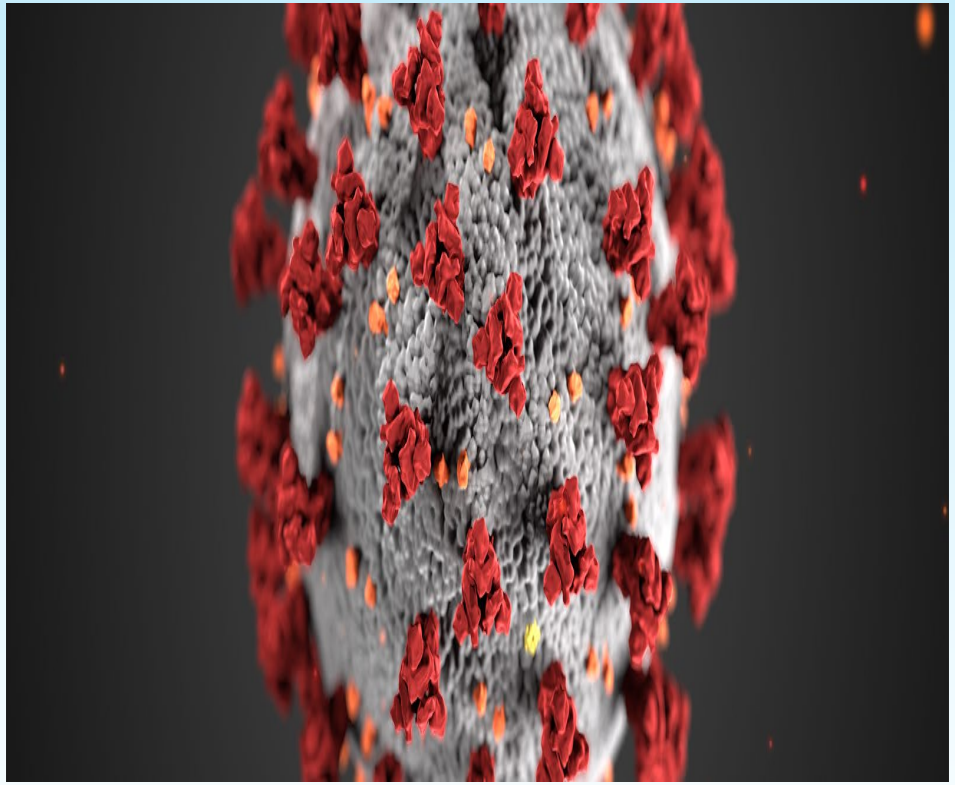


SHARE YOUR THOUGHTS

- What hopes and experiences do you want for your children over the next six months?

WHAT IS RESILIENCY?

- Ability to withstand or recover quickly from difficult conditions.



RESILIENT ATTITUDES AND BEHAVIOR

- “The essence of a productive and healthy personality is a positive and secure self-image and a solid set of resilient attitudes and behaviors.”
- Dr. Joanne A. Joseph
- The Resilient Child: Preparing Today’s Youth for Tomorrow’s World

WHY IS IT NEEDED?

- Children are affected by Covid-19
- School closures
- Loss of extra-curricular activities
- Limited social opportunities
- Fear
- Social-Emotional needs

SOCIAL EMOTIONAL NEEDS OF CHILDREN

- Children need to express themselves
- “Pulse Checks”
- Weekly Check-Ins

SOCIAL EMOTIONAL RESOURCES

- 8 tips to help comfort and protect children
- Helping Children Cope With Changes Resulting From COVID-19
- How to emotionally support your anxious child through COVID19

SOCIAL STORIES AND VIDEOS

- Why Can't I Go To School?
- (Available in English, Spanish, Chinese, Korean, & Turkish)

- What is the Coronavirus? Social Story

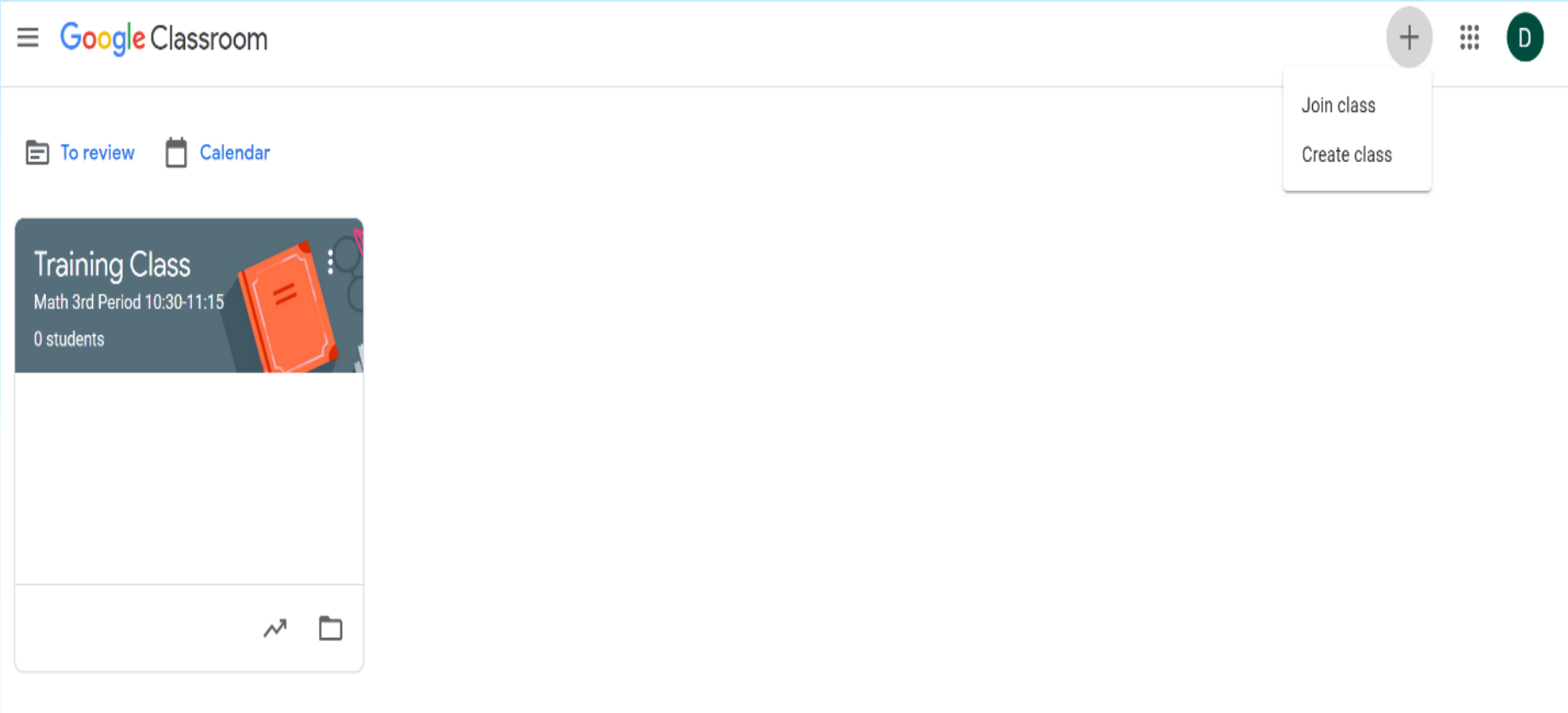
Why We Stay Home

REMOTE LEARNING AT HOME

HOW TO PREPARE FOR REMOTE LEARNING AT HOME

- Learn the digital platform your school will use (i.e; Google Classroom)
- Create a safe place in your home for children to do their remote learning work
- Talk to children about their daily work
- Make a schedule to help children manage regular daily routines
- Assure the children get enough sleep
- Communicate with your school (i.e; Class Dojo, Remind, Email)

www.classroom.google.com

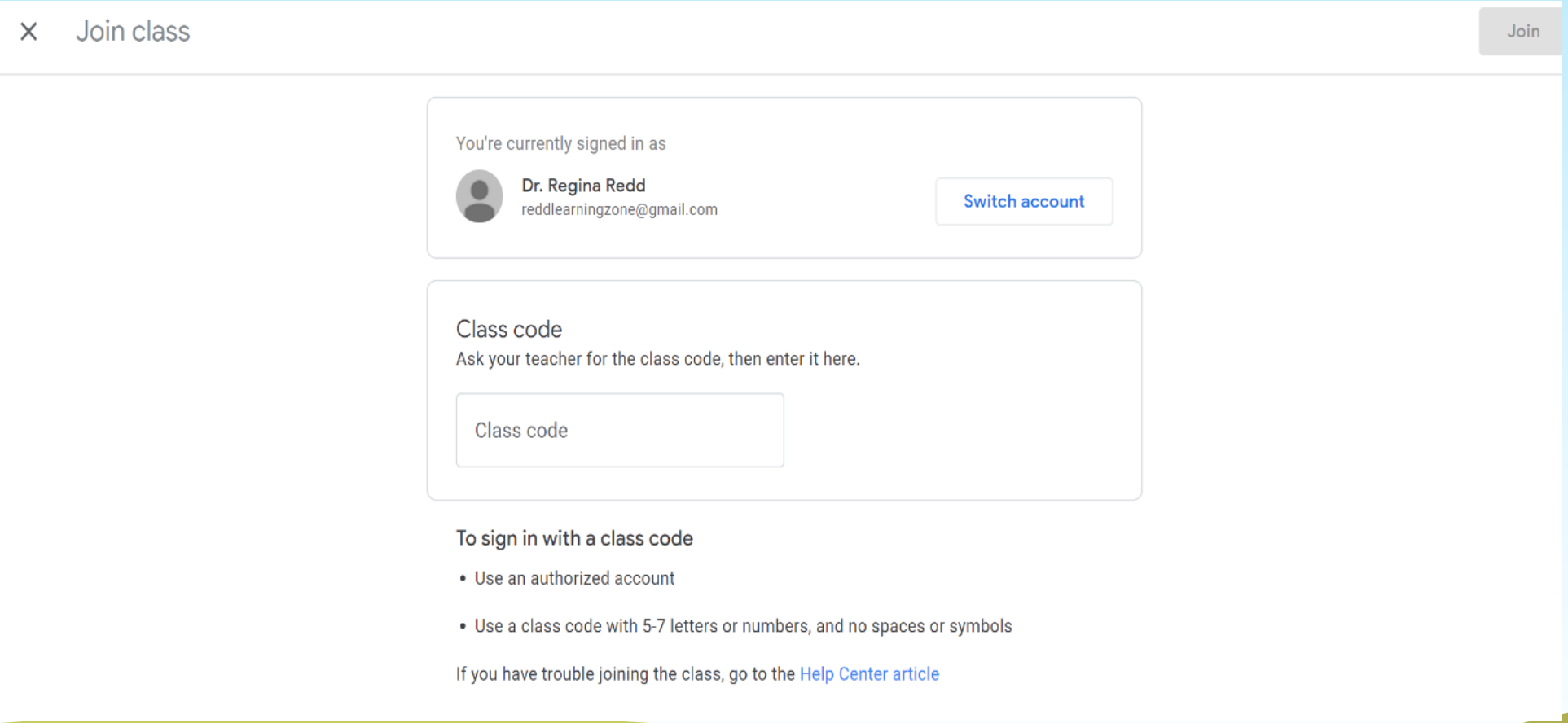


LEVEL 1

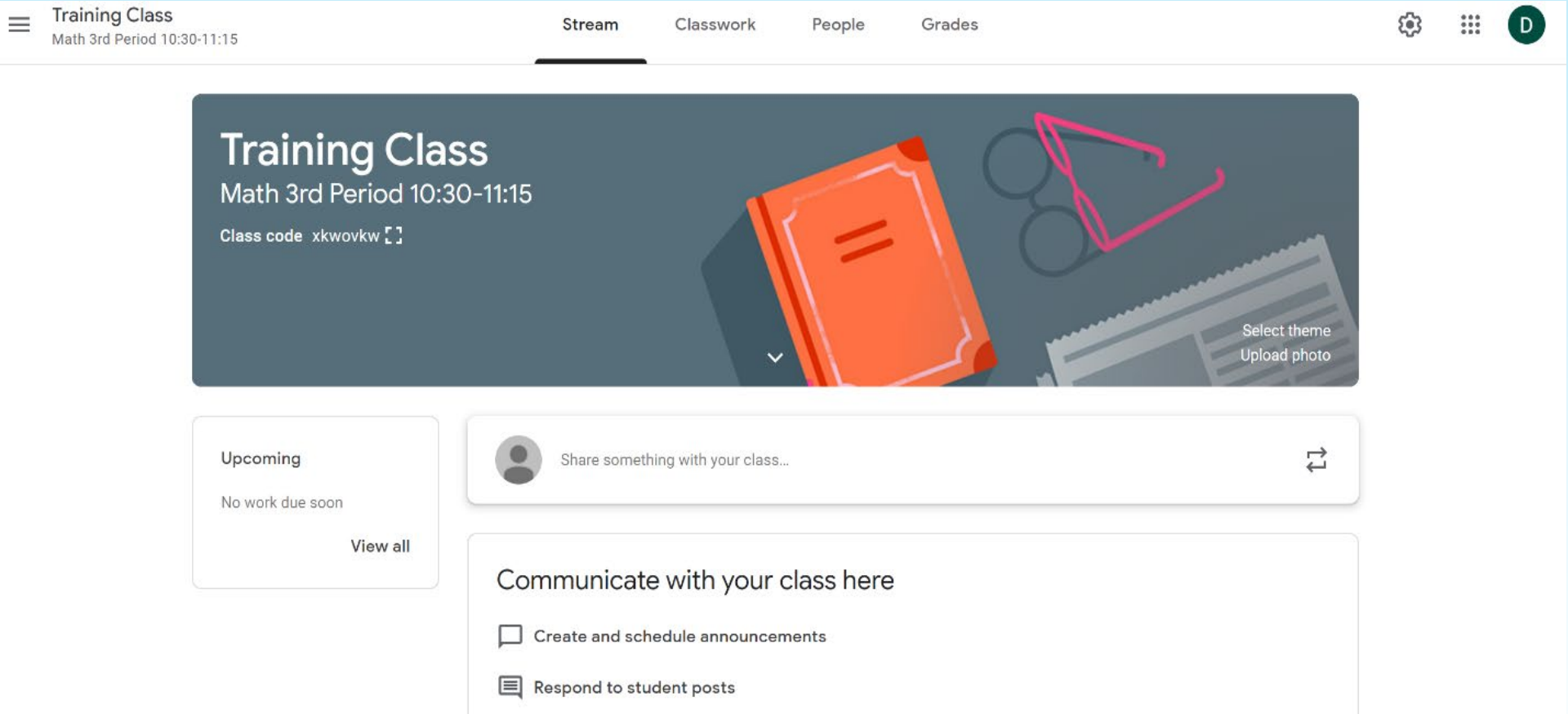
CERTIFIED
Educator

Google for Education

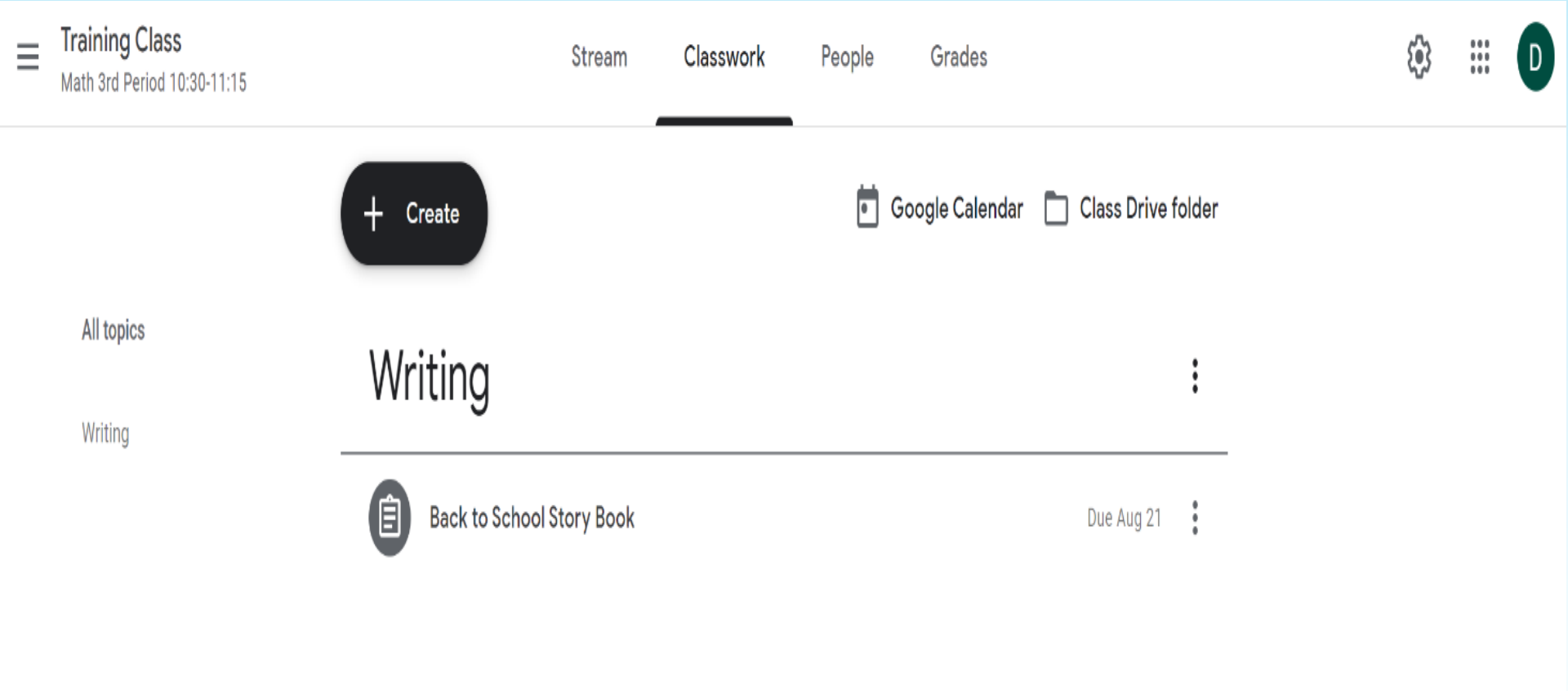
GOOGLE CLASSROOM CODE



NAVIGATING GOOGLE CLASSROOM



CHECKING ASSIGNMENTS



SHARE YOUR THOUGHTS

- How are you preparing your family for remote learning?
- Examples:
- Create “Parent Pods”
- Ask a relative to visit your home

A SUCCESSFUL REMOTE LEARNING PLAN

CHILDREN EXPECTATIONS

- Be in attendance daily
- Ask questions
- Complete assignments by due date
- Be organized and prepared
- Stay focused and report any concerns to your teacher
- Get enough rest and continue self care

NO ONE CAN TAKE IT AWAY

- “The beautiful thing about learning is nobody can take it away from you.”
- BB King

PARENT RESOURCES

- Tutoring Services:
- Redd Learning Zone
- Dr. Regina A. Redd
- Monday - Friday 4pm-8pm
- Saturday 10am - 2pm
- Sunday 11am - 3pm
- reddlearningzone@gmail.com
- Virtual or In Person

- Thinking Cap
- Robert James
- Math/Science
- ACT/SAT College Prep
- Robert75J@hotmail.com

QUESTIONS