

Have fun & enjoy the summer!

Stay healthy with these tips:

- Avoid skin-to-skin or face-to-face contact if possible.
- Wash your hands and any other items (like bedding, toys, towels) whenever there is close physical contact.
- Stay home if feeling sick with fever or swollen nodes.
- Call your health care provider if you see rash, sores, blisters, or other monkeypox symptoms.



Health Tips & Info on Monkeypox

As you celebrate Pride and enjoy the summer, these tips will help you stay safe and healthy.

