BUILDING RESILIENT CHILDREN
During Remote Learning

Dr. Regina A. Redd
OBJECTIVES

• Participants will learn strategies to build resilient children.

• Participants will learn how to help children master remote learning from home.
DEDICATION OF THIS STUDY
SHARE YOUR THOUGHTS

• What hopes and experiences do you want for your children over the next six months?
WHAT IS RESILIENCY?

• Ability to withstand or recover quickly from difficult conditions.
RESILIENT ATTITUDES AND BEHAVIOR

• “The essence of a productive and healthy personality is a positive and secure self-image and a solid set of resilient attitudes and behaviors.”

• Dr. Joanne A. Joseph

• The Resilient Child: Preparing Today’s Youth for Tomorrow’s World
WHY IS IT NEEDED?

• Children are affected by Covid-19
• School closures
• Loss of extracurricular activities

• Limited social opportunities
• Fear
• Social-Emotional needs
SOCIAL EMOTIONAL NEEDS OF CHILDREN

- Children need to express themselves
- “Pulse Checks”
- Weekly Check-Ins
SOCIAL EMOTIONAL RESOURCES

• 8 tips to help comfort and protect children

• Helping Children Cope With Changes Resulting From COVID-19

• How to emotionally support your anxious child through COVID19
SOCIAL STORIES AND VIDEOS

• Why Can't I Go To School?

• (Available in English, Spanish, Chinese, Korean, & Turkish)

• What is the Coronavirus? Social Story

Why We Stay Home
you’re watching
the
FAMILY
LEARNING
CHANNEL

REMOTE LEARNING AT
HOME
HOW TO PREPARE FOR REMOTE LEARNING AT HOME

• Learn the digital platform your school will use (i.e; Google Classroom)
• Create a safe place in your home for children to do their remote learning work
• Talk to children about their daily work

• Make a schedule to help children manage regular daily routines
• Assure the children get enough sleep
• Communicate with your school (i.e; Class Dojo, Remind, Email)
www.classroom.google.com
GOOGLE CLASSROOM CODE

You're currently signed in as
Dr. Regina Redd
reddlearningzone@gmail.com

Class code
Ask your teacher for the class code, then enter it here.

Class code

To sign in with a class code
• Use an authorized account
• Use a class code with 5-7 letters or numbers, and no spaces or symbols

If you have trouble joining the class, go to the Help Center article
NAVIGATING GOOGLE CLASSROOM
CHECKING ASSIGNMENTS

Training Class
Math 3rd Period 10:30-11:15

All topics
Writing

Writing

Back to School Story Book
Due Aug 21
SHARE YOUR THOUGHTS

• How are you preparing your family for remote learning?

• **Examples:**
  
  • Create “Parent Pods”
  
  • Ask a relative to visit your home
A SUCCESSFUL REMOTE LEARNING PLAN
CHILDREN EXPECTATIONS

- Be in attendance daily
- Ask questions
- Complete assignments by due date
- Be organized and prepared

- Stay focused and report any concerns to your teacher
- Get enough rest and continue self care
NO ONE CAN TAKE IT AWAY

• “The beautiful thing about learning is nobody can take it away from you.”

• BB King
PARENT RESOURCES

- Tutoring Services:
  - Redd Learning Zone
  - Dr. Regina A. Redd
  - Monday - Friday 4pm-8pm
  - Saturday 10am - 2pm
  - Sunday 11am - 3pm
  - reddlearningzone@gmail.com
  - Virtual or In Person

- Thinking Cap
  - Robert James
  - Math/Science
  - ACT/SAT College Prep
  - Robert75J@hotmail.com
QUESTIONS