

# CCDPH School Health Meeting

February 21, 2025



COOK COUNTY  
**HEALTH**

Cook County <sup>DEPT.</sup> of  
Public Health

**BUILDING**  
**HEALTHIER**  
**COMMUNITIES**

A decorative border of blue snowflakes of various sizes surrounds the central text. A horizontal line is positioned above the word 'Agenda', and vertical lines extend from the top and bottom corners of the snowflake border towards the center.

# Agenda

- Welcome & Housekeeping
- Announcements, Resources & Events
- Communicable Disease Updates
- Tobacco Prevention and Control Unit
- Respiratory Health Association
- Adjournment

# CCDPH

# School Health Meeting

## Meeting Objectives

- **Stay Informed:** Get the most up-to-date information and guidance to navigate issues related to health and wellness.
- **Resource Sharing:** Access valuable tools, resources and events in our communities.
- **Community Support:** Connect with peers to keep your staff, students, and families safe and healthy.



# \*\*HOUSEKEEPING\*\*

- ✓ Please let us know if you have any specific access needs (e.g., transcription, etc.)
- ✓ Please keep your line muted
- ✓ Feel free to put any questions in the chat

All Webinars are being recorded and will be uploaded to our [Website](#) and to CCDPH's [YouTube Page](#)



## Cook County Department of Public Health

@cookcountydepartmentofpubl4930 · 217 subscribers · 248 videos

The Cook County Department of Public Health is the public health authority for most of su...more

[cookcountypublichealth.org](http://cookcountypublichealth.org)

Subscribe

# Announcements



COOK COUNTY  
**HEALTH**

Cook County DEPT  
of  
Public Health

**BUILDING**  
**HEALTHIER**  
**COMMUNITIES**

# Announcements

- Welcome back Kelly Jones!
- Registration for Monthly School Health Meetings has returned to Eventbrite for your convenience. Please see the link here: <https://bit.ly/4aZsnrk>
- Sign up to receive the School Newsletter: [Sign up to receive our School Newsletter](#)
- All attendees will receive follow up email with slide deck



# Contact CCDPH

## Webinar Related Questions/General Questions

- CCDPH Healthy Cook General Email: [healthycook@cookcountyhhs.org](mailto:healthycook@cookcountyhhs.org)

## Line Lists/Reporting Communicable Diseases/Metrics Questions

- CCDPH Communicable Disease Reporting Email: [ccdph\\_schools@cookcountyhhs.org](mailto:ccdph_schools@cookcountyhhs.org)
- CCDPH Website: <https://cookcountypublichealth.org/>
- CCDPH School Page: [School Health - Cook County Department of Public Health \(cookcountypublichealth.org\)](https://cookcountypublichealth.org/school-health)
- Asthma and Allergy Resources for Suburban Cook Schools
  - Website Link: <https://cookcountypublichealth.org/school-asthma-allergy-resources/>
  - [School Request for Undesignated Medication Prescription and Standing Order](#)
- CCDPH COVID-19 Vaccine Website: [vaccine.cookcountyil.gov](https://vaccine.cookcountyil.gov)



# CCDPH Resources



COOK COUNTY  
**HEALTH**

Cook County DEPT  
of  
Public Health

**BUILDING**  
**HEALTHIER**  
**COMMUNITIES**



# CCDPH Asthma and Allergy Resources for Suburban Cook Schools

- Overview: CCDPH has updated our school request process for undesignated medication (epinephrine/asthma) prescription and standing orders to make it more efficient for school nurses.
- What's New
- CCDPH webpage with additional resources: <https://cookcountypublichealth.org/school-asthma-allergy-resources/>
- New online school request form: [School Request for Undesignated Medication Prescription and Standing Order](#)
- Submit all questions to our NEW email address: [CCDPHUndesignatedMedication@cookcountyhhs.org](mailto:CCDPHUndesignatedMedication@cookcountyhhs.org)



# Other Epi-Pen and Albuterol Resources

**RESCUE**

Resources for Every School Confronting  
Unexpected Emergencies



RESCUE Illinois Schools is an asthma intervention program for schools administered by the Asthma and Allergy Foundation of America – Midstates Chapter through the generous support of the Illinois Department of Human Services

80 percent of schools are eligible for

- Metered Dose Inhalers
- Chambers
- Disposable Spacers
- Peak Flow Meters
- Other educational resources!

For more information, contact  
Naomi Soto: [nsoto@aafastl.org](mailto:nsoto@aafastl.org)



COOK COUNTY  
**HEALTH**



Cook County DEPT. of  
Public Health

**BUILDING**  
**HEALTHIER**  
**COMMUNITIES**

# Naloxone Requests

Naloxone Requests through CCDPH

Denise Holman, MPH

Opioid Health Educator, Community Behavioral Health Unit

[denise.holman@cookcountyhealth.org](mailto:denise.holman@cookcountyhealth.org)

Naloxone Request Form: <https://bit.ly/neednaloxone>



# CCDPH – Nursing

- Vision and Hearing Screening Program
  - As of September 2024, CCDPH has restarted the screening program for hearing and vision of preschool children ages 3-5 years old. The application is available on CCDPH's website at [Vision and Hearing Screening - Cook County Department of Public Health](#).
  - Our program conducts comprehensive vision and hearing screening for preschool children ages 3-5 years old within the suburban communities of Cook County in all public, private and parochial schools.
    - Screening services include the identification, testing, evaluation, and follow up services
    - Provide necessary referral services based on the evaluation results
  - For any additional questions, please contact us at [visionandhearing@cookcountyhealth.org](mailto:visionandhearing@cookcountyhealth.org)





**BUILDING  
HEALTHIER  
COMMUNITIES**

**SATURDAYS  
8AM-4PM**

**OCTOBER 19, 2024—  
MARCH 22, 2025**



ARLINGTON HEIGHTS  
BLUE ISLAND  
COTTAGE GROVE  
NORTH RIVERSIDE  
ROBBINS

# FREE COVID & FLU VACCINATIONS

02/07/25

WALK-INS WELCOME • NO APPOINTMENT NEEDED • FREE TO  
EVERYONE REGARDLESS OF INSURANCE • AGES 6 MONTHS & OLDER

COOK COUNTY  
HEALTH



COOK COUNTY  
HEALTH

Cook County  
Public Health

**BUILDING  
HEALTHIER  
COMMUNITIES**

**SATURDAYS, 8AM-4PM**

10/19/24 – 03/22/25

## Fall & Winter Vaccination Clinics

LOCATIONS & DATES

**NORTH  
SUBURBS**

<b>Arlington Heights Health Center</b>	11/09/24
3250 N. Arlington Heights Rd., #300	12/28/24
Arlington Heights, IL 60004	01/25/25
	02/22/25
	03/22/25

**WEST  
SUBURBS**

<b>North Riverside Health Center</b>	11/16/24
1800 South Harlem Ave., Suite A	12/21/24
North Riverside, IL 60546	01/18/25

**SOUTH  
SUBURBS**

<b>Blue Island Health Center</b>	10/19/24
12757 South Western Ave.	12/07/24
Blue Island, IL 60406	02/01/25
	03/01/25

<b>Cottage Grove Health Center</b>	10/26/24
1645 South Cottage Grove Ave.	11/23/24
Ford Heights, IL 60401	12/14/24
	01/11/25
	02/08/25
	03/08/25

<b>Robbins Health Center</b>	10/19/24
13450 South Kedzie Ave.	11/02/24
Robbins, IL 60472	01/04/25
	02/15/25
	03/15/25



WALK-INS WELCOME • NO APPOINTMENT  
NEEDED • FREE TO EVERYONE REGARDLESS  
OF INSURANCE • AGES 6 MONTHS & OLDER

[cookcountypublichealth.org](http://cookcountypublichealth.org)

# Other Vaccination Resources

- [Mobile Care Chicago Vaccination Program](#)
  - Kamari Thompson [Chicago-kthompson@mobilecarefoundation.org](mailto:Chicago-kthompson@mobilecarefoundation.org)
- [Advocate Children's Hospital and Ronald McDonald Mobile Vaccine Program](#)
  - Amy Moses [amy.moses@aah.org](mailto:amy.moses@aah.org)
- [Med ADVO-C Mobilized Healthcare Services](#)
  - April McMurray-White [aprilmcmwhite@medadvoc.com](mailto:aprilmcmwhite@medadvoc.com)
- [Loyola Medicine Pediatric Mobile Health Unit](#)
- [IDPH Wellness on Wheels Request Form](#)
- [Jewel-Osco School Clinics](#)



# Mental Health Resources

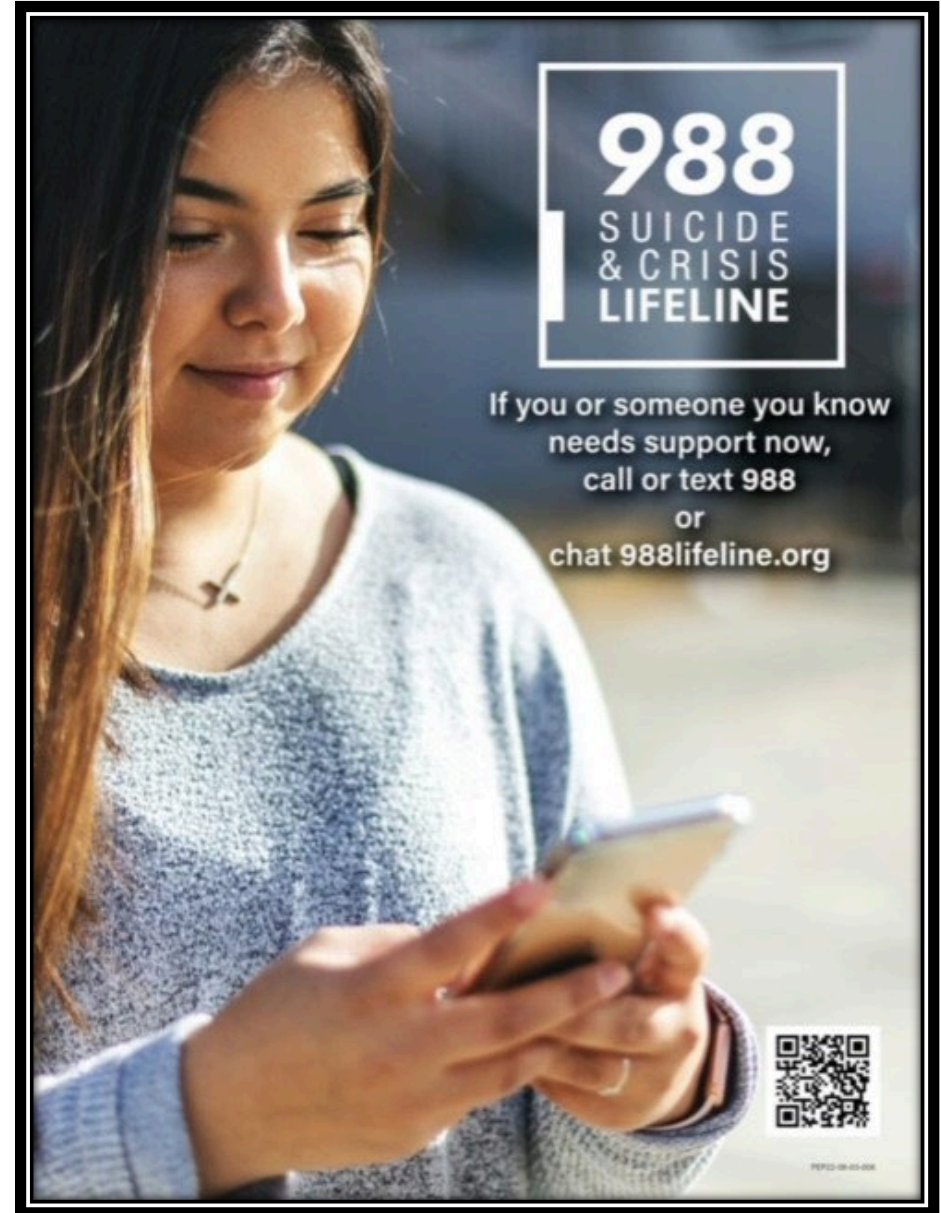


COOK COUNTY  
**HEALTH**

Cook County DEPT  
of  
Public Health

**BUILDING**  
**HEALTHIER**  
**COMMUNITIES**

# 988 Suicide and Crisis Lifeline



COOK COUNTY  
**HEALTH**



Cook County DEPT. of  
Public Health

**BUILDING**  
**HEALTHIER**  
**COMMUNITIES**



2.1.1

Get Connected. Get Help.™

English | [Español](#)

[Get Help](#)

[Partner with Us](#)

[About Us](#)

[Donate](#)



[Call 211](#)

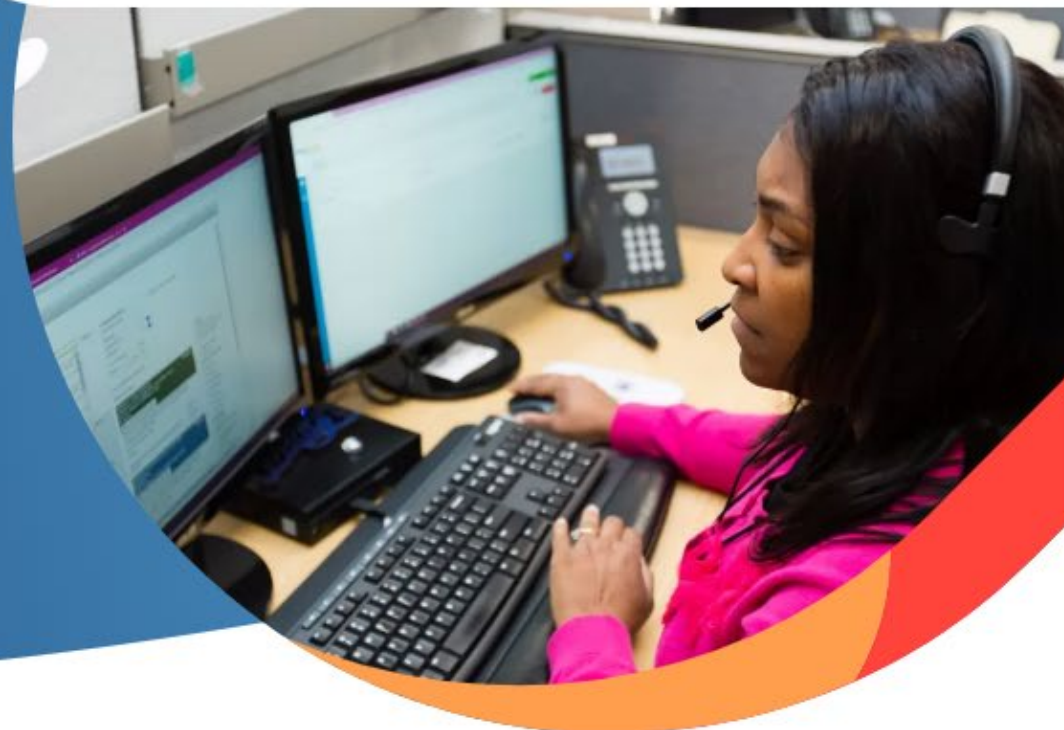
# Help starts here

211 connects you to expert, caring help.  
Every call is completely confidential.



**Call 211 for help**

Can't call us? [Find a local 211](#)



## What are you looking for today?



Caregiver Resources



Mental Health



New to the U.S.?



Your Local 211



# Adult Mental Health First Aid Training



**ADULT MENTAL HEALTH FIRST AID** (MHFA)  
**FREE Training & Certification**

Adult MHFA can be provided in person or virtual

Adult MHFA is for:  
-Employers -First Responders  
-Hospital Staff -Caregivers  
**ANYONE!**

Adult MHFA Covers:  
-Common signs and symptoms of Mental Health challenges  
-Common signs and symptoms of substance use challenges.  
-How to interact with a person in crisis.  
-How to connect a person with help.  
-Expanded content on trauma, substance use and self-care

Requirements:  
-Anyone 18+ is eligible to register for the sessions.

Ways to Participate:  
In-person or virtual  
Provided in English and Spanish  
(Spanish is in person only)

Interested?  
  
SCAN ME

Contact us!  
 **Kimberly Skoczelas**  
 **(773) 564-9070**  
 [Community.education@rinconfamilyservices.org](mailto:Community.education@rinconfamilyservices.org)  
[www.rinconfamilyservices.org](http://www.rinconfamilyservices.org)

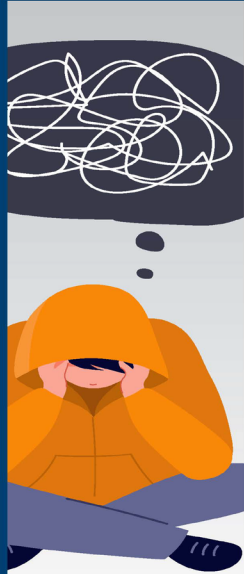


# Mental Health Services for Youth

Sertoma Centre Community Mental Health and Counseling

## Mental Health Services for Youth

Individual Counseling | Family Counseling | Group Therapy | Psychosocial Education



Sertoma Centre is an experienced provider of mental health services in the South Suburbs that can help youth in your community get the support they need.

Sertoma's programs offer support, resources, and individualized care tailored to each individual and their family. We blend therapy, education, and research to address specific needs and inspire leadership in their own journey.

We offer counseling and support services to youth experiencing:

- ADHD
- Anxiety
- Bullying
- Conduct disorders/ODD
- Depression
- Eating Disorders
- Emotional or Behavioral concerns
- Mood Disorders
- Self Esteem/Identity Difficulties
- Substance use
- Suicide prevention
- Transition Difficulties
- Other Mental Health Diagnoses


\*Child must be 5 years or older to qualify

If someone you know is affected by mental illness, find help by calling:  
**708-748-1951 ext. 455**

**We are a proud Medicaid provider and accept traditional Medicaid as well as Managed Care Plans such as:**

- Aetna
- Blue Cross and Blue Shield
- Illini Care
- Meridian
- County Care
- Molina
- Beacon

**Call to ask about other insurance!**  
**Appointments offered from 8:00am-6:00pm**



**Sertoma Centre, Inc.**

4331 W. Lincoln Highway, Matteson, IL 60443

Community Mental Health and Counseling

For more information  
**708-748-1951**  
[sertomacentre.org/cmhc](http://sertomacentre.org/cmhc)





# MENTAL HEALTH FIRST AID

## WHO NEEDS TO KNOW MENTAL HEALTH FIRST AID

- Employers.
- Police officers.
- Hospital staff.
- First responders.
- Caring individuals.

## WHY MENTAL HEALTH FIRST AID?

Mental Health First Aid (MHFA) teaches you how to identify, understand and respond to signs of mental health and substance use challenges among adults.

On average,

**130**

people die by suicide every day.

*Source: American Foundation for Suicide Prevention*

From 1999 to 2019,  
**841,000**

people died from drug overdoses.

*Source: Centers for Disease Control and Prevention*

Nearly  
**1 IN 5**

in the U.S. lives with a mental illness.

*Source: National Institute of Mental Health*

### Sources

American Foundation for Suicide Prevention. (n.d.). Suicide statistics. <https://afsp.org/suicide-statistics/>

Centers for Disease Control and Prevention. (n.d.) Drug overdose deaths. <https://www.cdc.gov/drugoverdose/deaths/index.html>

National Institute of Mental Health (NIMH). (n.d.). Mental illness. <https://www.nimh.nih.gov/health/statistics/mental-illness>

## REGISTER TODAY!

### Delivery Format:

NAMI SSC and Sertoma Star Services are cosponsoring an in-person Adult MHFA Training

### Date and Time:

Wednesday February 26th from 8:30am - 4:30pm

### Location:

15350 Oak Park Avenue, Oak Forest, IL 60452

### Where to Register:

Email: Lisa Guardiola at [lguardiola@sertomastar.org](mailto:lguardiola@sertomastar.org)

or call 1-708-748-1951 ext. 405

### The course will teach you how to apply the MHFA Action Plan (ALGEE):

- **A**ssess for risk of suicide or harm.
- **L**isten nonjudgmentally.
- **G**ive reassurance and information.
- **E**ncourage appropriate professional help.
- **E**ncourage self-help and other support strategies.



# Community Resources



COOK COUNTY  
**HEALTH**

Cook County DEPT  
of  
Public Health

**BUILDING**  
**HEALTHIER**  
**COMMUNITIES**



**YOUTH REQUIREMENTS:**

- Must be at least 16 years of age and no older than 22 years of age by June 13, 2025
- Must be available to start on June 20, 2025
- Applications are accepted from February–March
- Interest in learning about nature
- Open to trying new things
- Ability to perform physically demanding work outdoors in all weather conditions
- Willing to work as part of a team
- Must be available to work a flexible schedule, including weekends
- Must be willing to travel to different locations throughout the county and provide own means of transportation

**PROGRAM SNAPSHOT:**

- 10 week program from June to August
- Up to 40 hours per week/ \$16.11 per hour
- Conservation & work readiness skills
- Worksites vary throughout the county in indoor and outdoor settings
- Assist with programs at nature centers, school visits, outdoor events, and administrative work

## Youth Outdoor Ambassador Paid Internship

Join the team! The YOA internship program is an offering at the Forest Preserves of Cook County (FPCC) that strives to address how teens and other young people become the next generation of advocates, stewards and conservationists of the environment and the Preserves' important natural areas.

The Forest Preserves is looking to engage youth in a county-wide program that exposes them to the operations of the Department of Conservation and Experiential Programming (CEP). Interns will assist all CEP staff and could work in all/any CEP locations including, but not limited to, general office, nature centers, campgrounds. Interns will provide support in a variety of administrative tasks, assignments, programs and operational functions, and will perform other duties as required or assigned.

Questions about the position should be directed to the Human Resources Department, at 708.771.1561

**Applications are accepted from February–March**  
**Learn more: [fpdcc.com/about/jobs](http://fpdcc.com/about/jobs)**



**COOK COUNTY HEALTH**

Cook County DEPT of  
 Public Health





Join Rich Township for an exciting youth program where you can dive into STEM fields like computer programming, robotics, and coding while discovering your leadership potential! Explore your creative side through music, dance, and theater, and learn how to make a positive impact in your community. Plus, enjoy free weekly meals to fuel your creativity and learning. Don't miss this opportunity to develop skills for your future—come out, get involved, and be a part of something amazing!

**MARCH 8TH 2025 | 10:00 AM - 1:00 PM**

**297 LIBERTY DR, PARK FOREST, IL 60466**

RSVP at [youth@richtownship.org](mailto:youth@richtownship.org) & For more information: 708.748.6722



**COOK COUNTY**  
**HEALTH**

Cook County DEPT of  
Public Health

**BUILDING**  
**HEALTHIER**  
**COMMUNITIES**



**Attention youth in Chicago!**

**Ages 16-24**

**Apply today to be part of  
the Youth Health  
Conference Committee!**

[bit.ly/YouthHealthCommittee](https://bit.ly/YouthHealthCommittee)

**PHIMC**  
Public Health Institute of Metropolitan Chicago



**COOK COUNTY**  
**HEALTH**

Cook County DEPT of  
Public Health

**BUILDING**  
**HEALTHIER**  
**COMMUNITIES**

[Youth Health Committee Sign Up](#)





# Mark Zielinski Memorial Scholarship-Matteson Residents

**ASSOCIATED FIREFIGHTERS OF MATTESON LOCAL 3086**  
**MARK ZIELINSKI MEMORIAL SCHOLARSHIP**

**DEADLINE: MARCH 21ST 2025**      **LOCAL3086SCHOLARSHIP@GMAIL.COM**

**INTERESTED  
 IN A CAREER  
 IN THE FIRE  
 SERVICE?**

Mark Zielinski was a Firefighter/Paramedic with the Matteson Fire Department. On December 4th, 2015, Mark tragically lost his life while on an emergency incident. Mark was a well-respected member of the Matteson Fire Department, as well as a beloved friend. His dedication to his duties as a Firefighter and Paramedic could be seen in his willingness to share his knowledge and experiences with other Firefighters. We wish to honor Mark by continuing to help others pursue a career in the Fire Service.

This scholarship was created to help assist high school aged individuals interested in starting a career in the Fire Service and/or EMS.



**L3086 WILL BE  
 AWARDING TWO  
 \$500  
 SCHOLARSHIPS**

**APPLICANTS MUST  
 BE VILLAGE OF  
 MATTESON  
 RESIDENTS**

**FOR QUESTIONS & APPLICATION REQUESTS PLEASE EMAIL  
 LOCAL3086SCHOLARSHIP@GMAIL.COM**

# Illinois Stability Investment for Family Housing

## Illinois Stability Investment for Family Housing (SIFH) Pilot

Round 3: **January 27** to March 9, 2025



Funded by the Illinois Dept. of Human Services

**Families experiencing homelessness and/or housing instability can receive a one-time cash payment of**

**\$500 or \$6500,**

*no strings attached, if eligible and selected by lottery!*



Do you want to learn more?  
Please register to receive the application in January.



[bit.ly/4fekmz0](https://bit.ly/4fekmz0)

Questions? Please look at the Frequently Asked Questions.



[bit.ly/41INVGa](https://bit.ly/41INVGa)

**Please look at the Frequently Asked Questions and start collecting the required documents:**



- ✓ ID Document
- ✓ Proof of guardianship
- ✓ Social Security Number/ITIN

Please direct questions to your school's STLS Advocate, McKinney Vento Advocate, or HAT Officer. Note: Not all applicants will be selected to receive a payment. The payments will be made to the families that are randomly selected through the lottery by June of 2025.



COOK COUNTY  
**HEALTH**

Cook County DEPT of  
Public Health

**BUILDING  
HEALTHIER  
COMMUNITIES**



GiveDirectly

beam Formerly equity7



# Grant Funding Opportunities-Homeland Security

Access available grant funding from the federal government to prevent targeted violence and terrorism. Federal grants fund research, new equipment, technical assistance, security enhancements, capacity building, training and exercises, victim support, mental health interventions, and more. Funding is available for state and local governments, educators, health care practitioners, law enforcement, and others.

For more details, please visit: [Grant Funding Opportunities | Homeland Security](#)



# YOUTH4WARD

A Positive Youth Development Program

## About Our Program

### WHO WE ARE

-A program that supports the health and well-being of adolescents 12-17.

### WHAT WE DO

-Help youth build resilience and foster coping skills that are positive and sustainable.

-Engage and empower vulnerable youth to ultimately reduce mental health inequities.

### WHAT YOUTH WILL RECEIVE

-Self management tools to deal with trauma, anxiety, and depression.

-Health maintenance support.

-Educational workshops

-Case management and linkages to additional resources and support



**A holistic, integrated approach is the foundation to address youth development and health care.**

## Serving South Suburban Cook County

Reach out today to see how the youth in your life can participate in our program

Contact: Kelly Werner  
kwerner@auntmarthas.org or  
Bob Clasby  
rclasby@auntmarthas.org



## ComEd 2025 Powering Communities Grant Program Applications are Now Open!

Applications for all three grant programs are now open **until March 28**.



**Green Region** grants support non-profits, educational and public agencies in their efforts to plan for, protect and improve open space.



**Powering Safe Communities** grants support municipal and public safety and clean transportation projects.



**Powering the Arts** grants recognize that increased access to the arts enhances the vibrancy of local communities.

Apply now and learn more at [ComEd.com/Grants](https://www.comed.com/grants)





Youth4ward Presents:

## Youth Action Board

**A chance for YOUR voice to be heard.**

Our Youth Action Board is a program seeking passionate **teens age 13-18** wanting to **make a difference** in our community.

Through this program you will **learn leadership** skills, **connect** with peers, and have the opportunity to **receive a gift card** and participate in fun and engaging activities.

*For more information or questions, please contact Bob Clasby at [rclasby@auntmarthas.org](mailto:rclasby@auntmarthas.org) or text 708-466-2926*

**APPLY NOW, to save your spot for upcoming events!!!**

*Scan the QR code to complete the application.*



COOK COUNTY  
**HEALTH**

Cook County DEPT of  
Public Health

**BUILDING  
HEALTHIER  
COMMUNITIES**

# YOUTH VIOLENCE PREVENTION COUNCIL

JOIN US!

The YVPC's vision is to create opportunities for Youth ages 8 - 18 and 19 - 28 (2nd Tier) to engage in civic duties and positive activities centered around violence prevention with an emphasis on firearm violence prevention through various means with creative arts being a key component for messaging.

## Includes Youth Violence Prevention Initiatives, Civic Engagement, and Public Speaking:

1. Prevention Programs - SAYF groups for the entire family.
2. Response Activities - Civic Involvement and Community Engagement
3. Intervention Services - Referrals & Resources with Partners (Youth making the connections on behalf of other Youth)
4. Messaging through Creative Arts
5. Social Skills Training & Mentoring (Collaboration with Partners)

## CREATIVE ARTS PROGRAM:

Communicating the Message of Mitigating Gun Violence with the Arts: Acting, Public Speaking, Dance, Poetry, Musical Instruments & More!

## SIGN UP:

708-252-0011

info@trykci.org

The Empowerment Center  
202 Forest Blvd.  
Park Forest, IL 60466



COOK COUNTY  
HEALTH

Cook County  
Public Health

BUILDING  
HEALTHIER  
COMMUNITIES

# UIC Free Your Mind

Are you an Illinois resident whose family earns \$75,000 or less? Starting Fall 2025, you may be eligible for \$0 tuition and fees at UIC. Free your mind from the stress of college debt and focus on where this exceptional education will take you. Earn a life-changing 4-year degree — 100% tuition-free — with the UIC Aspire program.



**free  
your  
mind**

[free.uic.edu](https://free.uic.edu)



COOK COUNTY  
**HEALTH**

Cook County DEPT of  
Public Health

**BUILDING  
HEALTHIER  
COMMUNITIES**





## Empowering students through education

In recognition of the vital role tutoring plays in student success, Varsity Tutors is committed to providing accessible and high-quality educational support to students across Illinois. Through its online NO-COST Platform Access, Varsity Tutors offers a wealth of resources, expert tutors, and personalized instruction designed to meet each student's unique needs.

### How Schools Can Benefit

Illinois schools can leverage Varsity Tutors' NO-COST Platform Access until 6/30/2030 to enrich their educational offerings and support their student's academic journey. By registering for these services through Keven Brown, Director of Educational Partnerships, schools can unlock a wealth of resources that will not only enhance academic performance but also promote positive mental health among students.

Contact [keven.brown@varsitytutors.com](mailto:keven.brown@varsitytutors.com) for a list of eligible School Districts



# Community Events



COOK COUNTY  
**HEALTH**


Cook County DEPT of  
Public Health

**BUILDING**  
**HEALTHIER**  
**COMMUNITIES**



**GREATER  
CHICAGO  
- FOOD -  
DEPOSITORY.**

***The Hills Market Food Pantry is Open!***

 Location:

3015 W. 163rd Street, Markham, IL 60428

(Annex building in the rear, DOOR #12)

**Regular Hours of Operation:**

- Wednesdays: 11:00 AM – 1:00 PM
- Thursdays: 4:00 PM – 6:00 PM

**Service Boundaries:**

- North: 154th Street
- South: 182nd Street
- West: Cicero Avenue
- East: Western Avenue

**Town Zip Codes Served:**

60428, 60429, 60452, 60478

**Must be 18 years or older.**

We look forward to serving our community with nutritious food and support!



**COOK COUNTY  
HEALTH**

Cook County DEPT of  
Public Health

**BUILDING  
HEALTHIER  
COMMUNITIES**



**GREATER  
CHICAGO  
- FOOD -  
DEPOSITORY.**

## Supper & Snack Program

Delicious, healthy suppers and snacks for kids  
Served daily Monday through Friday 2 - 4:30 PM



**CHICAGO  
HEIGHTS  
PUBLIC  
LIBRARY**



**GOURMET  
GORILLA**



**COOK COUNTY  
HEALTH**

Cook County DEPT of  
Public Health

**BUILDING  
HEALTHIER  
COMMUNITIES**



# More Than Just Sober-Community Education Seminar on Substance Use Recovery/Mental Health-Mainstay Youth and Family Services in Partnership with Chicago Behavioral Hospital

## Maine Township Town Hall

1700 Ballard Road Park Ridge, IL 60068

March 4, 2025

Time: 7pm-8:30pm

This presentation will offer insights that can be valuable to those who are new in recovery, seeking recovery, their friend and family, and mental health/substance use professionals. 1.5 free CEUs for social workers, professional counselors, marriage and family therapists, psychologists, and nurses

[More Than Just Sober Registration, Tue, Mar 4, 2025 at 7:00 PM | Eventbrite](#)



Links Eliminating Gaps through Opportunities



# L.E.G.O. Black Family Wellness Expo

**FREE COMMUNITY EVENT!**

### Thank You to Our Sponsors:



**Saturday, March 15th, 2025**  
9am - 3pm



**South Suburban College**  
15800 State Street  
South Holland, IL 60473  
Student Entrance Door #8



**Register Here!**

### Keynote Speakers



US Rep. Robin Kelly



Lt. Gov. Juliana Stratton



Pres. Toni Prackwinkle



Clerk Monica Gordon

Health & Wellness Workshops | Kidney Screenings  
Mammograms | Immunizations | College Planning  
Dental Exams | CPR Training | Aerobics  
Fresh Farmer's Market at NO COST from Blue Cross Blue Shield  
**FREE Gift Bags | FREE Food & Drinks | FREE Giveaways & More!**

### Some of the Facilitators Include:





**WE NEED YOUR HELP**




# TEEN VOLUNTEER FAIR

**15**  
SATURDAY  
**MARCH**  
2025

AGES: 13 - 18  
2:00 PM - 4:00 PM  
MATTESON AREA PUBLIC LIBRARY DISTRICT

CHECK OUT WHO WILL BE THERE:




**COOK COUNTY**  
**HEALTH**

Cook County DEPT of  
Public Health

**BUILDING**  
**HEALTHIER**  
**COMMUNITIES**



# 2025 FAMILY HEALTH FAIR

Saturday  
**March 22**  
9 A.M.–12 P.M.



**FREE** OPEN TO  
ALL AGES

11351 W. 159th Street | 708.403.5000



COOK COUNTY  
**HEALTH**

Cook County DEPT of  
Public Health

**BUILDING**  
**HEALTHIER**  
**COMMUNITIES**



# Communicable Disease Updates



COOK COUNTY  
**HEALTH**

Cook County DEPT  
of  
Public Health

**BUILDING**  
**HEALTHIER**  
**COMMUNITIES**

# School Health Update: Respiratory and GI

**CCDPH Communicable Diseases**

DATE 02/21/25



Cook County DEPT. of  
Public Health

**BUILDING**  
**HEALTHIER**  
**COMMUNITIES**

# Respiratory Illnesses



Cook County DEPT. of  
Public Health

**BUILDING**  
**HEALTHIER**  
**COMMUNITIES**

# Snapshot

- Flu activity this season has been the highest in many years.
- Respiratory season seems to have peaked.
  - *This means we will still have these higher levels of respiratory activity for several more weeks.*
- Respiratory hygiene must be supported:
  - Posters, reminders, etc.
  - Hand sanitizer stations, adequate hand-washing supplies, etc.
- Take steps for cleaner air:
  - Filters, higher air turnover
- Support time off for individuals to stay home when sick or to seek treatment.
- It's not too late to get vaccinated!

For the week ending Feb 08, 2025:\*

## COVID-19

Activity Level: Low

## Flu

Activity Level: High

## RSV

Activity Level: Low

<https://ccdphcd.shinyapps.io/respiratory/>  
Email [alexandra.burda@cookcountyhealth.org](mailto:alexandra.burda@cookcountyhealth.org)  
for printable report



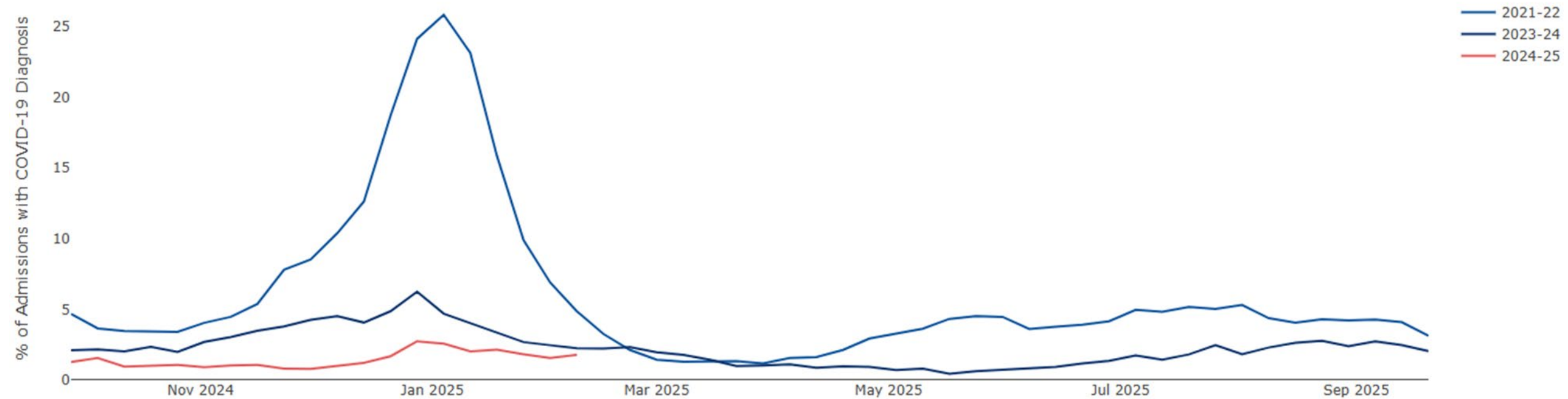
Cook County DEPT. of  
Public Health

**BUILDING**  
**HEALTHIER**  
**COMMUNITIES**

# COVID-19

## Low and Steady

- ICU admissions are low, primarily occur in older adults.
- ER visits, hospital admissions, and wastewater detections have remained relatively low and stable.



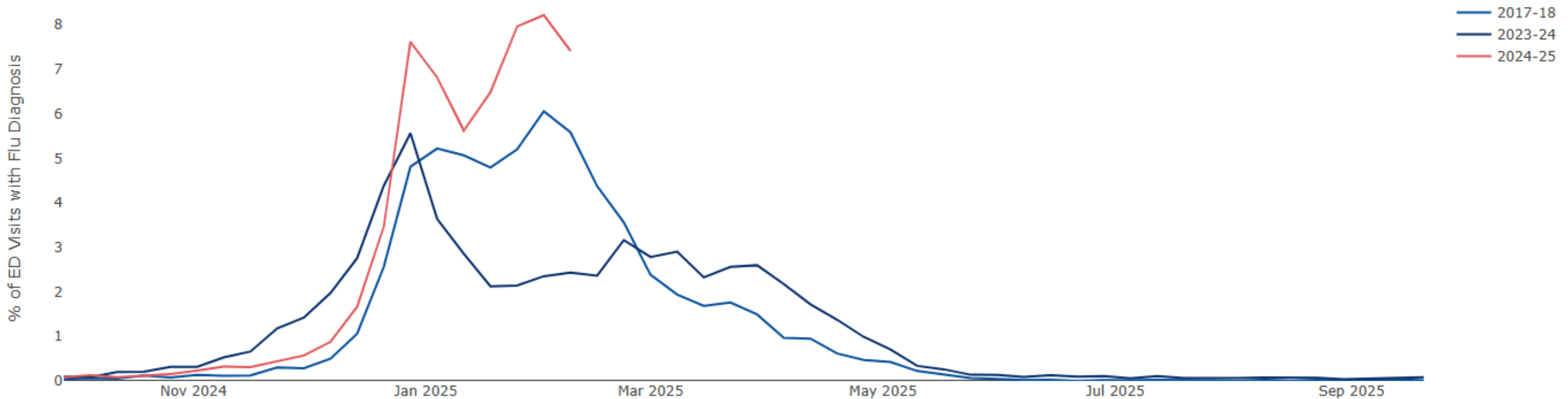
Cook County DEPT. of Public Health

**BUILDING**  
**HEALTHIER**  
**COMMUNITIES**

# Influenza

## High

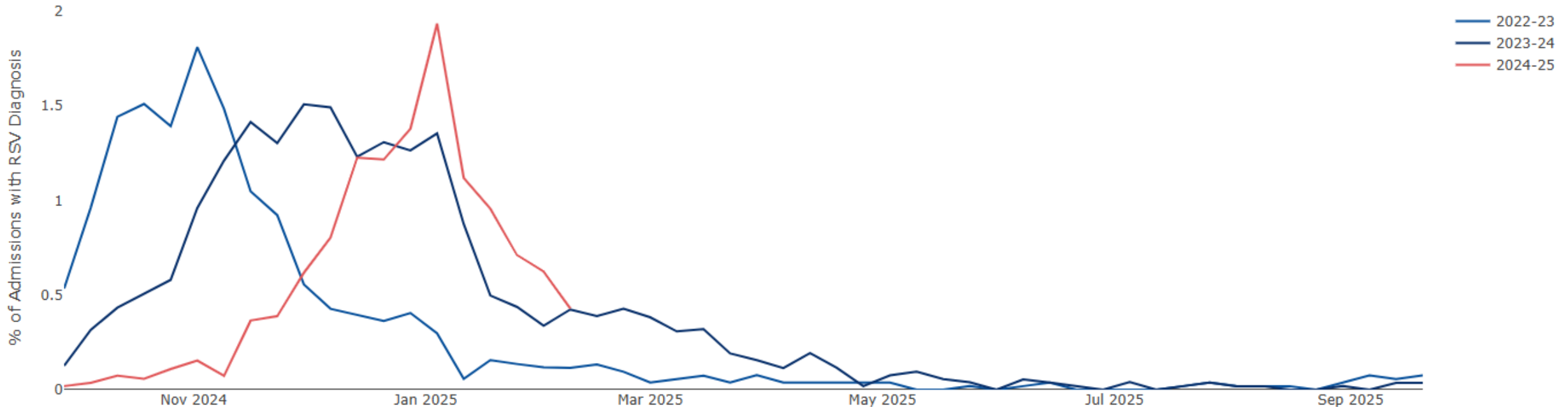
- ER visits are above last season and the last big pre-pandemic season (2017-18).
- Hospitalizations and ICU admissions are nearly double levels from the previous season. Activity is high and stable, but wastewater detections are still increasing.
- Of the Flu A specimens subtyped, ~62% have been pandemic H1N1, ~38% have been H3N2. Flu B is starting to rise.



# RSV

## Downgraded to Low and Stable

- Peak activity was slightly higher than the 2022-23 season, when RSV first started popping up more often.
- ER visits, hospitalizations on the decline.
- Vast majority of ICU admissions occur among children ages 0-4 years.



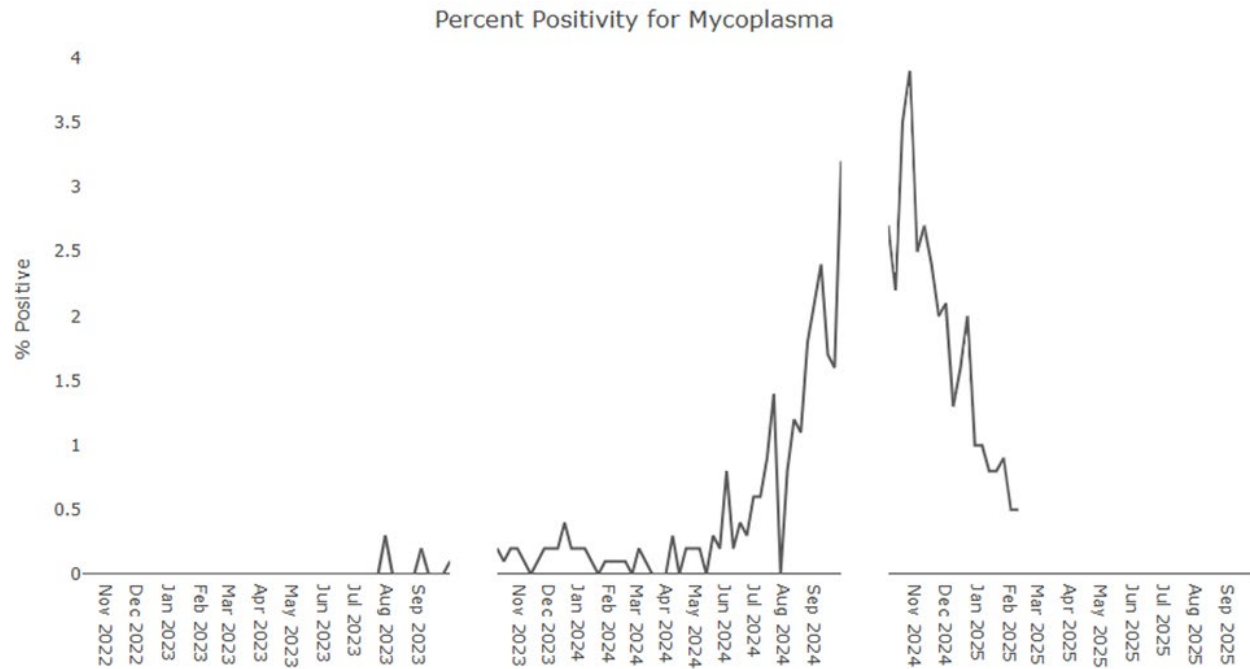
Cook County DEPT. of  
Public Health

**BUILDING**  
**HEALTHIER**  
**COMMUNITIES**

# Other Respiratory Concerns

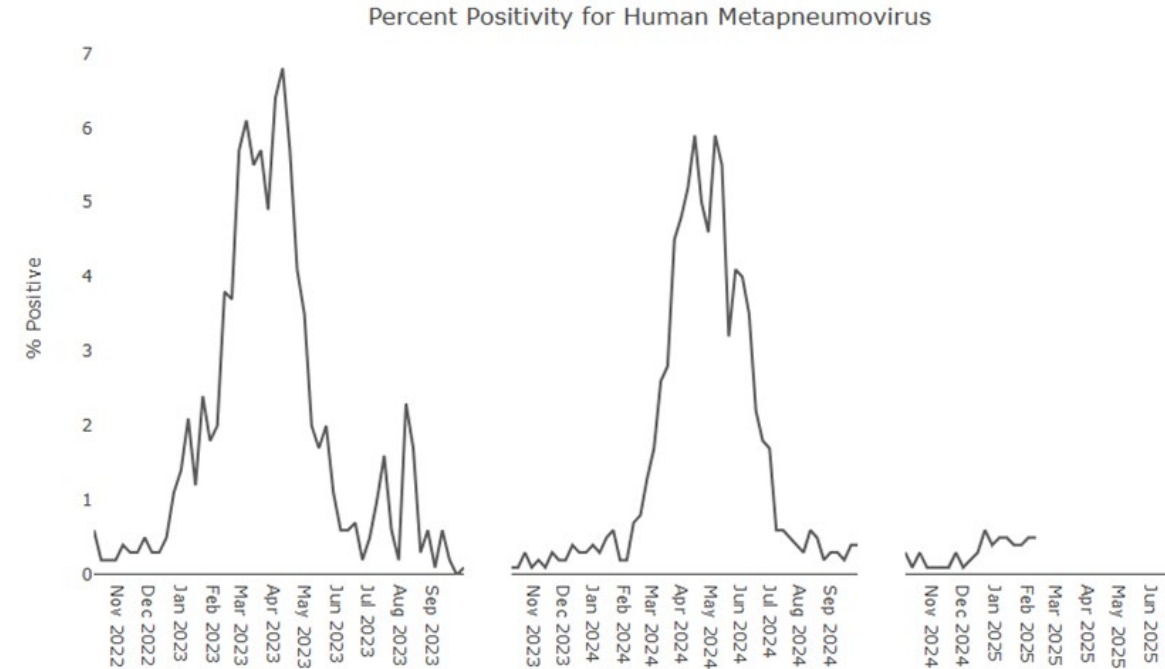
## Mycoplasma

- Lab testing data shows this season's pneumonia-du-jour peaked at the beginning of winter and has since been decreasing.



## Others

- Human metapneumovirus, enterovirus/rhinovirus lab testing data indicates low levels.
- However, lab data also shows that these viruses tend to increase in the spring.



Cook County DEPT. of Public Health

**BUILDING**  
**HEALTHIER**  
**COMMUNITIES**



# GI Illness



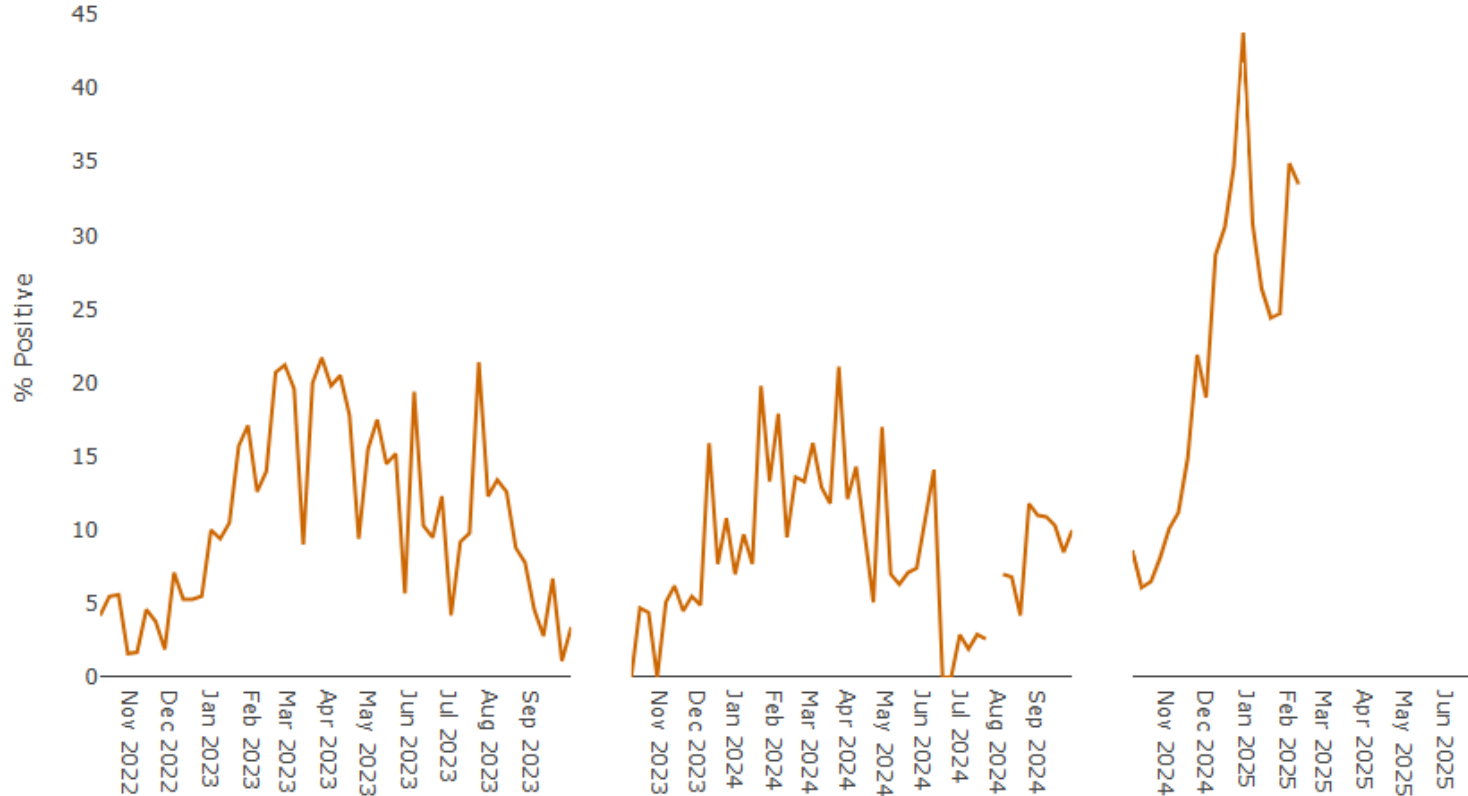
Cook County DEPT. of  
Public Health

**BUILDING**  
**HEALTHIER**  
**COMMUNITIES**

# Norovirus

- Lab data backs up anecdotal and outbreak evidence of an unusually bad season this year.
  - The peak is nearly double the peak of previous seasons’.
- Activity is still high.
  - The percent of specimens testing positive decreased from December to January, but increased again in February.

Percent Positivity for Norovirus



**Reminder:** alcohol alone can't kill norovirus! Need actual handwashing and bleach solutions for cleaning surfaces!



Cook County DEPT. of  
Public Health

**BUILDING**  
**HEALTHIER**  
**COMMUNITIES**

# CCDPH Tobacco Prevention & Control Unit



COOK COUNTY  
**HEALTH**

Cook County DEPT  
of  
Public Health

**BUILDING**  
**HEALTHIER**  
**COMMUNITIES**



# Tobacco Use and Exposure Health Disparities

While overall tobacco use is declining, it remains the largest preventable cause of disease, disability, and death in the U.S. and significant disparities persist



- Tobacco use is the **number one cause of preventable death among Black Americans.**
- **45,000 deaths** among Blacks every year.
- Widening disparities and **lower quit ratios** across all age groups.
- **Secondhand smoke** causes approximately **7,330 deaths from lung cancer** and **33,950 deaths from heart disease** each year.

85% of Black smokers smoke menthol cigarettes compared to 29% of White smokers.

Secondhand smoke causes the premature death of 41,000 adults and more than 400 infants each year.

Sources: Nicotine & Tobacco Research, 22(10): 1673-1675, 2020; Trends in Secondhand Smoke Exposure, 2011-2018





# Tobacco Use and Exposure Disparities (continued)

While overall tobacco use is declining, it remains the largest preventable cause of disease, disability, and death in the U.S. and significant disparities persist



- **2.1 million** youth and young adults report using e-cigarettes and more than **1 in 4** reported daily use
- Individuals with **behavioral health conditions** account for nearly **50%** of all tobacco-related deaths each year

Middle and high schoolers who reported current e-cigarette use, **89.4% used flavored products.**

Nearly **25%** of adults have a **mental health or substance use condition.** These adults consume almost **40% of all cigarettes smoked** by adults.

Sources: Data reported by the National Youth Tobacco Survey, 2023; Data reported by the National Survey on Drug Use and Health, 2020.



COOK COUNTY  
**HEALTH**



Cook County DEPT. of  
Public Health

**BUILDING**  
**HEALTHIER**  
**COMMUNITIES**

# Program Overview

Goals & Strategies



Cook County DEPT. of  
Public Health



COOK COUNTY  
HEALTH

# CCDPH Tobacco Prevention & Control Program

GRANT DETAILS	Illinois Tobacco-Free Communities Grant (ITFC)	~\$785,000.00 each FY	Project period: July 1 – June 30	4.0 FTE
------------------	--	--------------------------	-------------------------------------	---------

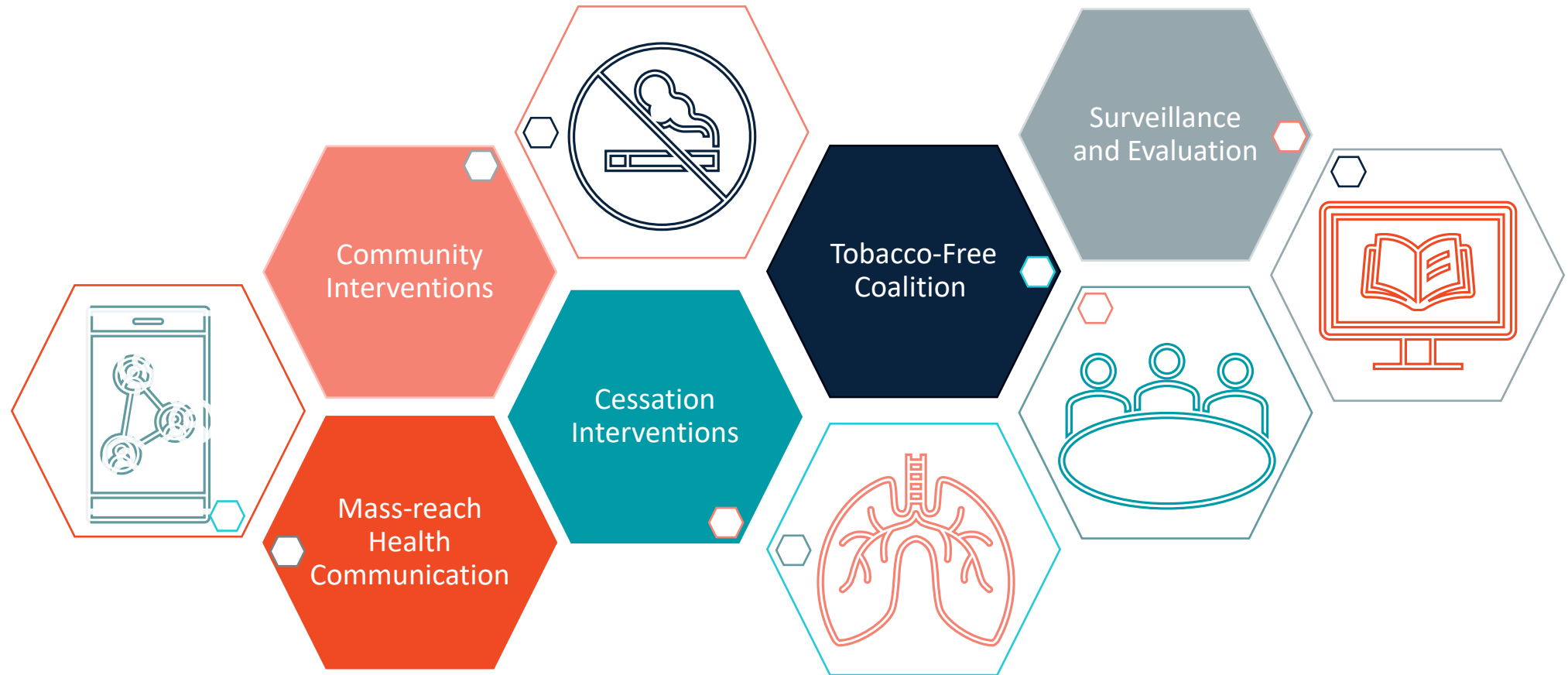
## PROGRAM OBJECTIVES

- IDENTIFY AND ELIMINATE TOBACCO-RELATED DISPARITIES
- ELIMINATE EXPOSURE TO SECONDHAND SMOKE
- PREVENT INITIATION AMONG YOUTH AND YOUNG ADULTS
- PROMOTE QUITTING AMONG ADULTS AND YOUTH



# CCDPH Tobacco Prevention & Control Program

## Implementing Evidence-based Strategies





# Program Highlights

Strategy Implementation



Cook County DEPT. of  
Public Health



COOK COUNTY  
**HEALTH**

# Community Interventions

## Promote Tobacco-Free Living Policies for:

- Tobacco-free parks
- Tobacco-free college campus
- Smoke-free multi-unit housing

## Provide Technical Assistance to:

- Municipalities
- Park districts
- Multi-unit housing property owners
- Community-based health organizations
- K-12 Schools and Higher Ed Institutions



*Youth group from Youth Crossroads Inc. conducting a tobacco litter clean-up awareness project in Glaeser Park in Richton Park, IL.*



*Youth group from Youth Crossroads Inc. conducting a tobacco litter clean-up awareness project in Glaeser Park in Richton Park, IL.*



*Family supporting Housing Authority of Cook County (HACC) multi-unit housing becoming 100% smoke-free.*





# Tobacco-Free Coalition



## Coalition Partners

- CCDPH (Lead)
- American Cancer Society - Cancer Action Network
- American Heart Association
- American Lung Association
- Respiratory Health Association
- Tobacco Free Kids
- Other suburban Cook County Local Health Departments





# Integrate Cessation Strategies into Behavioral Health Centers

Improve recovery outcomes, quit success and reduce the risk of smoking-related disease for groups with higher risk

Train behavioral health treatment centers staff using evidence-based cessation programming

Integrate brief tobacco screening, education, and referral to resources into patient intake

Provide technical assistance to behavioral health facilities interested in adapting a tobacco-free campus

Nearly **25% of adults** have a **mental health or substance use condition**. These adults consume almost **40% of all cigarettes smoked** by adults.

Trained Sites:

Metro Family  
PCC Wellness  
Impact Behavioral  
Health Soul Talk  
Sertoma Start  
In Motion Counseling  
Connections for the Homeless

Source: Data reported by the National Survey on Drug Use and Health, 2020.



COOK COUNTY  
**HEALTH**



Cook County DEPT.  
of  
Public Health

**BUILDING**  
**HEALTHIER**  
**COMMUNITIES**

# Educational Campaigns for Prevention and Cessation

Counteract predatory marketing tactics used by Big Tobacco that unfairly target historically marginalized groups

**Launching in  
March 2025!**

MEDIA CAMPAIGN	<b>Key messages</b>	“Unfriend” tobacco to remove the negative physical, emotional and social impacts the products have on their lives
		Encourage individuals to make healthier lifestyle choices
		Connect to free cessation resources
	<b>Audience</b>	Youth & Young Adults
	<b>Language</b>	English (social media in 5 languages)
	<b>Channels</b>	TikTok, Snapchat, YouTube, SEM

Unfriend Tobacco: Your Lungs, Your Rules  
[Unfriendtobacco.com](https://unfriendtobacco.com)

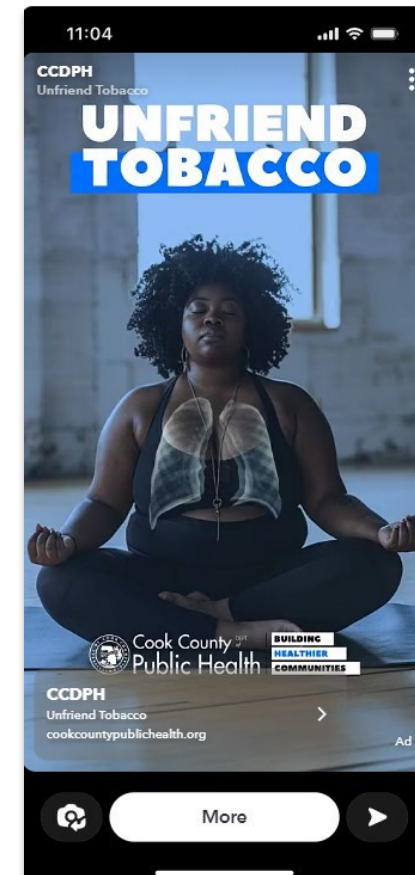


Image of ad on Snapchat

# School Vaping Prevention Education and TA support

## Increasing Vaping Prevention and Cessation Resources

### Partnering with Respiratory Health Association

Provide educational presentations to:

- Students
- Parents
- School administration, teachers, staff

Provide technical assistance to school:

- Strengthen and update smoke-free policies
- Develop an implementation and enforcement plan



### E-CIGARETTE & VAPING PRESENTATIONS FOR SCHOOLS

Respiratory Health Association provides E-cigarette and Vaping education for students and staff at no cost to schools in Chicago and the Chicago-land area. Presentations are also available to parents and school staff.

The vaping curriculum was created with Chicago Public School partner, Lighthouse Wellness & Health Education Consulting.

#### TOPICS INCLUDE:

- Identifying what e-cigarettes are, including their chemical contents
- The health effects of vaping
- Marketing and advertising tactics
- Identifying addiction
- Peer pressure and cultural influences



#### AUDIENCE:

- Students in 6th through 12th grades
- School staff
- Parents of students

#### PRESENTATION FORMAT:

- 60-minutes
- Classroom or assembly size
- Virtual or in-person

For more information or to schedule a program,

email [Opemeyemi Oduyungbo](mailto:Opemeyemi.Oduyungbo@oodu@RespHealth.org) at [oodu@RespHealth.org](mailto:oodu@RespHealth.org) or call 312-628-0227



COOK COUNTY  
**HEALTH**



Cook County  
DEPT. of  
Public Health

**BUILDING**  
**HEALTHIER**  
**COMMUNITIES**

# Thank You.

For questions, please contact:



**Neela Satyanarayan, MPH**

Program Coordinator  
Tobacco Prevention & Control Program

[neela.satyanarayan@cookcountyhhs.org](mailto:neela.satyanarayan@cookcountyhhs.org)



Cook County DEPT. of  
Public Health

**BUILDING**  
**HEALTHIER**  
**COMMUNITIES**



COOK COUNTY  
**HEALTH**

# E-CIGARETTE & VAPING PRESENTATIONS FOR SCHOOLS

Respiratory Health Association provides E-cigarette and Vaping education for staff and parents at no cost to schools in Chicago and the Chicago-land area.



## TOPICS INCLUDE:

- Identifying what e-cigarettes are, including their chemical contents
- The health effects of vaping
- Marketing and advertising tactics
- Identifying addiction
- How to know if a student is vaping
- How to talk to a student about vaping

## AUDIENCE:

- School staff
- Parents of students

## PRESENTATION FORMAT:

- 60-minutes
- Virtual
- English or Spanish

For more information or to schedule a program,

email Opeyemi Oduyungbo at [oodu@RespHealth.org](mailto:oodu@RespHealth.org) or call  
312-628-0227



## PRESENTACIONES SOBRE CIGARRILLOS ELECTRÓNICOS Y VAPEO PARA ESCUELAS

La Asociación de Salud Respiratoria ofrece educación sobre cigarrillos electrónicos y vapeo para estudiantes y personal, sin costo para las escuelas y el área de Chicago. También hay presentaciones disponibles para los padres y personal escolar.

El plan de estudios sobre vapeo fue creado en colaboración con Chicago Public Schools, Lighthouse Wellness y Health Education Consulting.

### TEMÁTICAS INCLUIDAS:

- Identificar qué son los cigarrillos electrónicos, incluido su contenido químico
- Los efectos en la salud por el vapeo
- Tácticas de marketing y publicidad
- Identificar las señales de adicción
- Presión social e influencias culturales



### AUDIENCIA:

- Estudiantes de 6.º a 12.º grado
- Personal de las escuelas
- Padres de los estudiantes

### FORMATO DE PRESENTACIÓN:

- 60 minutos
- Tamaño por aula o auditorio
- Virtual o presencial

# Respiratory Health Association



COOK COUNTY  
**HEALTH**

Cook County DEPT  
of  
Public Health

**BUILDING**  
**HEALTHIER**  
**COMMUNITIES**



# Respiratory Health Association

Our mission is to prevent lung disease, promote clean air and help people live better through education, research, and policy change

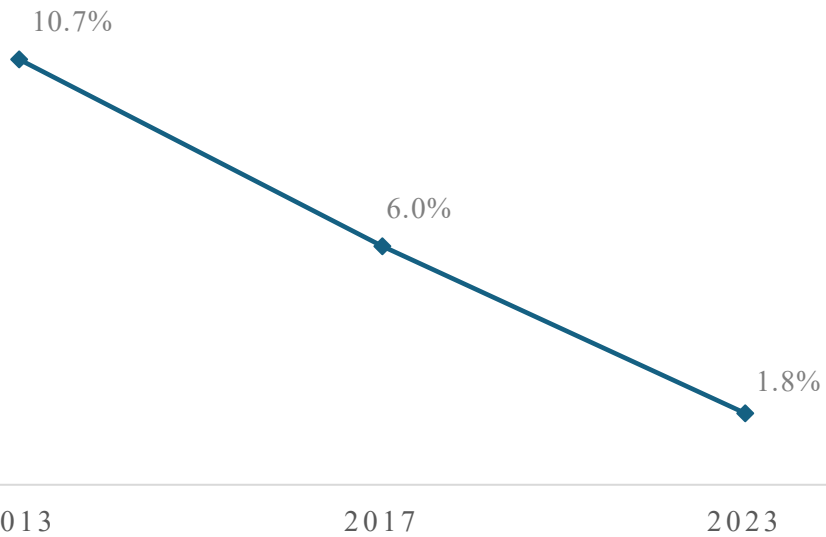
Opeyemi Oduyungbo,  
Program Manager, Tobacco

Rachael Morkunas,  
Program Director

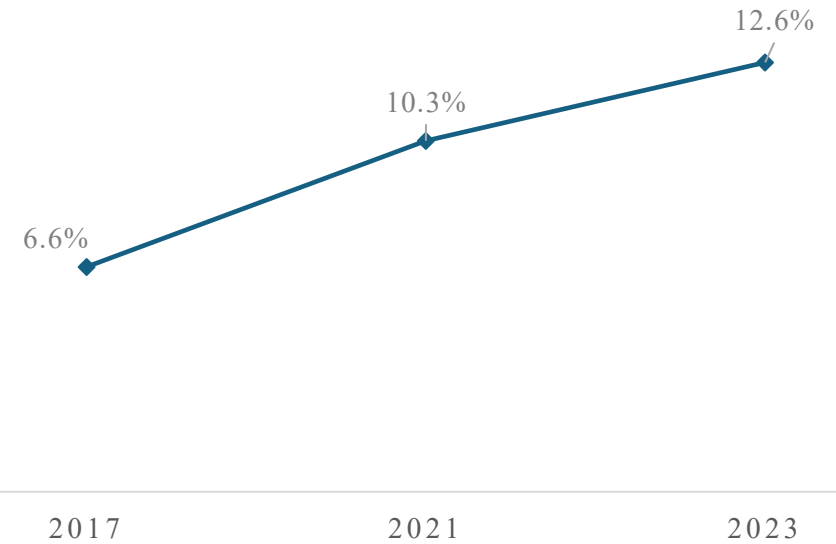
# Why Focus on Vaping



CIGARETTE USE,  
CHICAGO HIGH SCHOOL STUDENTS



E-CIGARETTE USE,  
CHICAGO HIGH SCHOOL STUDENTS



# What is Vaping?

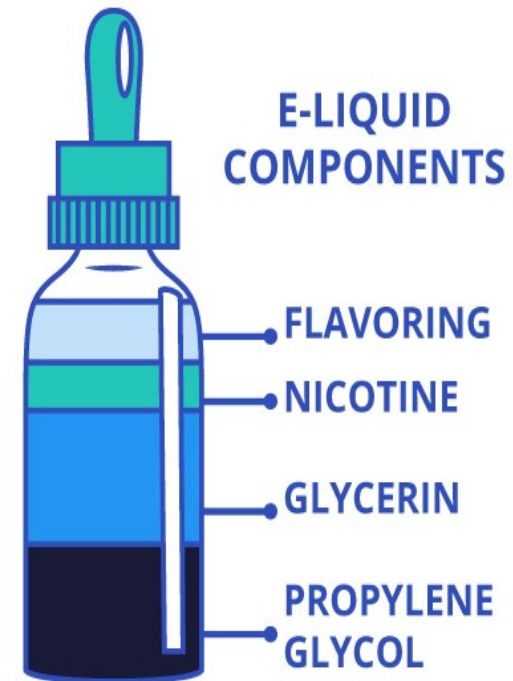
- Breathing in aerosol that contain harmful chemicals from a battery-operated device.
- This battery-operated device is called an E-Cigarette or Vape
- Similar to smoking a cigarette





# What's in an E-cigarette?

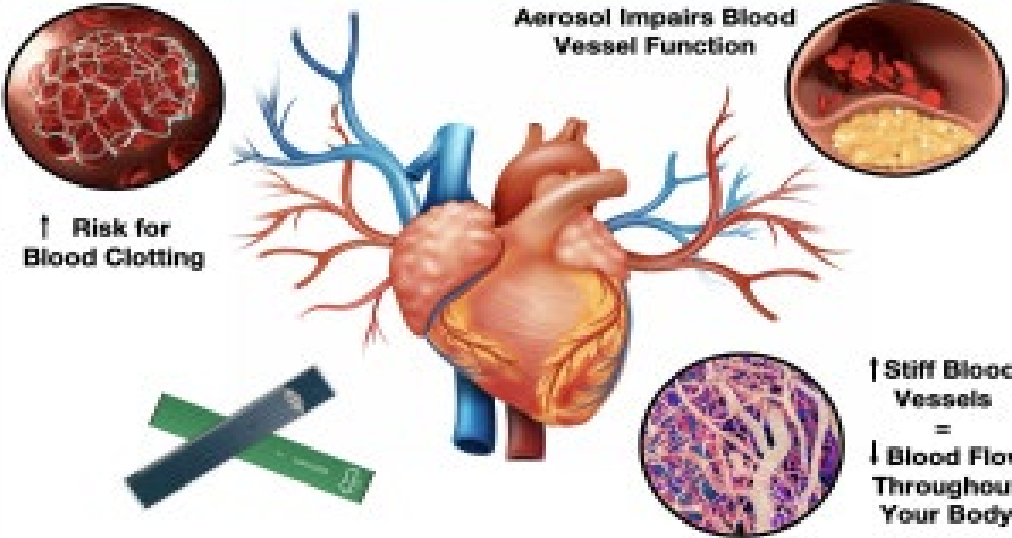
- More than 60 different chemicals
- Nicotine (& nicotine salts)
- Carcinogenic chemicals
- Heavy metals
- Flavorings



# Health Effects

## A Hit to the Heart

[tobaccopreventiontoolkit.stanford.edu](http://tobaccopreventiontoolkit.stanford.edu)

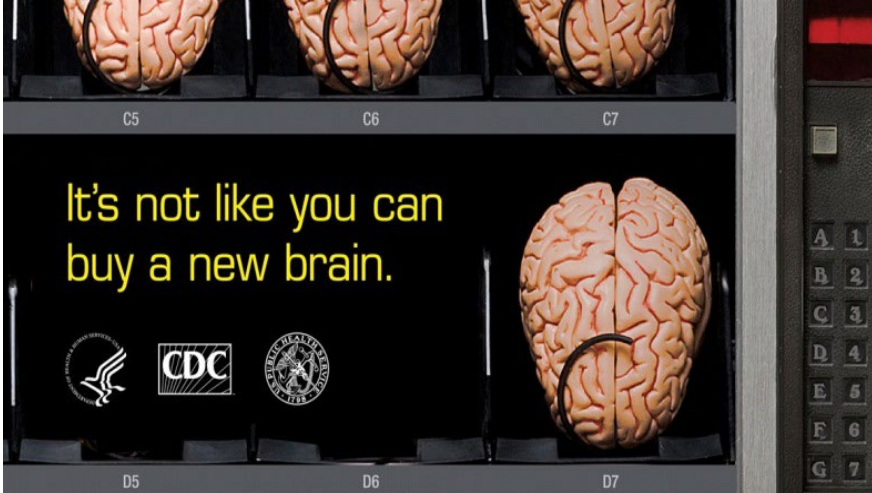


**Aerosol Impairs Blood Vessel Function**

↑ Risk for Blood Clotting

↑ Stiff Blood Vessels = ↓ Blood Flow Throughout Your Body

The diagram shows a central illustration of a human heart with its major blood vessels. Surrounding the heart are four circular callouts: top-left shows a cross-section of a blood vessel with a red, clotted interior; top-right shows a cross-section of a vessel with a yellow, fatty plaque; bottom-left shows two crossed green and blue cigarettes; bottom-right shows a cross-section of a vessel with a thick, purple-stained wall.



It's not like you can buy a new brain.

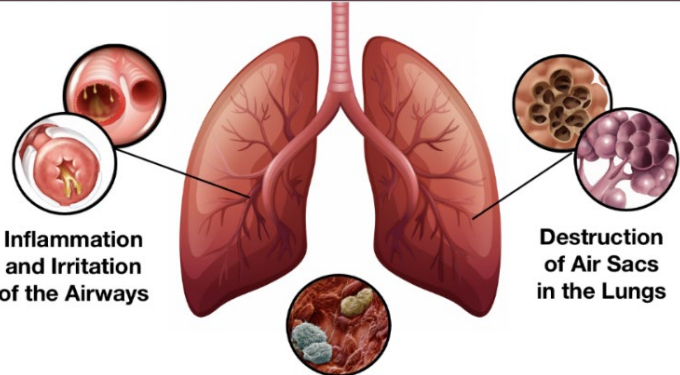
C5 C6 C7  
D5 D6 D7

A 1  
B 2  
C 3  
D 4  
E 5  
F 6  
G 7

The image shows a brain in a display case, similar to a museum or laboratory setting. The brain is positioned in a slot labeled 'D7'. Above it are slots labeled 'C5', 'C6', and 'C7'. Below it are slots labeled 'D5' and 'D6'. To the right of the brain is a control panel with buttons labeled 'A 1' through 'G 7'. The text 'It's not like you can buy a new brain.' is displayed in yellow on a black background. Logos for the Department of Health and Human Services, CDC, and the University of California are visible at the bottom.

## No Fun in the Lungs

[tobaccopreventiontoolkit.stanford.edu](http://tobaccopreventiontoolkit.stanford.edu)



Inflammation and Irritation of the Airways

Destruction of Air Sacs in the Lungs

Weaker Immune Response to Infection

The diagram shows a pair of human lungs with their bronchial tree. Three circular callouts are connected to the lungs by lines: the top-left callout shows a cross-section of an airway with a thick, inflamed wall and a small opening; the top-right callout shows a cluster of air sacs, some of which are collapsed or destroyed; the bottom callout shows a cross-section of an airway with a thick, inflamed wall and a small opening.



# E-cigarette Advertising



## What We Are Doing

- One-hour presentation for parents and school staff
- Virtual
- Available in English and Spanish

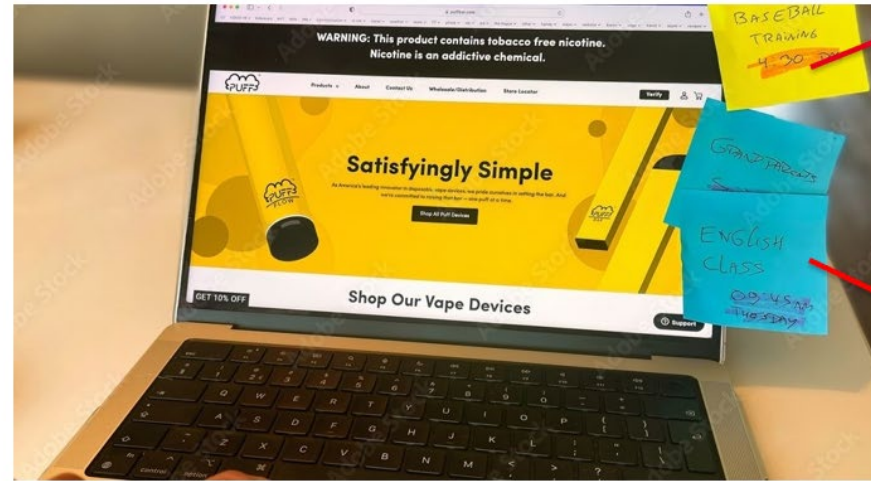


# Program Overview

Topics covered:

- What's in an e-cigarette
- Signs of addiction
- Big Tobacco tactics
- How to know if a student is vaping
- How to talk to a student about vaping
- Quit resources

## E-cigarette Advertising



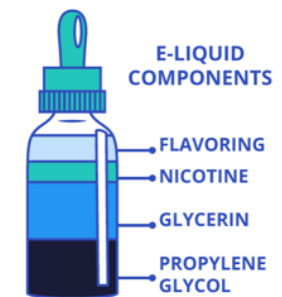
How old do you think someone who goes to baseball practice is?

How old do you think someone who goes to English class is?

Respealth.org

## ¿Qué hay en un cigarrillo electrónico?

- Hay mas de 60 químicos diferentes
- Nicotina (sales de nicotina)
- Químicos cancerígenos
- Metales pesados
- Saborizantes (Diacetilo)



Respealth.org



# Vaping Materials

Includes vaping information and resources for parents, school staff, and students.

Developed with grant support from CDPH



# Vaping Policy

In 2021, the Illinois General Assembly amended HB 3202, the Critical Health Problems and Comprehensive Health Education Act. The amendment required that e-cigarettes and other vapor devices be included in Comprehensive Health Education Programs.



## How RHA Can Help

- Support to strengthen existing tobacco-free policy to include e-cigarettes,
- And/or implement, and/or enforce their tobacco-free policy.
- Procedure on how to dispose of vapes
- Non-punitive measures



**NO SMOKING  
NO VAPING**

## Interested?

CCDPH has created a form to fill out if you are interested in a presentation or if you would like to request more information.

# Questions ???



COOK COUNTY  
**HEALTH**

Cook County DEPT  
of  
Public Health

**BUILDING**  
**HEALTHIER**  
**COMMUNITIES**





# Adjournment



COOK COUNTY  
**HEALTH**

Cook County DEPT  
of  
Public Health

**BUILDING**  
**HEALTHIER**  
**COMMUNITIES**