

We know this is a challenging time, we also believe it's important to monitor behaviors that put our youth at risk.

# We need **your** support of the Suburban Cook County Youth Risk Behavior Survey (SCC YRBS)



## What is the YRBS?

The YRBS is the primary source of information on **youth suicidality, bullying, alcohol and drug use, vaping, violence, depression, and other behaviors that put teens at risk for STIs, unintended pregnancy and injury.**



## Why does participation **matter**?

Results are used by educators, public health officials, the media, and others to advocate for and improve school health policies and programs in your local area.

## WHAT CAN YOU DO?

- ✓ Call 877-808-5881 to schedule the SCC YRBS in about 4 randomly selected classes. Students will complete a web survey on a convenient date this fall.
- ✓ Review survey materials including parental opt-out forms.
- ✓ Receive a \$500 award of appreciation for SCC YRBS support.



The SCC YRBS, conducted by the Cook County Department of Public Health, can be completed in about 30 minutes.

**THANK YOU** for your help with this important student health initiative!



Cook County DEPT. of  
Public Health

COOK COUNTY  
**HEALTH**

# WHAT WE KNOW from national data



## What we can find out from local data

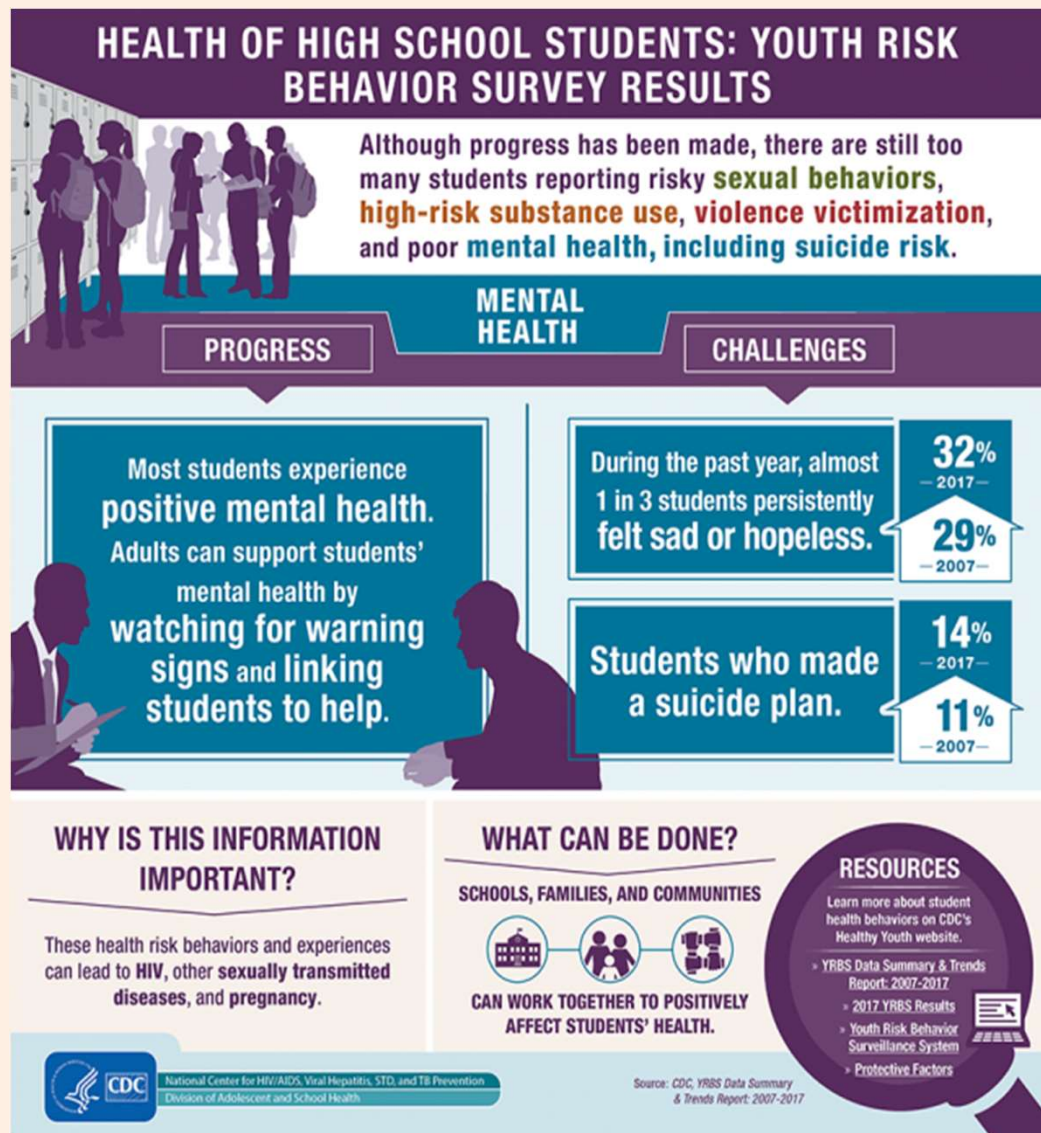
The Suburban Cook County Youth Risk Behavior Survey (SCC YRBS) monitors priority health behaviors and experiences among high school students across your local area.

The results show what is happening in your own back yard and help inform policies and programs to support your students directly.

The results help in understanding the factors that contribute to the leading causes of illness, death and disability among youth and young adults.

Learn more at:

<https://cookcountypublichealth.org/epidemiology-data-reports/yrbs/>



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## **SUBURBAN COOK COUNTY YOUTH RISK BEHAVIOR SURVEY (YRBS) FACT SHEET**

**Q. Why is the YRBS being done?**

- A. The purpose of the YRBS is to measure health risk behaviors of high school students in grades 9 through 12 only. Many counties conduct their own YRBS and use the results to track changes over time and compare their results to those from the state and national YRBS. Public health professionals and educators will use YRBS results to design better approaches to help students avoid or stop health risk behaviors that contribute to the leading causes of death and disability among Cook County youth.

**Q. What are the survey questions about?**

- A. The survey will ask about the health behaviors including nutrition, physical activity, injuries, tobacco, alcohol, and other drug use. It also will ask about sexual behaviors that cause AIDS, other sexually transmitted diseases, and pregnancy.

**Q. How was my child picked to be in the survey?**

- A. Countywide, approximately 2,500 students from about 25 high schools were selected to participate in the YRBS. Four classes (approximately 100 students) will be selected at random to take part in each school.

**Q. Will student's names be used or linked to the surveys?**

- A. No. The survey has been designed to protect your child's privacy. The survey is an anonymous survey.

**Q. Do students take the survey more than once to see how their behaviors change?**

- A. No. Students who take part cannot be tracked because their names are not on the survey.

**Q. How long does the survey take to fill out?**

- A. One 45-minute class period is needed to complete the web survey.