I. Week 53 Summary

Influenza activity is currently low. This assessment is based on the following surveillance indicators:

- The proportion of emergency department visits for influenza-like illness (ILI) was 1%, below our local baseline of 1.77%, and has been increasing for one week.
- The proportion of outpatient provider visits for ILI was 0.51%, below our local baseline of 0.7%, and has been increasing for one week.
- The proportion of deaths associated with pneumonia, influenza, or COVID-19 was 32.01%, above our local epidemic threshold of 12.29%.
- Zero (0%) laboratory specimens tested positive for influenza: 0 influenza A unknown subtype, 0 influenza A H1N1, 0 influenza A H3N2, and 0 influenza B.
- Zero influenza-associated intensive care unit (ICU) hospitalizations were reported during Week 53. Zero ICU hospitalizations have been reported since Week 35.
- Since Week 35, 0 influenza-associated pediatric deaths, 0 clusters of ILI in schools, and 0 outbreaks of influenza in long term care facilities have been reported.

Current recommendations are to promote influenza vaccination and respiratory hygiene. Follow CDC testing guidance for when SARS-CoV-2 and influenza viruses are co-circulating.

II. Activity Level Graphs
III. Circulating Strains and Positive Laboratory Specimens

Laboratory Specimens Positive for Influenza by Strain

- A (Unknown Subtype)
- A (H3N2)
- A (H1N1)
- B

Percent of Respiratory Specimens Positive for Flu

- 2017–18
- 2018–19
- 2019–20
- 2020–21
III. Seasonal Severity

Cumulative Rate of ICU Hospitalizations for Flu

Total ICU Hospitalizations by Age and District

<table>
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<tr>
<th>Category</th>
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<th>Rate per 100,000</th>
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<td>Total</td>
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</tbody>
</table>

Deaths Associated with Pneumonia, Influenza, or COVID–19

- Blue: Baseline
- Dashed Blue: Epidemic Threshold
- Red: PI Death (Smoothed)
IV. Regional and National Activity

Syndromic Surveillance by Region

National ILI Activity

ILI Activity Level (1 = Minimal; 10 = High)
V. Technical Notes

COVID-19 and influenza present with similar symptoms. As such, syndromic data for influenza-like illness (ILI) may be less accurate in reflecting influenza activity than in previous years. Interpret data with caution. In addition, it is too early to tell how behavioral changes resulting from the pandemic - including both social distancing measures and changes in health-care seeking behavior - will impact the influenza season. Surveillance data for COVID-19 is available here.


1. **Syndromic Surveillance:** Data extracted from the National Syndromic Surveillance Program (NSSP) Biosense Platform. All hospital emergency departments (EDs) in Illinois participate in the NSSP. ILI is defined as reporting fever and cough or sore throat. ILI% = # of ED visits for ILI / total # of ED visits. CLI is defined as reporting fever and cough or shortness of breath, or having a diagnosis of COVID-19.

2. **Sentinel Outpatient Providers:** Data extracted from the U.S. Influenza-like Illness Surveillance Network (ILINet); 6 hospitals and 2 physician offices serve as CDC sentinel sites in suburban Cook County. ILI is defined as fever over 100 degrees F, cough and/or sore throat in the absence of a known cause other than influenza. ILI% = # of visits for ILI / total # of visits.

3. **Laboratory Specimens:** Includes viral culture, RT-PCR, and the rapid antigen test. Cases may reside outside suburban Cook County. Participating laboratories: Illinois Department of Public Health Sentinel Laboratories, NorthShore University Health System, Loyola University Medical Center, and ACL Laboratories.

4. **ICU Hospitalizations:** Includes cases reported among suburban Cook County residents (excluding Evanston, Skokie, Oak Park, and Stickney township) with known age and residence. Cases aggregated by week of hospital admission. Includes all cases reported through the presented week. Rates calculated with 2010 census data.

5. **Pneumonia Influenza COVID-19 Mortality:** Includes all deaths in Cook County where the immediate cause of death or a contributing factor was pneumonia (aspiration pneumonia excluded), influenza, and/or COVID-19 (PIC). Data has a one week lag behind other surveillance indicators. The 3-week running median is displayed. The percentage of deaths due to PIC is compared with a seasonal baseline and epidemic threshold value calculated for each week. Seasonal baseline is calculated using a periodic regression model that incorporates a CDC based robust regression procedure applied to data from the previous four years. An increase of 1.645 standard deviations above the seasonal baseline of P&I deaths is considered the “epidemic threshold,” i.e., the point at which the observed proportion of deaths attributed to PIC was significantly higher than would be expected at that time of the year in the absence of substantial influenza or COVID-19-related mortality.

6. **National Data:** Map produced using the proportion of outpatient visits to health care providers for ILI reported through ILINet. Activity levels are compared to the average percent of ILI visits that occur during weeks with little or no influenza virus circulation.

*We would like to thank all of our surveillance partners for their help in collecting this information!*