

CCDPH School Health Meeting

November 15, 2024



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Welcome to the November School Health Meeting

What is the School Health

A community of learning where administrators and staff from schools along with daycares in suburban Cook County get the latest guidance on preventing the spread of infectious diseases, receive valuable resources and tools, and discuss everyday strategies to ensure the safety and health of staff, students, and their families.

Meeting Objectives

- **Stay Informed:** Get the most up-to-date information and guidance to navigate issues related to health and wellness.
- **Resource Sharing:** Access valuable tools, resources and events in our communities.
- **Community Support:** Connect with peers to keep your staff, students, and families safe and healthy.



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****HOUSEKEEPING****

- ✓ Please let us know if you have any specific access needs(e.g., transcription, etc.)
- ✓ Please keep your line muted
- ✓ Feel free to put any questions in the chat

All Webinars are being recorded and will be uploaded to our [Website](#) and to CCDPH's [YouTube Page](#)



Cook County Department of Public Health

@cookcountydepartmentofpubl4930 · 217 subscribers · 248 videos

The Cook County Department of Public Health is the public health authority for most of s...more

cookcountypublichealth.org

Subscribe

Announcements



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Announcements

- Kelly Jones will be out until the February,
 - Interim Facilitators Marcia McCullough, Staci Diggs-Spence and Alecia Boyd
- New CCDPH Schools SharePoint Site will be temporary until School Health Website is updated
- We are now hosting School Health Meeting on Teams Webinar Platform, monthly registration required
- **NO MEETING IN DECEMBER-EVERYONE WILL RECEIVE THE SCHOOL HEALTH NEWSLETTER**



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Agenda

- Welcome & Housekeeping
- Announcements, Resources & Events
- Communicable Disease Updates
- American Cancer Society
- Questions and Answers
- Adjournment



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Contact CCDPH

Webinar Related Questions/General Questions

- CCDPH Healthy Cook General Email: healthycook@cookcountyhhs.org

Line Lists/Reporting Communicable Diseases/Metrics Questions

- CCDPH Communicable Disease Reporting Email: ccdph_schools@cookcountyhhs.org
- **CCDPH Website:** <https://cookcountypublichealth.org/>
- **CCDPH School Page:** [School Health - Cook County Department of Public Health \(cookcountypublichealth.org\)](https://cookcountypublichealth.org/school-health)
- **Asthma and Allergy Resources for Suburban Cook Schools**
 - Website Link: <https://cookcountypublichealth.org/school-asthma-allergy-resources/>
 - [School Request for Undesignated Medication Prescription and Standing Order](#)
- **CCDPH COVID-19 Vaccine Website:** vaccine.cookcountyil.gov



Resources



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CCDPH Asthma and Allergy Resources for Suburban Cook Schools

- **Overview:** CCDPH has updated our school request process for undesignated medication (epinephrine/asthma) prescription and standing orders to make it more efficient for school nurses.
- **What's New**
- CCDPH webpage with additional resources: <https://cookcountypublichealth.org/school-asthma-allergy-resources/>
- New online school request form: [School Request for Undesignated Medication Prescription and Standing Order](#)
- Submit all questions to our NEW email address: CCDPHUndesignatedMedication@cookcountyhhs.org



Naloxone Requests

Naloxone Requests through CCDPH

Denise Holman, MPH

Opioid Health Educator, Community Behavioral Health Unit

denise.holman@cookcountyhealth.org

Naloxone Request Form: <https://bit.ly/neednaloxone>



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The Cook County Department of Public Health will be conducting the 2024 Youth Risk Behavior Survey starting **October 21st**

There are 28 **randomly selected** high schools in Suburban Cook County to complete the CDC Survey

The YRBS is the primary source of information to understand:

- youth depression & suicidality
- bullying and violence
- alcohol and drug use
- vaping
- unintended pregnancy and injury
- and many other risk behaviors.

If your school has as received the packet, the health department needs you to complete the materials ASAP

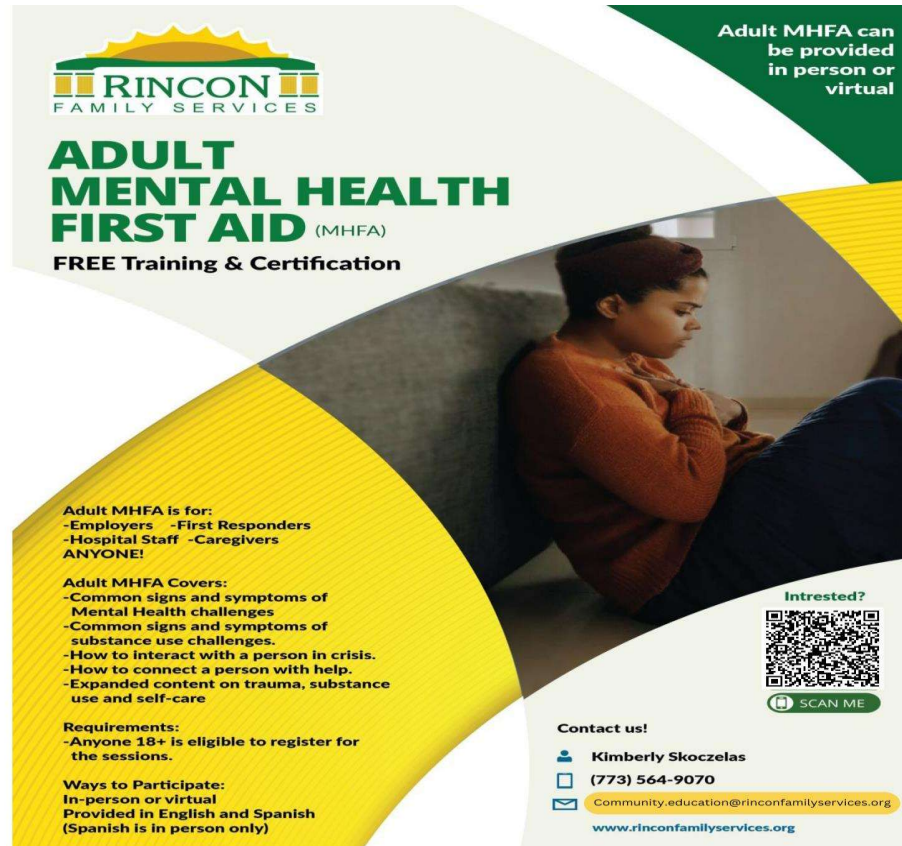
Questions? Call 800-937-3456



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Promoting health. Preventing disease. *Protecting you.*

Adult Mental Health First Aid Training



The flyer features a central photograph of a young woman with her arms crossed, looking down thoughtfully. The background is a mix of white, green, and yellow curved shapes. The Rincon Family Services logo is at the top left, and a QR code is on the right side.

RINCON
FAMILY SERVICES

ADULT MENTAL HEALTH FIRST AID (MHFA)
FREE Training & Certification


Adult MHFA can be provided in person or virtual




Adult MHFA is for:
-Employers -First Responders
-Hospital Staff -Caregivers
ANYONE!

Adult MHFA Covers:
-Common signs and symptoms of Mental Health challenges
-Common signs and symptoms of substance use challenges.
-How to interact with a person in crisis.
-How to connect a person with help.
-Expanded content on trauma, substance use and self-care

Requirements:
-Anyone 18+ is eligible to register for the sessions.

Ways to Participate:
In-person or virtual
Provided in English and Spanish
(Spanish is in person only)

Interested?

SCAN ME

Contact us!
 Kimberly Skoczelas
 (773) 564-9070
 Community.education@rinconfamilyservices.org
www.rinconfamilyservices.org



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Mark Zielinski Memorial Scholarship-Matteson Residents

ASSOCIATED FIREFIGHTERS OF MATTESON LOCAL 3086

MARK ZIELINSKI MEMORIAL SCHOLARSHIP

DEADLINE: MARCH 21ST 2025

LOCAL3086SCHOLARSHIP@GMAIL.COM

**INTERESTED
IN A CAREER
IN THE FIRE
SERVICE?**

Mark Zielinski was a Firefighter/Paramedic with the Matteson Fire Department. On December 4th, 2015, Mark tragically lost his life while on an emergency incident. Mark was a well-respected member of the Matteson Fire Department, as well as a beloved friend. His dedication to his duties as a Firefighter and Paramedic could be seen in his willingness to share his knowledge and experiences with other Firefighters. We wish to honor Mark by continuing to help others pursue a career in the Fire Service.

This scholarship was created to help assist high school aged individuals interested in starting a career in the Fire Service and/or EMS.



**L3086 WILL BE
AWARDING TWO
\$500
SCHOLARSHIPS**

**APPLICANTS MUST
BE VILLAGE OF
MATTESON
RESIDENTS**

**FOR QUESTIONS & APPLICATION REQUESTS PLEASE EMAIL
LOCAL3086SCHOLARSHIP@GMAIL.COM**



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Free Spanish Classes for the Community (in person and virtual)

- Malcolm X College - CONTINUING EDUCATION COURSES — 11/19-12/19
- 1900 W Jackson Blvd | Chicago, IL 60612 | (312) 850-7000

Adult Language 1445 Command Spanish® Community Spanish

This is a comprehensive program designed to prepare English-speaking people to speak and understand small amounts of general and basic Spanish found in most routine interchanges in daily life. In addition, Community Spanish provides basic cultural information about Spanish-speaking groups in the hope of informing and educating English-speakers about unique aspects of Latinx culture. No prior knowledge of Spanish is necessary.

This course is a free professional and career development course. The class is FREE! Please use the following link to register: [City Colleges of Chicago: Class Schedule](#)



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CCDPH Free COVID-19 and Flu Vaccination Clinics

CCDPH is offering children (6 months +) and adults Free COVID-19 and flu vaccines, regardless of insurance coverage. **Select Saturdays from October 19 - February 22, 2025, 8AM to 4PM**

- Walk-ins welcome, no appointment necessary
- Resource coordination and referrals available
- Bring a form of I.D. and insurance card (**Note: insurance is not required**)
 - A person's immigration status will not stop them from receiving immunizations.
- Clinic Locations:
 - Arlington Heights
 - Blue Island
 - Ford Heights
 - North Riverside
 - Robbins

For more information email: healthycook@cookcountyhhs.org

[Free COVID-19 and Flu Vaccination Clinics - Cook County Department of Public Health \(cookcountypublichealth.org\)](https://www.cookcountypublichealth.org)



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**SATURDAYS
8AM-4PM**

**OCTOBER 19, 2024–
FEBRUARY 22, 2025**

ARLINGTON HEIGHTS
BLUE ISLAND
COTTAGE GROVE
NORTH RIVERSIDE
ROBBINS

**FREE COVID & FLU
VACCINATIONS**

10/14/24

WALK-INS WELCOME • NO APPOINTMENT NEEDED • FREE TO
EVERYONE REGARDLESS OF INSURANCE • AGES 6 MONTHS & OLDER

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SATURDAYS, 8AM-4PM

10/19/24 – 02/22/25

Fall & Winter Vaccination Clinics

LOCATIONS & DATES

NORTH SUBURBS

Arlington Heights Health Center	11/09/24
3250 N. Arlington Heights Rd., #300	12/28/24
Arlington Heights, IL 60004	01/24/25
	02/22/25

WEST SUBURBS

North Riverside Health Center	11/16/24
1800 South Harlem Ave., Suite A	12/21/24
North Riverside, IL 60546	01/18/25

SOUTH SUBURBS

Blue Island Health Center	10/19/24
12757 South Western Ave.	12/07/24
Blue Island, IL 60406	02/01/25

Cottage Grove Health Center	10/26/24
1645 South Cottage Grove Ave.	11/23/24
Ford Heights, IL 60401	12/14/24
	01/11/25
	02/08/25

Robbins Health Center	10/19/24
13450 South Kedzie Ave.	11/02/24
Robbins, IL 60472	01/04/25
	02/15/25



WALK-INS WELCOME • NO APPOINTMENT
NEEDED • FREE TO EVERYONE REGARDLESS
OF INSURANCE • AGES 6 MONTHS & OLDER

cookcountypublichealth.org

YOUTH4WARD

A Positive Youth Development Program

About Our Program

WHO WE ARE

-A program that supports the health and well-being of adolescents 12-17.

WHAT WE DO

-Help youth build resilience and foster coping skills that are positive and sustainable.

-Engage and empower vulnerable youth to ultimately reduce mental health inequities.

WHAT YOUTH WILL RECEIVE

-Self management tools to deal with trauma, anxiety, and depression.

-Health maintenance support.

-Educational workshops

-Case management and linkages to additional resources and support



A holistic, integrated approach is the foundation to address youth development and health care.

Serving South Suburban Cook County

Reach out today to see how the youth in your life can participate in our program

Contact: Kelly Werner
kwerner@auntmarthas.org or
Bob Clasby
rclasby@auntmarthas.org



UIC Free Your Mind

Are you an Illinois resident whose family earns \$75,000 or less? **Starting Fall 2025**, you may be eligible for \$0 tuition and fees at UIC. Free your mind from the stress of college debt and focus on where this exceptional education will take you. Earn a life-changing 4-year degree — 100% tuition-free — with the **UIC Aspire program**.



free
your
mind

free.uic.edu



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Summer Programs for High School Students

- **High School Program**
- Cancer Health Equity Summer Scholars (CHESS)-University of Illinois
- Program dates: June 16 – August 8
- Application due date: January 20, 2025
- Application link: <https://bit.ly/UIC-CHESS>

- ResearchHStart Program-University of Chicago Medicine Comprehensive Cancer Center
- Program dates: June 16 – August 8
- Application due date: Third week of January 2025
- Application opens on November 15, 2024.
- [ResearchHStart - UChicago Medicine](#)



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**GREATER
CHICAGO
- FOOD -
DEPOSITORY.**

Supper & Snack Program

Delicious, healthy suppers and snacks for kids
Served daily Monday through Friday 2 - 4:30 PM



**CHICAGO
HEIGHTS
PUBLIC
LIBRARY**



**GOURMET
GORILLA**



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Illinois Youth Tobacco Survey (ILYTS)



Overview

- The ILYTS gathers data about the trends and nuances of youth tobacco use at the county and state levels.
- The information collected helps shape public health policies and programs aimed at reducing tobacco use and improving the health of young people across the counties and state.
- Conducted every other year; 150 schools throughout the state of Illinois have been randomly selected to participate in the 2024 fall survey. Another 150 schools have been selected to participate in the survey during spring 2025.

Requesting School Participation!

Each participating school will receive \$1,000. Additionally, the school with the highest participation rate will win a \$500 gift card of their choice.

If interested or have questions, reach out to ILYTS@illinois.edu for more information!



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Empowering students through education

In recognition of the vital role tutoring plays in student success, Varsity Tutors is committed to providing accessible and high-quality educational support to students across Illinois. Through its online NO-COST Platform Access, Varsity Tutors offers a wealth of resources, expert tutors, and personalized instruction designed to meet each student's unique needs.

How Schools Can Benefit

Illinois schools can leverage Varsity Tutors' **NO-COST Platform Access until 6/30/2030** to enrich their educational offerings and support their student's academic journey. By registering for these services through Keven Brown, **Director of Educational Partnerships**, schools can unlock a wealth of resources that will not only enhance academic performance but also promote positive mental health among students.

Contact keven.brown@varsitytutors.com for a list of eligible School Districts



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Adolescent Suicide Postvention Resources: Navigating Towards Healing

Welcome to our Adolescent Suicide Postvention Resources Hub. We understand the pain and difficulty that comes with loss, especially when it involves young lives. "Postvention" is a term to describe best practices after a suicide. This page is dedicated to providing comprehensive resources to support adolescents and their communities through the healing process.

[Read More](#)



Resources

Find articles, books, and other resources to help navigate the grieving process and find a path towards healing specific to your context.



CCDPH – Nursing

- Vision and Hearing Screening Program
 - As of September 2024, CCDPH has restarted the screening program for hearing and vision of preschool children ages 3-5 years old. The application is available on CCDPH's website at [Vision and Hearing Screening - Cook County Department of Public Health](#).
 - All screenings are conducted by a certified technician that has been trained by the Illinois Department of Public Health.
 - Our program conducts comprehensive vision and hearing screening for preschool children ages 3-5 years old within the suburban communities of Cook County in all public, private and parochial schools.
 - Screening services include the identification, testing, evaluation, and follow up services
 - Provide necessary referral services based on the evaluation results
 - Our goal for the upcoming FY 2025-2026 is to include the school age children grades kindergarten, first, second and eighth grades for hearing and vision screenings.
 - For any additional questions, please contact us at visionandhearing@cookcountyhealth.org



Events



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Register today for Parent University Substance Use Prevention



Calling all parents and guardians! Join us for an educational event to learn about substance use prevention for adolescents!

- Free breakfast
- Giveaways!

Saturday, November
16, 2024

@ Proviso East High School
10:00 am - 12:00 pm
Enter through Door 1

“Vaping Me Crazy” presented by:



Dr. Faith Summersett Williams, PhD, MS (she/her) is a substance use prevention specialist and clinical pediatric psychologist. She works at Ann & Robert H. Lurie Children’s Hospital of Chicago.



Kennedy Curtis, BA (she/her) is graduate from DePaul University, class of 2023, with a bachelor’s in psychology. She is currently a Research Associate working with Dr. Williams.

Hear from our speakers and participate in our giveaways! The following topics will be covered:

- How to talk to your child about substance use
- How to prevent your child from engaging in substance use
- What to do if you suspect your child is using substances
- Resources for substance use services
- Naloxone (Narcan) training and giveaway

Scan the QR code to register today! Please note the event is capped at 60 seats



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NAMI: Family and Friends

Saturday, November 16, 2024. 10:00 am-12:00 pm

Bremen Township Senior Complex
15350 Oak Park Ave., Oak Forest, IL. 60452

> What is NAMI: Family and Friends?

NAMI Family and Friends is a 90 minute seminar that informs people who have loved ones with a mental health condition or experiencing difficulty with mental health how best to support them. It is also an opportunity to meet other people in similar situations and gain community support.

> What You Will Learn:

The seminar is led by trained people with lived experience of supporting a family member or friend with a mental health condition. They will walk you through the following topics:

- Understanding diagnoses, treatment and recovery
- Effective communication strategies
- The importance of self-care
- Crisis preparation strategies
- NAMI and community resources



> What People Are Saying:

“Hearing personal experiences and how relatable my experiences are to them was very helpful....”

“Learning that the illness is what can cause ‘cruelty’ and poor decisions rather than the person....”

> How to Register:

- NAMISouthsuburbsofchicago@gmail.com
- 708-852-9126
- Scan QR Code



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Parent Support Series



Join us for a series of educational sessions designed to empower parents with valuable insights and skills to help you and your family be well. Meet us in-person or via zoom on the select dates below!

In Person

August 15th 5:30-7:00
23485 Western Ave, Park Forest, IL
Food and giveaways will be available

In Person

December 19th 5:30-7:00
23485 Western Ave, Park Forest, IL
Food and giveaways will be available

In Person

February 20th 5:30-7:00
23485 Western Ave, Park Forest, IL
Food and giveaways will be available

In Person

June 19th 5:30-7:00
23485 Western Ave, Park Forest, IL
Food and giveaways will be available

Zoom

October 17th 5:30-7:00

Scan the link to join!



Zoom

April 17th 5:30-7:00

Scan the link to join!



For more information contact Kelly Werner kwerner@ auntmarthas.org
or Erica Leonard Whorton eleonard@ auntmarthas.org



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IT'S THE SEASON OF GIVING!

**Senator Laura Murphy,
Trustee Asif Malik & Highway Commissioner
Ed Beauvais invite you to
Maine Townships Turkey Giveaway.**

TURKEY GIVEAWAY

While Supplies Last



EMPOWERING WOMEN NFP
Arshia Nasrain
(773) 336-2144





Care & Cure
Manoj Jakhar
(847) 791-3216



**Saturday, November 23, 2024
9:30 AM – 12:00 PM**

**Chicago Mar Thoma Church
240 Potter Rd., Des Plaines, IL**

For questions contact:
Trustee, Asif Malik: (773) 216-4919
Trustee, Kimberly Jones: (847) 736-4852
Trustee, James Maher: (773) 886-6505
Rana Javed Khan: (773) 443-9200



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Register for your
THANKSGIVING BOX



Register at Quinn by 11/20
Advance registration is required!

In-person registration
available at Quinn
Monday, Nov 4 and 11 from
12:00pm- 6:00pm

Tuesday-Thursday:
Nov 5,6,7,12,13,14,19,20
from 12:00pm- 6:00pm

PICK UP DATES
Tues, Nov 26, 9AM-1PM
Tues, Nov 26, 3PM-7PM
Wed, Nov 27, 9AM-12pm

One box per household
Registrations must be turned in by 11/20



QUINN CENTER
OF SAINT EULALIA

1832 S. 8th Avenue DOOR #3
Call 708-397-6111 with questions



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County Care Turkey Giveaways

- November 16 – District 9, Commissioner Maggie Trevor – Maine Township Town Hall, 1700 Ballard Drive, Park Ridge, IL 60068
- November 19 – District 14, Commissioner Scott Britton– Partners for Our Communities, 1585 N Rand Rd, Palatine, IL 60074
- November 20 – District 11, Commissioner John Daley – Burbank Park District Fusion Recplex, 6100 w 85th St Burbank IL 60459
- November 22 – District 16, Commissioner Frank Aguilar– Iglesia Ciudad de Alabanza, 241 Oak Park Ave. Berwyn, IL 60402
- December 14 – District 6, Commissioner Donna Miller – TBD (For more information please contact Commissioner Miller's office- donna.miller@cookcountyl.gov)



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Latino Summit

This is an opportunity for high school students to learn about different careers and meet Latino Professionals already working in those fields.

As a participant you are automatically eligible to apply for the Latino Summit Scholarship when you become a senior.

Date: November 22, 2024

Location Harper College, Palatine, IL

<https://www.latinosummitnws.org/app.html>



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SELAHFREEDOM®

Bringing Light into the Darkness of Sex Trafficking



Through this training, adults will leave with a greater understanding of the realities of trafficking, its root causes, how to identify victims, and how to take action. This training is beneficial in educating anyone working with youth on the commercial sexual exploitation of children (CSEC).

Date and Time: December 9

Time: 12pm-1pm



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Join Us For Live Well Eat Well

Helping Kids Live Well by Eating Well

Advocate South Suburban Hospital and Restoration Ministries are pleased to partner to help kids develop healthy eating habits to avoid the risk of obesity. This free program features education provided by a lifestyle coach, hands-on food prep, and healthy cooking alongside a local executive chef.

The two-hour session focuses on:

- Eating a balanced diet
- Understanding the food pyramid
- Reading food labels
- How to handle utensils
- Food preparation in the kitchen
- Hands-on cooking that is healthy and tasty



Program Dates: September 26
October 10 & 24 | November 7 & 14
December 12 & 19

Time: 4:30 to 6:30 pm

Location: Restoration Ministries, Sullivan Arts Center Theater
15331 Broadway, Harvey, IL

To Register: 708-224-5855 or, email:
mary@restorationministries.net



This program is offered to the communities served by Advocate South Suburban Hospital as a result of the hospital's most recent Community Health Needs Assessment, which identified obesity as a priority to address. Thanks to the generosity of Michuda Construction and executive chefs from Olympia Fields Country Club, we're able to provide this new program to the community.

Created by Comm Health Created 11/17/23 Revised 8/28/24

 **ADVOCATE HEALTH**



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Digital Life Celebration:
High Speed Internet & Computer Giveaway
Register for your chance to receive a **Free Computer and High Speed Internet**



Join us for our Digital Life Celebration!

You will have the opportunity to learn about digital literacy and receive a laptop and 12 months of high speed internet at no cost.

Digital Equity Score

Blue Island 25/100 **Robbins 19/100**

The score measures how well communities can access digital technology based on their social and economic conditions. It ranges from 0 to 100, with 100 indicating the highest level of digital equity. The score is calculated using demographic and socioeconomic factors from the United States Census.

Where: Rita Community Center, 2805 W. 141st Street, Blue Island, IL 60406

When: November 21, 2024 from 3:00 to 6:00 PM

Registration required to receive a computer. One computer per household.

Computers come with a 2-years free tech support!
Register Here for Computer Giveaway.

Compudopt treats the security of our users' private information as our number one priority; that's why we will never sell your data and instead only use it to help you better access the digital tools, connectivity, and support you've requested. No purchase necessary and no age restriction to participate. Compudopt is not responsible for any lost, stolen, or personally-damaged devices. Device recipients will be determined by the selected Community Based Organization(s). The devices will be provided on a first-come, first-served basis while supplies last. Compudopt reserves the right to modify or cancel the event for any reason. See event staff for full terms and conditions.

Empowering youth through technology.

Power. Learn. Thrive.

In Partnership With:



Register today!
Questions? Call: 855-532-5060



Celebración de Vida Digital:
Sorteo de Internet de alta velocidad y computadoras



Regístrese para tener la oportunidad de recibir una **Computadora Gratis** y Internet de alta velocidad

Acompáñenos en nuestra Clínica de Vida Digital!

Tendrá la oportunidad de aprender sobre alfabetización digital y recibir una computadora portátil y 12 meses de Internet de alta velocidad sin costo.

En asociación con:



¡Regístrese hoy!
¿Tiene preguntas? Llame al: 855-532-5060

Puntuación de capital digital

Blue Island 25/100 **Robbins 19/100**

La puntuación mide el grado de acceso de las comunidades a la tecnología digital en función de sus condiciones sociales y económicas. Varía de 0 a 100, donde 100 indica el nivel más alto de equidad digital. La puntuación se calcula utilizando factores demográficos y socioeconómicos del Censo de los Estados Unidos.

Dónde: Rita Community Center, 2805 W. 141st Street, Blue Island, IL 60406

Cuando: 21 Noviembre 2024 de 3:00-6:00 PM

Es necesario registrarse para recibir una computadora. Una computadora por hogar.

¡Las computadoras vienen con asistencia técnica gratuita por 2 años!

Regístrate aquí para el sorteo de computadoras

Compudopt trata la seguridad de la información privada de nuestros usuarios como nuestra prioridad número uno. Es por eso que nunca venderemos sus datos y en cambio, solo los usaremos para ayudarlo a acceder mejor a las herramientas digitales, la conectividad y el soporte que ha solicitado. No es necesario realizar ninguna compra y no hay restricción de edad para participar. Compudopt no es responsable de ningún dispositivo portátil, robado o delgado personalmente. Los destinatarios de los dispositivos serán determinados por las organizaciones comunitarias seleccionadas. Los dispositivos se proporcionarán por donación de regalo hasta agotar las existencias. Compudopt se reserva el derecho de modificar o cancelar el evento por cualquier motivo. Consulte al personal del evento para conocer los términos y condiciones completos.

Empoderando a los jóvenes a través de la tecnología.

Poder. Aprender. Prosperar.



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Communicable Disease Updates



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CCDPH School Health Webinar: Respiratory Season

11/15/2024

Respiratory Etiquette + Awareness



ARE YOU VACCINATED?



SHOULD YOU CONSIDER RESTRICTING EXPOSURE IN SITUATIONS WHERE THE RISK OF ILLNESS IS HEIGHTENED?



IS THERE AN OPPORTUNITY TO INCREASE VENTILATION?



IS IT A GOOD IDEA TO WEAR A MASK AROUND YOUR IMMUNOCOMPROMISED OR ELDERLY RELATIVES?



ARE YOU FEELING UNWELL?



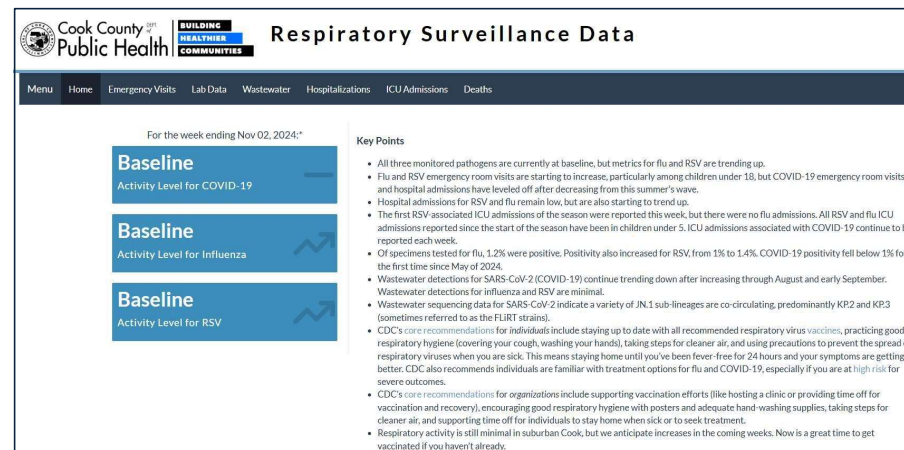
ASK YOURSELF: HAVE I WASHED MY HANDS...AND OFTEN?



The CCDPH Respiratory Dashboard

For all things respiratory: <https://ccdphcd.shinyapps.io/respiratory/>

- Activity levels
- Key takeaways
- Guidance
- Emergency department data
- Lab test data
- Wastewater data
- Hospitalization data
- ICU data
- Death data



Activity Levels + Key Points



Cook County
Public Health



BUILDING
HEALTHIER
COMMUNITIES

Respiratory Surveillance Data

Menu Home Emergency Visits Lab Data Wastewater Hospitalizations ICU Admissions Deaths

For the week ending Nov 02, 2024:*

Baseline
Activity Level for COVID-19

Baseline
Activity Level for Influenza

Baseline
Activity Level for RSV

Key Points

- All three monitored pathogens are currently at baseline, but metrics for flu and RSV are trending up.
- Flu and RSV emergency room visits are starting to increase, particularly among children under 18, but COVID-19 emergency room visits and hospital admissions have leveled off after decreasing from this summer's wave.
- Hospital admissions for RSV and flu remain low, but are also starting to trend up.
- The first RSV-associated ICU admissions of the season were reported this week, but there were no flu admissions. All RSV and flu ICU admissions reported since the start of the season have been in children under 5. ICU admissions associated with COVID-19 continue to be reported each week.
- Of specimens tested for flu, 1.2% were positive. Positivity also increased for RSV, from 1% to 1.4%. COVID-19 positivity fell below 1% for the first time since May of 2024.
- Wastewater detections for SARS-CoV-2 (COVID-19) continue trending down after increasing through August and early September. Wastewater detections for influenza and RSV are minimal.
- Wastewater sequencing data for SARS-CoV-2 indicate a variety of JN.1 sub-lineages are co-circulating, predominantly KP.2 and KP.3 (sometimes referred to as the FLIRT strains).
- CDC's core recommendations for *individuals* include staying up to date with all recommended respiratory virus vaccines, practicing good respiratory hygiene (covering your cough, washing your hands), taking steps for cleaner air, and using precautions to prevent the spread of respiratory viruses when you are sick. This means staying home until you've been fever-free for 24 hours and your symptoms are getting better. CDC also recommends individuals are familiar with treatment options for flu and COVID-19, especially if you are at high risk for severe outcomes.
- CDC's core recommendations for *organizations* include supporting vaccination efforts (like hosting a clinic or providing time off for vaccination and recovery), encouraging good respiratory hygiene with posters and adequate hand-washing supplies, taking steps for cleaner air, and supporting time off for individuals to stay home when sick or to seek treatment.
- Respiratory activity is still minimal in suburban Cook, but we anticipate increases in the coming weeks. Now is a great time to get vaccinated if you haven't already.

Emergency Department Data

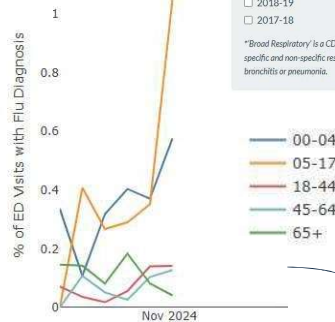
- How does this season compare to previous years?
- Is flu, RSV, or COVID causing the most emergency visits?
- Which age groups are seeing a change in their emergency department visits?

ED Visits by Demographics

Only data for the current season are presented. Values displayed are healthcare utilization rates; this means trends can be affected by how often a demographic sub-group visits the hospital overall. Trends should not be compared among sub-groups and should instead be used to understand changes over time within one sub-group.

Select Virus of Interest

COVID-19 Flu RSV Broad Respiratory



Graphs on this tab include all emergency department (ED) visits for suburban Cook County residents, regardless of the whether the patient was admitted. The percent of visits with the selected respiratory diagnosis, out of all ED visits is displayed.

ED Visits By Season

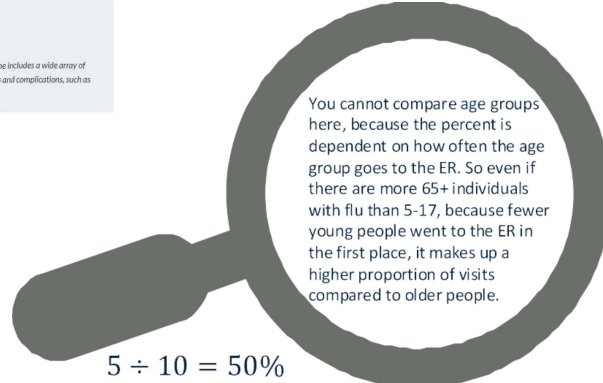
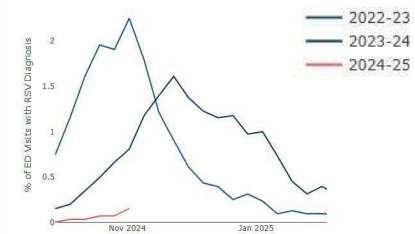
Select Virus of Interest*

COVID-19 Flu RSV Broad Respiratory

Select Years of Interest

2024-25
 2023-24
 2022-23
 2021-22
 2020-21
 2019-20
 2018-19
 2017-18

*Broad Respiratory is a CDC-defined syndrome that includes a wide array of specific and non-specific respiratory diagnoses and complications, such as bronchitis or pneumonia.



You cannot compare age groups here, because the percent is dependent on how often the age group goes to the ER. So even if there are more 65+ individuals with flu than 5-17, because fewer young people went to the ER in the first place, it makes up a higher proportion of visits compared to older people.

$$5 \div 10 = 50\%$$

$$30 \div 100 = 30\%$$

Hospitalization + ICU Data

- How does this season compare to previous years?
- Is flu, RSV, or COVID causing the most hospitalizations?
- Which age groups are being hit the hardest?
 - ICU Data is the most accurate indicator for this.

Graphs on this tab include all inpatient hospital admissions for suburban Cook County residents. Patients are counted once, on the first day of their admission. The percent of admissions with the selected respiratory diagnosis, out of all hospital admissions is displayed.

Hospital Admissions by Season

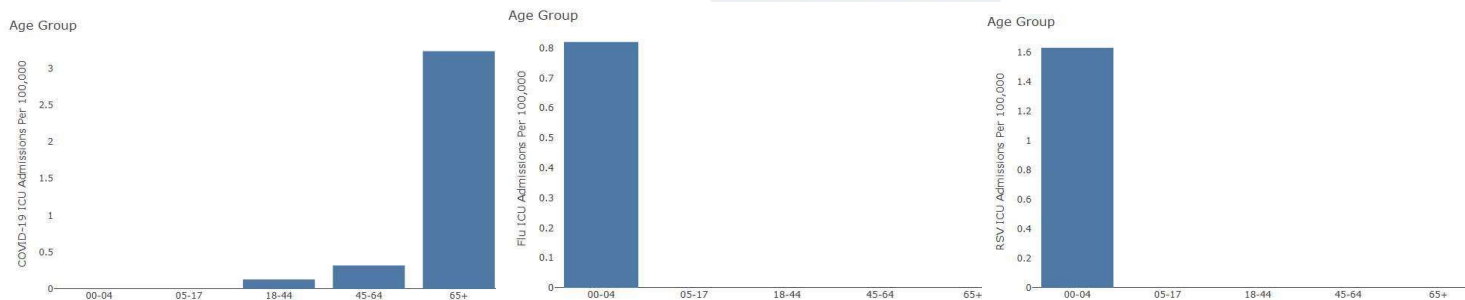
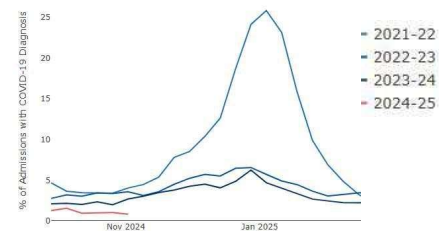
Select Virus of Interest*

COVID-19 Flu RSV Broad Respiratory

Select Years of Interest

2024-25
 2023-24
 2022-23
 2021-22
 2020-21

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Lab Data

- What type of flu are we seeing?
- What percent of tests are coming back positive?

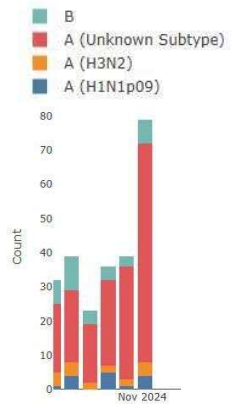
Influenza Subtyping

Includes influenza subtyping results to help us follow the type of influenza viruses circulating throughout the flu season and understand who might be more at risk for severe illness. Data was submitted by Cook County sentinel labs.

Choose type of bar graph:

Stacked

Side-by-Side



Test Positivity

Includes results from antigen tests (e.g. rapid or point-of-care tests) and molecular tests (e.g. nucleic acid amplification tests) submitted by Cook County sentinel laboratories. Laboratories participating in our sentinel networks may change over time and vary across viral pathogens.

Select Virus of Interest

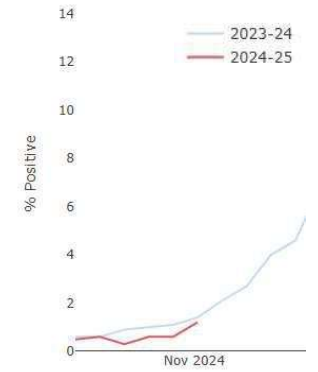
COVID-19 Flu RSV

Select Years of Interest

2024-25

2023-24

2022-23



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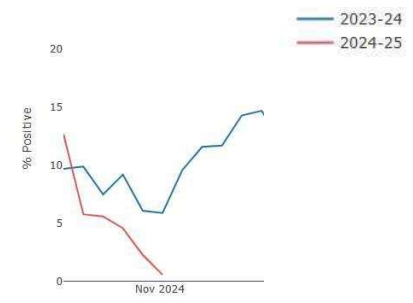
COVID-19 Flu RSV

Select Years of Interest

2024-25

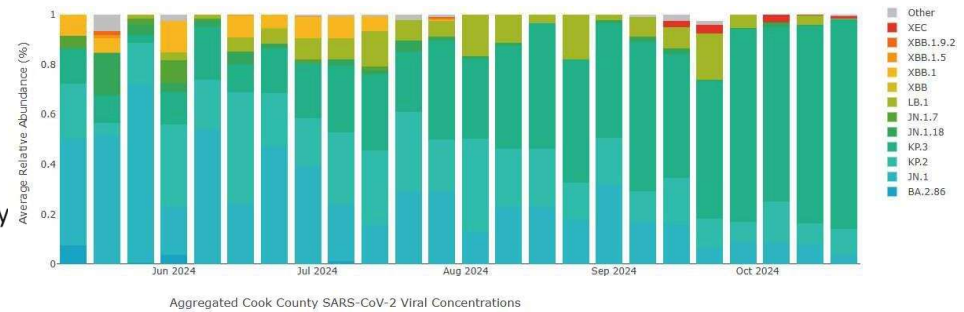
2023-24

2022-23



Wastewater Data

- How much virus are we seeing in wastewater?
 - This gives us an idea of what the next few weeks might look like.
- What COVID-19 variants are currently circulating?



Cook County Wastewater

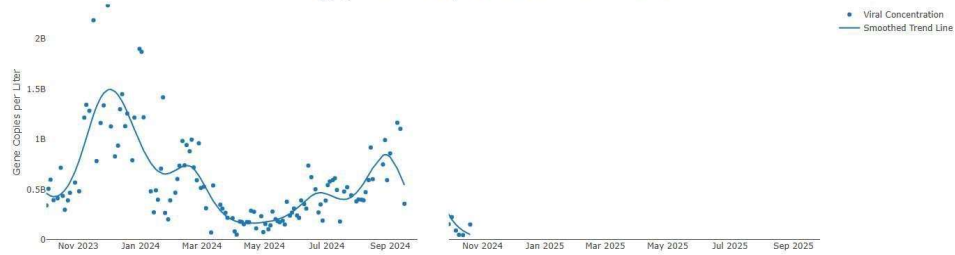
Includes samples collected through the Illinois Wastewater Surveillance System (IWSS) from seven Metropolitan Water Reclamation District of Greater Chicago wastewater treatment plants. Raw viral concentrations are normalized by flow rate to get viral copies per liter of wastewater then aggregated to get a county-wide sum. Because shedding patterns across viruses are different, viral concentrations between pathogens are not comparable. Graphs of raw plant level concentrations are available on the IWSS dashboard.

Select Virus of Interest

Influenza A
 Influenza B
 RSV
 SARS-CoV-2

Select Years of Interest

2024-25
 2023-24
 2022-23
 2021-22



HPV Vaccination for Adolescents

Lisa Hinton, MPH
Associate Director State Partnerships



November 15, 2024

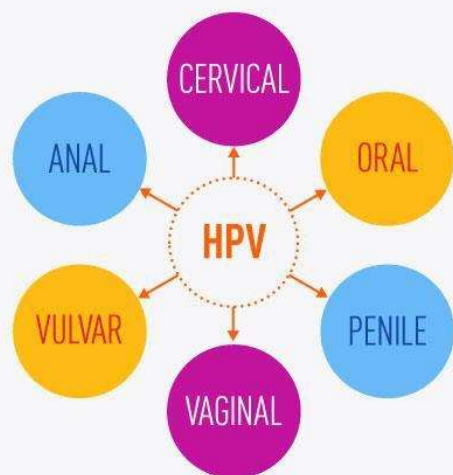
Agenda

- 1** What is HPV
- 2** HPV Related Cancers
- 3** HPV Vaccination
- 4** ACS Recommendations for HPV Vaccination
- 5** Question/ Answer

What is Human Papillomavirus (HPV)

- HPV is short for human papillomavirus. There are many types of HPV that are a part of a large group of 200 related viruses.
- HPV is common: Nearly all sexually active people are infected with HPV within months to a few years of becoming sexually active. Around half of these infections are with a high-risk HPV type.
- Most HPV infections go away on their own. Your immune system usually controls HPV infections, so they are cleared by your body, within a year or two.
- **High-risk HPV infections that persist can cause cancer:** Sometimes HPV infections are not successfully controlled by your immune system. When a high-risk HPV infection persists for many years, it can lead to cell changes that, if untreated, may get worse over time and become precancerous and then cancerous.

HUMAN PAPILLOMAVIRUS CAN CAUSE SEVERAL TYPES OF CANCER



cancer.gov/hpv

<u>Cancer</u>	<u>Routine Screening</u>
Cervical	YES
Vulvar	NO
Vaginal	NO
Anal	NO
Penile	NO
Throat	NO

The HPV Vaccine is Cancer Prevention



The American Cancer Society recommends:

- Girls and boys should get 2 doses of the HPV vaccine between the ages of 9 and 12.
- Teens and young adults ages 13 through 26 who have not been vaccinated, or who haven't gotten all their doses, should get the vaccine as soon as possible. Vaccination of young adults will not prevent as many cancers as vaccination of children and teens.
- The ACS does not recommend HPV vaccination for people older than age 26 years.



Why Age 9? FACT SHEET

Every year in the United States, it is estimated that nearly 36,500 individuals are diagnosed with cancer caused by an HPV infection.¹ Human papillomavirus (HPV) cannot be treated, but there is a vaccine that can prevent transmission and protect against six cancers if initiated prior to exposure. HPV vaccination is a critical prevention tool, safeguarding children and adolescents against more than 90% of HPV cancers when given at recommended ages.¹ Because cancer prevention decreases as the age of vaccination increases, it is important to start early!

Why Age 9?

Starting the HPV vaccination series at age 9 is recommended by the American Cancer Society, the American Academy of Pediatrics, and the National HPV Vaccination Roundtable. Previous guidance from the Centers for Disease Control (CDC) and Advisory Committee on Immunization Practices (ACIP) recommends routine HPV vaccination at age 11 or 12 years but notes that the HPV vaccine can be given starting at age 9.

Recommended Vaccination Schedule Guideline

On Time
AGE 9-12
2 Doses
6-12 months apart



Late
AGES 13-14
2 Doses
6-12 months apart



Critical
AGES 15-26
3 Doses
1st dose at visit one
2nd dose 1-2 months later
3rd dose 6 months after 2nd





AGES 9 - 10

- HPV dose 1 (human papillomavirus)
- HPV dose 2 (6 - 12 months after dose 1)

AGES 11 - 12

- Meningitis dose 1 (MenACWY)
- Tdap (tetanus, diphtheria, pertussis)
- HPV (if 2 doses haven't been given)

AGE 16

- Meningitis dose 2 (MenACWY)
- Meningitis B series (MenB)

YEARLY

- Flu (seasonal influenza)

Preteens and teens should stay up-to-date with COVID-19 vaccine to help protect them from COVID-19.

[Learn More](#)





Mission:
HPV **CANCER**
FREE

**The time for action
is now!**

We need your help to
close the school-age
vaccination gap.



The power of **School Nurses!**

01

Equipped and well positioned within the community to provide reliable information regarding safety and efficacy of childhood immunizations.

02

Regular access to students and are trusted by parents.

03

Access to state immunization registries to assist with immunization compliance.

Questions ???



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Adjournment



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Closing Out

- **NO MEETING IN DECEMBER-EVERYONE WILL RECEIVE THE SCHOOL HEALTH NEWSLETTER**
- All attendees will receive follow up email with slide deck
- Topic Ideas for School Health Webinar Matters can be submitted by 12/30/24
 - All Webinars are being recorded and will be uploaded to our [Website](#) and CCDPH's [YouTube Page](#)



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