

CCDPH School Health Meeting

May 16, 2025



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Agenda

- **Welcome & Housekeeping**
- **Announcements, Resources & Events**
- **Introduction of Community Immunization Program**
- **Chronic Disease Update**
- **Communicable Disease Updates**
- **Public Health Institute of Illinois**
- **Cook County Internet Crimes Against Children Task Force**
- **Adjournment**

CCDPH

School Health Meeting

Meeting Objectives

- **Stay Informed:** Get the most up-to-date information and guidance to navigate issues related to health and wellness.
- **Resource Sharing:** Access valuable tools, resources and events in our communities.
- **Community Support:** Connect with peers to keep your staff, students, and families safe and healthy.



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****HOUSEKEEPING****

- ✓ Please let us know if you have any specific access needs(e.g., transcription, etc.)
- ✓ Please keep your line muted
- ✓ Feel free to put any questions in the chat

All Webinars are being recorded and will be uploaded to our [Website](#) and to CCDPH's [YouTube Page](#)



Cook County Department of Public Health

@cookcountydepartmentofpubl4930 • 217 subscribers • 248 videos

The Cook County Department of Public Health is the public health authority for most of su...more

cookcountypublichealth.org

Subscribe

Announcements



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Announcements

- Registration for Monthly School Health Meetings has returned to Eventbrite for your convenience. Please see the link here: <https://bit.ly/4aZsnrk>
- Sign up to receive the School Newsletter: [Sign up to receive our School Newsletter](#)





Announcement!!!

**CCDPH is exploring the
possibility of hosting its
annual in-person School
Health Conference**

Stay tuned for more details

Contact CCDPH

Webinar Related Questions/General Questions

- CCDPH Healthy Cook General Email: healthycook@cookcountyhhs.org

Line Lists/Reporting Communicable Diseases/Metrics Questions

- CCDPH Communicable Disease Reporting Email: ccdph_schools@cookcountyhhs.org
- **CCDPH Website:** <https://cookcountypublichealth.org/>
- **CCDPH School Page:** [School Health - Cook County Department of Public Health \(cookcountypublichealth.org\)](https://cookcountypublichealth.org/school-health)
- **Asthma and Allergy Resources for Suburban Cook Schools**
 - Website Link: <https://cookcountypublichealth.org/school-asthma-allergy-resources/>
 - [School Request for Undesignated Medication Prescription and Standing Order](#)
- **CCDPH COVID-19 Vaccine Website:** vaccine.cookcountyil.gov



CCDPH Resources



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CCDPH Asthma and Allergy Resources for Suburban Cook Schools

- **Kelly is no longer the contact for Prescription Requests**
- **Overview:** CCDPH has updated our school request process for undesignated medication (epinephrine/asthma) prescription and standing orders to make it more efficient for school nurses.
- **What's New**
 - CCDPH webpage with additional resources: <https://cookcountypublichealth.org/school-asthma-allergy-resources/>
 - New online school request form: [School Request for Undesignated Medication Prescription and Standing Order](#)
 - Submit all questions to our NEW email address: CCDPHUndesignatedMedication@cookcountyhhs.org



Other Epi-Pen and Albuterol Resources

RESCUE

Resources for Every School Confronting
Unexpected Emergencies



RESCUE Illinois Schools is an asthma intervention program for schools administered by the Asthma and Allergy Foundation of America – Midstates Chapter through the generous support of the Illinois Department of Human Services

80 percent of schools are eligible for

- Metered Dose Inhalers
- Chambers
- Disposable Spacers
- Peak Flow Meters
- Other educational resources!

For more information, contact
Naomi Soto: nsoto@aafastl.org



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Naloxone Requests

Naloxone Requests through CCDPH

Denise Holman, MPH

Opioid Health Educator, Community Behavioral Health Unit

denise.holman@cookcountyhealth.org

Naloxone Request Form: <https://bit.ly/neednaloxone>



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CCDPH – Nursing

- Vision and Hearing Screening Program
 - As of September 2024, CCDPH has restarted the screening program for hearing and vision of preschool children ages 3-5 years old. The application is available on CCDPH's website at [Vision and Hearing Screening - Cook County Department of Public Health](#).
 - Our program conducts comprehensive vision and hearing screening for preschool children ages 3-5 years old within the suburban communities of Cook County in all public, private and parochial schools.
 - Screening services include the identification, testing, evaluation, and follow up services
 - Provide necessary referral services based on the evaluation results
- For any additional questions, please contact us at visionandhearing@cookcountyhealth.org



Other Vaccination Resources

- Mobile Care Chicago Vaccination Program
 - Kamari Thompson Chicago-kthompson@mobilecarefoundation.org
- Advocate Children's Hospital and Ronald McDonald Mobile Vaccine Program
 - Amy Moses amy.moses@aah.org
- Med ADVO-C Mobilized Healthcare Services
 - April McMurray-White aprilmcmwhite@medadvoc.com
- Loyola Medicine Pediatric Mobile Health Unit
- IDPH Wellness on Wheels Request Form
- Jewel-Osco School Clinics



Mental Health Resources



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EASILY ACCESSIBLE MENTAL HEALTH RESOURCES

SUBURBAN COOK COUNTY

Cook County Department of Public Health (CCDPH) has listed some easily accessible local and national mental health resources. CCDPH encourages all community members to take advantage of these resources for support.

MENTAL HEALTH HOTLINES

The following helplines provide free mental health services in Suburban Cook County or across the country and are available in English and Spanish:

988 Suicide and Crisis Lifeline

If you or someone you know is having thoughts of suicide or experiencing a mental health or substance use crisis, 988 provides a connection to free, confidential support.

- Call: 988. Press 2 to reach Spanish-speaking counseling
- Text: 988. Text "Ayuda" or chat online at 988lifeline.org
- Hours: 24/7

NAMI Chicago Helpline

Whether seeking help for yourself or for someone else the NAMI Helpline is a free and confidential resource that provides a listening ear, guidance and connection to the right mental health and social service resources, over the phone.

- Call: 833-NAMI-CHI (626-4244). Ask to speak with a Spanish speaking counselor
- Hours: Monday-Friday, 9AM-8PM, Saturday and Sunday 9AM-5PM

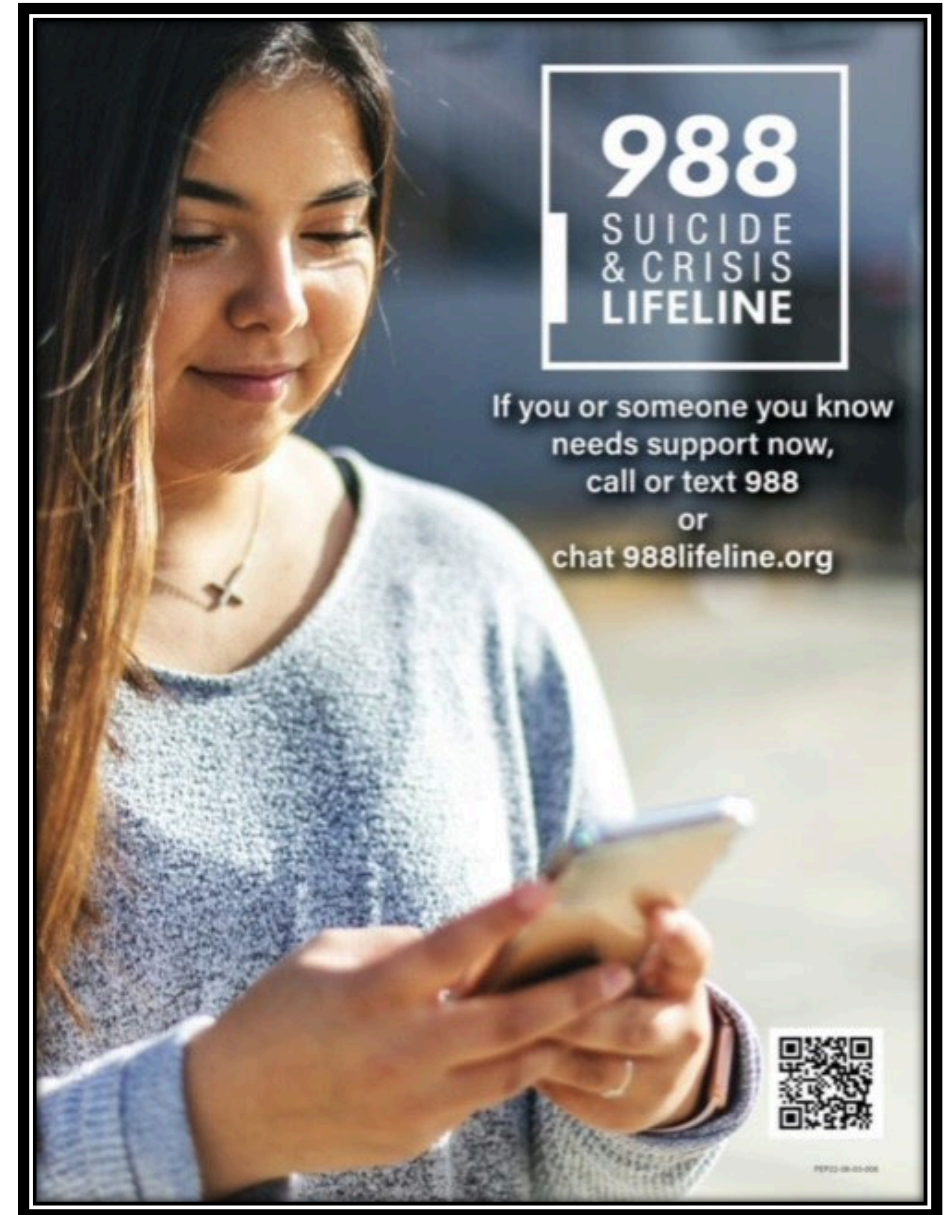
The Trevor Project

The Trevor Project is the leading suicide prevention and crisis intervention nonprofit organization for LGBTQ+ young people. They provide information & support to LGBTQ+ young people all year round.

- Text: For Spanish messaging text "Comenzar" by Whatsapp using the number 55-9225-3337 or use the chat feature on the website at trevorproject.org.
- Hours: 24/7



988 Suicide and Crisis Lifeline



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Help starts here

211 connects you to expert, caring help.
Every call is completely confidential.



Call 211 for help

Can't call us? [Find a local 211](#)



What are you looking for today?



Caregiver Resources



Mental Health



New to the U.S.?



Your Local 211





PROGRAM 590 MOBILE CRISIS RESPONSE

Program 590 Mobile Crisis Response provides:

- 24/7/365 rapid response to assess anyone within the community in need of mental health crisis treatment, regardless of payor status
- Offers community-based interventions and stabilization where the individual is located
- Determines at the time of crisis what level of care is most appropriate to keep the individual/community safe
- Access to ongoing case management, therapeutic interventions, psychiatric care and medication monitoring



ELIGIBILITY REQUIREMENTS:

- Children, Adolescents and Adults experiencing a Mental Health Crisis
- No Insurance Required

ACCESS SERVICES BY CALLING:

- 988
- CARES Line at 800-345-9049
- Metropolitan Family Services Crisis Line at 708-974-5850






WALK-INS ARE WELCOME AT ANY OF THE CENTERS LISTED BELOW:

Southwest Center
10537 South Roberts Road
Palos Hills, Illinois 60465

Merrionette Park
11560 S. Kedzie Ave., Suite 200
Merrionette Park, IL 60803

*families **m**powered to learn. to earn. to heal. to thrive.*

Main Office | 101 N. Wacker Drive, 17th Floor, Chicago, IL 60606 | 312-986-4000 | www.metrofamily.org   

Updated August 2023



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Cook County
North Suburban

CONNECTIONS SUPPORT GROUP

A safe and confidential space with
peers to talk about mental health.

- Thursdays from 6:00 – 7:30 PM
- In-Person at Turning Point (8324 Skokie Blvd, Skokie, IL 60077)
- FREE to attend



847-716-2252

www.namiccns.org



Cook County
North Suburban

FAMILY INSIGHT EVENINGS

FIRST GROUP ON MARCH 12

Open to adults who have participated in NAMI Family-to-Family or NAMI Family Support Groups

Led by our Family-to-Family teachers.



NO REGISTRATION REQUIRED

Group will meet on March 12, 2025, then will transition to be held on the first Wednesday of every month from 6:00 – 7:30 PM.

St. Joseph Catholic Church (1747 Lake Ave, Wilmette IL 60091) Community Room
(Parking is Available)



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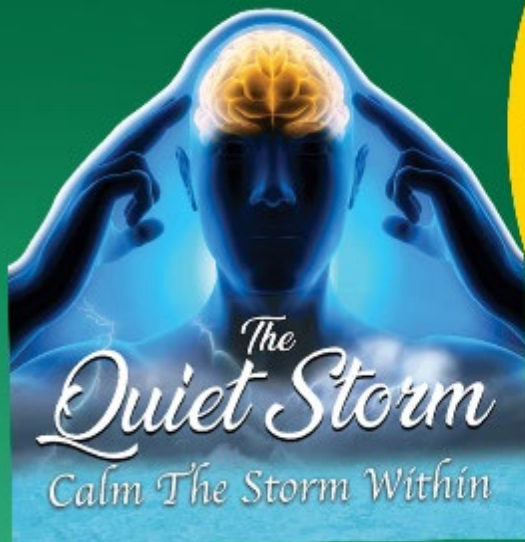
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<https://www.namiccns.org/.../family-to-family-of-adults/>

THE LINK & OPTION CENTER, INC.

THE QUIET STORM 24/7 CRISIS TRIAGE LIVING ROOM



**LET'S SIT AND TALK IT
THROUGH TOGETHER.**

IDHS FUNDED BY THE ILLINOIS DEPARTMENT OF HUMAN SERVICES



THE LINK & OPTION CENTER, INC.

THE QUIET STORM 24/7 CRISIS TRIAGE LIVING ROOM

...A Calming, Safe Space

The Living
Room Services
are Free of
Charge

What is The Living Room?

The Living Room is a safe place where You can relax and talk with a peer if you are experiencing life's emotional stresses.

Who can visit The Living Room?

Anyone who is 18 and over who is feeling scared, anxious, angry, sad, or lonely and just needs someone to talk to.

Where is The Living Room?

17577 S. Kedzie Ave , Suite 106
Hazel Crest, IL 60429

When can I visit The Living Room?

Open 7 days per week 24/7

Questions? We're here to help!



Crisis Hotline: 800-261-8905

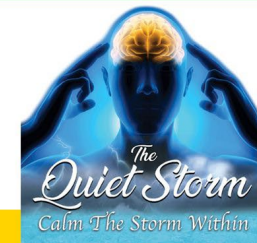


Link-option.com

Office Contact: 708-991-2513



: quietstormlivingroom



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Adult Mental Health First Aid Training



The flyer is a promotional graphic for Adult Mental Health First Aid (MHFA) training. It features a central photograph of a young person with dark hair, wearing an orange sweater, sitting on a couch and looking down with a somber expression. The background is divided into geometric shapes: a light green triangle at the top left, a dark green triangle at the top right, and a large yellow curved shape at the bottom left. The Rincon Family Services logo is at the top left. The title 'ADULT MENTAL HEALTH FIRST AID (MHFA)' is in large green letters, with 'FREE Training & Certification' below it. A green box in the top right corner states 'Adult MHFA can be provided in person or virtual'. A list of target audiences and topics covered is on the left. A QR code with the text 'Interested?' and 'SCAN ME' is on the right. Contact information for Kimberly Skoczelas is at the bottom right.

RINCON
FAMILY SERVICES

ADULT MENTAL HEALTH FIRST AID (MHFA)
FREE Training & Certification

Adult MHFA can be provided in person or virtual

Adult MHFA is for:
-Employers -First Responders
-Hospital Staff -Caregivers
ANYONE!

Adult MHFA Covers:
-Common signs and symptoms of Mental Health challenges
-Common signs and symptoms of substance use challenges.
-How to interact with a person in crisis.
-How to connect a person with help.
-Expanded content on trauma, substance use and self-care

Requirements:
-Anyone 18+ is eligible to register for the sessions.

Ways to Participate:
In-person or virtual
Provided in English and Spanish
(Spanish is in person only)

Interested?

SCAN ME

Contact us!
Kimberly Skoczelas
(773) 564-9070
Community.education@rinconfamilyservices.org
www.rinconfamilyservices.org

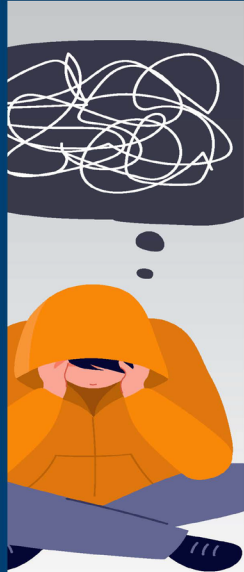


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Mental Health Services for Youth



Sertoma Centre Community Mental Health and Counseling

Mental Health Services for Youth

Individual Counseling | Family Counseling | Group Therapy | Psychosocial Education

Sertoma Centre is an experienced provider of mental health services in the South Suburbs that can help youth in your community get the support they need.

Sertoma's programs offer support, resources, and individualized care tailored to each individual and their family. We blend therapy, education, and research to address specific needs and inspire leadership in their own journey.

We offer counseling and support services to youth experiencing:

- ADHD
- Anxiety
- Bullying
- Conduct disorders/ODD
- Depression
- Eating Disorders
- Emotional or Behavioral concerns
- Mood Disorders
- Self Esteem/Identity Difficulties
- Substance use
- Suicide prevention
- Transition Difficulties
- Other Mental Health Diagnoses

*Child must be 5 years or older to qualify


If someone you know is affected by mental illness, find help by calling:

708-748-1951 ext. 455

We are a proud Medicaid provider and accept traditional Medicaid as well as Managed Care Plans such as:

- Aetna
- Blue Cross and Blue Shield
- Illini Care
- Meridian
- County Care
- Molina
- Beacon

Call to ask about other insurance!
Appointments offered from 8:00am-6:00pm

 **Sertoma Centre, Inc.** | Community Mental Health and Counseling
4331 W. Lincoln Highway, Matteson, IL 60443

For more information
708-748-1951
sertomacentre.org/cmhc





WHO NEEDS TO KNOW MENTAL HEALTH FIRST AID

- Employers.
- Police officers.
- Hospital staff.
- First responders.
- Caring individuals.

WHY MENTAL HEALTH FIRST AID?

Mental Health First Aid (MHFA) teaches you how to identify, understand and respond to signs of mental health and substance use challenges among adults.

On average,
130
people die by
suicide every day.

*Source: American Foundation
for Suicide Prevention*

From 1999 to 2019,
841,000
people died from
drug overdoses.

*Source: Centers for Disease
Control and Prevention*

Nearly
1 IN 5
in the U.S. lives
with a mental illness.

*Source: National Institute
of Mental Health*

Sources

American Foundation for Suicide Prevention. (n.d.). Suicide statistics. <https://afsp.org/suicide-statistics/>

Centers for Disease Control and Prevention. (n.d.). Drug overdose deaths. <https://www.cdc.gov/drugoverdose/deaths/index.html>

National Institute of Mental Health (NIMH). (n.d.). Mental illness. <https://www.nimh.nih.gov/health/statistics/mental-illness>

REGISTER TODAY!

Delivery Format:

NAMI SSC and Sertoma Star Services are cosponsoring an in-person Adult MHFA Training

Date and Time:

Wednesday February 26th from 8:30am - 4:30pm

Location:

15350 Oak Park Avenue, Oak Forest, IL 60452

Where to Register:

Email: Lisa Guardiola at lguardiola@sertomastar.org

or call 1-708-748-1951 ext. 405

The course will teach you how to apply the MHFA Action Plan (ALGEE):

- **A**ssess for risk of suicide or harm.
- **L**isten nonjudgmentally.
- **G**ive reassurance and information.
- **E**ncourage appropriate professional help.
- **E**ncourage self-help and other support strategies.



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Community Resources



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YOUTH REQUIREMENTS:

- Must be at least 16 years of age and no older than 22 years of age by June 13, 2025
- Must be available to start on June 20, 2025
- Applications are accepted from February–March
- Interest in learning about nature
- Open to trying new things
- Ability to perform physically demanding work outdoors in all weather conditions
- Willing to work as part of a team
- Must be available to work a flexible schedule, including weekends
- Must be willing to travel to different locations throughout the county and provide own means of transportation

PROGRAM SNAPSHOT:

- 10 week program from June to August
- Up to 40 hours per week/ \$16.11 per hour
- Conservation & work readiness skills
- Worksites vary throughout the county in indoor and outdoor settings
- Assist with programs at nature centers, school visits, outdoor events, and administrative work

Youth Outdoor Ambassador Paid Internship

Join the team! The YOA internship program is an offering at the Forest Preserves of Cook County (FPCC) that strives to address how teens and other young people become the next generation of advocates, stewards and conservationists of the environment and the Preserves' important natural areas.

The Forest Preserves is looking to engage youth in a county-wide program that exposes them to the operations of the Department of Conservation and Experiential Programming (CEP). Interns will assist all CEP staff and could work in all/any CEP locations including, but not limited to, general office, nature centers, campgrounds. Interns will provide support in a variety of administrative tasks, assignments, programs and operational functions, and will perform other duties as required or assigned.

Questions about the position should be directed to the Human Resources Department, at 708.771.1561.

Applications are accepted from February–March
Learn more: fpdcc.com/about/jobs



Next Generation
 Youth Outdoor Ambassadors



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YOUTH VIOLENCE PREVENTION COUNCIL

The YVPC's vision is to create opportunities for Youth ages 8 - 18 and 19 - 28 (2nd Tier) to engage in civic duties and positive activities centered around violence prevention with an emphasis on firearm violence prevention through various means with creative arts being a key component for messaging.

Includes Youth Violence Prevention Initiatives, Civic Engagement, and Public Speaking:

1. Prevention Programs - SAYF groups for the entire family.
2. Response Activities - Civic Involvement and Community Engagement
3. Intervention Services - Referrals & Resources with Partners (Youth making the connections on behalf of other Youth)
4. Messaging through Creative Arts
5. Social Skills Training & Mentoring (Collaboration with Partners)

CREATIVE ARTS PROGRAM:
 Communicating the Message of Mitigating Gun Violence with the Arts: Acting, Public Speaking, Dance, Poetry, Musical Instruments & More!

JOIN US!








SIGN UP:

☎ 708-252-DOIT ✉ info@trykci.org 📍 **The Empowerment Center**
 202 Forest Blvd.
 Park Forest, IL 60466



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Action Camp 2025
Monday, July 27th to
Friday, August 1st
Applications Go Live April 1st



<https://www.ysgn.org/action-camp/>



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PRNN

SCHOLARSHIP 2025

Now Accepting Applications

Empowering Futures Through Education:

The Park Forest Richton Park Neighborhood

Network (PRNN) is thrilled to announce the

PRNN Scholarship, designed to help ambitious

individuals like you achieve your academic goals!



SCHOLARSHIP DETAILS:



Open to 2025 High School Graduating Seniors / GED Recipients



Up to \$3000 in financial assistance



Must be a resident of Park Forest or Richton Park



Deadline to Apply:

May 25, 2025



Pick up applications at:

208 Forest Blvd, Park Forest, IL 60466

Monday - Thursday | 9 AM - 4 PM



All levels of academic standings are encouraged to apply.

QUESTIONS?



708-283-502
0 Extension
106

SCAN
ME!



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YOUTH4WARD

A Positive Youth Development Program

About Our Program

WHO WE ARE

-A program that supports the health and well-being of adolescents 12-17.

WHAT WE DO

-Help youth build resilience and foster coping skills that are positive and sustainable.

-Engage and empower vulnerable youth to ultimately reduce mental health inequities.

WHAT YOUTH WILL RECEIVE

-Self management tools to deal with trauma, anxiety, and depression.

-Health maintenance support.

-Educational workshops

-Case management and linkages to additional resources and support



A holistic, integrated approach is the foundation to address youth development and health care.

Serving South Suburban Cook County

Reach out today to see how the youth in your life can participate in our program

Contact: Kelly Werner
kwerner@auntmarthas.org or
Bob Clasby
rclasby@auntmarthas.org

2025 CSBG SCHOLARSHIP PROGRAM

Take the next step in achieving your
educational dreams—reach out today!

Up to
\$5,000
in awards

Bridging the Gap to Higher Education

Higher education is a powerful tool for breaking the cycle of poverty and unlocking a brighter future. However, for many low-income residents of suburban Cook County, the rising cost of tuition makes pursuing a degree seem impossible. Balancing educational aspirations with the financial realities of supporting a family leaves many students unable to access the opportunities they need to succeed.

The CEDA Scholarship Program is here to change that. With financial awards of up to \$5,000 per student, this program helps low-income individuals achieve their academic goals without the burden of excessive debt. Designed for students attending accredited colleges and universities in Illinois, this scholarship empowers recipients to focus on their studies and build a foundation for long-term success.

Program Benefits

- **Substantial Financial Support:** Awards of up to \$5,000 per recipient to help cover tuition and fees for the fall 2025 term.
- **Focused Assistance:** Available exclusively for students attending accredited Illinois colleges and universities.
- **Targeted Equity:** Prioritizing underrepresented groups and non-traditional students, including working adults.
- **Empowered Futures:** Removing financial barriers to allow students to focus on academic and career success.

Our program provides financial support for students pursuing higher education, allowing them to stay engaged in learning and personal growth without the weight of financial obstacles.

How to Apply

The application process for the 2025 CSBG Scholarship Program will begin on April 11, 2025. Applications and detailed instructions will be available online at cedaorg.net and must be submitted by June 20, 2025, at 5:00 PM.

Contact Us Today

For questions or assistance with the CSBG Scholarship application, call our Education & Training Helpline at (312) 259-4237 or email csbgscholarship@cedaorg.net.

www.cedaorg.net



This program proudly
serves residents of
suburban Cook County.



Youth4ward Presents:

Youth Action Board

A chance for YOUR voice to be heard.

Our Youth Action Board is a program seeking passionate **teens age 13-18** wanting to **make a difference** in our community.

Through this program you will **learn leadership** skills, **connect** with peers, and have the opportunity to **receive a gift card** and participate in fun and engaging activities.

For more information or questions, please contact Bob Clasby at rclasby@auntmarthas.org or text 708-466-2926

APPLY NOW, to save your spot for upcoming events!!!

Scan the QR code to complete the application.



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Empowering students through education

In recognition of the vital role tutoring plays in student success, Varsity Tutors is committed to providing accessible and high-quality educational support to students across Illinois. Through its online **NO-COST Platform Access**, Varsity Tutors offers a wealth of resources, expert tutors, and personalized instruction designed to meet each student's unique needs.

How Schools Can Benefit

Illinois schools can leverage Varsity Tutors' **NO-COST Platform Access until 6/30/2030** to enrich their educational offerings and support their student's academic journey. By registering for these services through Keven Brown, **Director of Educational Partnerships**, schools can unlock a wealth of resources that will not only enhance academic performance but also promote positive mental health among students.

Contact keven.brown@varsitytutors.com for a list of eligible School Districts



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Community Events



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SATURDAY

31 MAY, 2025

10:00 AM – 2:00 PM

4445 Sauk Trail,
Richton Park, IL 60471



100 Bags of Fresh &
Healthy Fruits &
Vegetables for Families &
Individuals in Need

**Interested
Vendors**



Over 50 Health & Wellness
vendors with products,
services, and resources
just for you!



Contact us
708.283.5020



PARK FOREST RICHTON PARK
NEIGHBORHOOD NETWORK

HEALTH AND WELLNESS TEAM

PRESENTS

HELP, HEALING AND HOPE FOR OUR COMMUNITY

RESOURCE FAIR



Because Your Health & Wellness Matter!

FREE to the Public! ✓

FREE Resources! ✓

Product Giveaways & Raffles
Every Half Hour! ✓

Door Prizes! ✓

For More Information
parkforestrichtonparknn.org



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**SAVE
THE
DATE**



**AUG
2ND
2025**

- **FREE BACKPACKS (WITH SCHOOL SUPPLIES)**
- **COMMUNITY AND BUSINESS RESOURCES FOR THE FAMILY**
- **EDUCATION AND MENTAL HEALTH WORKSHOPS**
- **SOCCER AND OTHER FUN ACTIVITIES FOR THE KIDS**

please come out and join us, this should be a great day!
register now at www.youtheducationdevelopment.com



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MOTHER TERESA CATHOLIC ACADEMY (MIDDLE SCHOOL)
24201 KINGS RD, CRETE, IL 60417



Park Forest Richton Park
Neighborhood Network
Presents...

Safe Summer Programs



Registration Link



Choose from:

Whisk Away Stress: Youth Baking for Relaxation (Ages: 8-12)

This program combines the basics of cooking with Social-Emotional Learning to promote well-being through baking.

Compudot - Pathways (Ages: 16-20)

Participants will explore a variety of careers in the technology field while gaining digital and technical workforce skills. First-time participants will receive a refurbished laptop upon successful completion of the program.

SWING, HIT & ACE (Ages: 5-14)

This entry-level tennis program is designed for players with little to no experience.

Youth Soccer Camp (Grades: 5th-8th)

This outdoor program teaches soccer fundamentals to participants of all skill levels.

Note: Please complete a separate registration form for each child you wish to enroll.

More Information 708-283-5020 ext. 106 or 121 prnnresourceroom@gmail.com



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Vendors and exhibitors welcome!

Call 708-333-3370 or email:
monica@restorationministries.net

SAFE SUMMER COMMUNITY EVENT

Hot food available
for purchase
from local vendors!

**a family fun day
& resource fair**

**GLORIA J TAYLOR PARK
14821 BROADWAY AVE. HARVEY, IL 11AM-3PM**

SATURDAY MAY 24TH

**DELICIOUS FOOD OPTIONS • LIVE PERFORMANCES
INFLATABLE FUN ZONE • RESOURCE FAIR • GIVEAWAYS
PRIZE CONTEST • AND MORE!**

FREE ENTRY

**FIRST 100 HARVEY RESIDENTS EAT FREE
WITH PROOF OF RESIDENCY!**



DON'T MISS OUT!! FOLLOW US ON SOCIAL MEDIA FOR ALL UPDATES: @HARVEYNEIGHBORHOODNETWORK



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Allied Health Explorers Summer Camp at South Suburban College



Current 4th and 5th grade students are invited to explore the exciting fields of emergency medicine, ultrasound, occupational therapy, and more! This free event will take place on Thursday, June 12 from 9:00 a.m. to 3:00 p.m. Space is limited, and first come first served. For more information: [Events for May 2025 | South Suburban College](#)



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HEALTHCARE CAREER CAMP

WITH FRANCISCAN HEALTH

Interested in a career in healthcare but not sure where to start? Franciscan Health offers its 2025 Healthcare Career Camp for youth ages 16-18.

When and Where is Camp?

Location: Franciscan Health Olympia Fields Hospital Campus

Time: 9:00AM - 2:30PM CST

PARTICIPANTS ONLY ATTEND ONE WEEK

Camp Week 1: Orientation: June 20
Camp: June 24-27

Camp Week 2: Orientation: July 21
Camp: July 22-25

I'm Interested! What Will I Do?

Learn about different healthcare career options by,

- Participating in career education & hands-on activities
- Participating in department observation opportunities
- Networking with Franciscan staff and administration
- Meeting peers with similar interests
- And earning money the whole time!

Questions?

Email: Emma.Goldenstern@franciscanalliance.org
Allow 48 business hours for a response.



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Do I Qualify to Apply?

Scan this QR code for more information and to apply.
Applications are due April 30, 2025.




Franciscan HEALTH
Olympia Fields



**GREATER
CHICAGO
- FOOD -
DEPOSITORY.**

The Hills Market Food Pantry is Open!

 **Location:**

3015 W. 163rd Street, Markham, IL 60428

(Annex building in the rear, DOOR #12)

Regular Hours of Operation:

- Wednesdays: 11:00 AM – 1:00 PM
- Thursdays: 4:00 PM – 6:00 PM

Service Boundaries:

- North: 154th Street
- South: 182nd Street
- West: Cicero Avenue
- East: Western Avenue

Town Zip Codes Served:

60428, 60429, 60452, 60478

Must be 18 years or older.

We look forward to serving our community with nutritious food and support!



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**GREATER
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- FOOD -
DEPOSITORY.**

Supper & Snack Program

Delicious, healthy suppers and snacks for kids
Served daily Monday through Friday 2 - 4:30 PM



**CHICAGO
HEIGHTS
PUBLIC
LIBRARY**



**GOURMET
GORILLA**



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Introduction of Community Immunization Manager

Candace Nicks

Manager, Community Immunization Program

candace.nicks@cookcountyhealth.org

(708) 243-3812 cellular



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Chronic Disease Update



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Safe Routes to School (SRTS) 2020 Grant Preparation: “Creating Action Plans & Building Stronger Programs

CCDPH, School Health Meeting
Friday May 16, 2025



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Background: Safe Routes to School

- Safe Routes to School (SRTS) grant program aims to make it safer and easier for students to walk and bike to school . In Illinois SRTS is administered and managed by the Illinois Department of Transportation (IDOT).
- Funding Source
 - Transportation Alternatives Program (TAP)
 - Highway Safety Improvement Program (HSIP)
- Funding Cycle
 - Call for proposals open August 1 through early October 2025
 - \$12 million in funding available
 - 100% funded (no match dollars required)



Why Safe Routes to School

Facts About Walking and Biking To School

- In 1969, nearly 50% of all children walked or bicycled to school.
- Today, just about 13% walk or bike.

Facts About SRTS: What It Works

- SRTS programs lead to 35% to 45% increase in walking and bicycling to school.
- SRTS programs results in a 45% to 75% decrease in pedestrian injuries near schools.
- Kids who walk and bike are more physically active.



Benefits to Safe Routes to School

Community
Connectedness

Climate Benefits
and Cleaner Air

Better Academic
Performance

Traffic Safety

Safety from Crime

School
Transportation Fixes

Cost Savings

Healthier Students



ISPAN – Upcoming SRTS Webinar Series

Webinar series – save the dates!

- **Part 1: Safe Routes to School Grant Guidelines & Overview**
Wednesday, July 16 | 11:00 AM – 1:00 PM
Register here - [Zoom Registration Link](#)
- **Part 2: Application Walk-Through + Q&A with IDOT Staff**
Wednesday, August 20 | 11:00 AM – 1:00 PM
Register here - [Zoom Registration Link](#)
- **Part 3: Live Q&A with IDOT Staff**
Wednesday, September 17 | 11:00 AM – 1:00 PM
Register here - [Zoom Registration Link](#)



Webinar Resources

4/29 SRTS Action Plan Webinar

[Recording](#)

Copy of Side Presentation: [OneDrive](#)

Please note a SRTS Action Plan is not required for the SRTS grant but it will help enhance your application.

SRTS Resources:

- [IDOT's SRTS Webpage](#)
- IDOT's [Special Assistance Program Conference](#) information for 1-on-1 SRTS support
- [ATA SRTS Grant Resources](#) (Including FAQ about the grant)
 - Forms to apply for SRTS application support from ATA (Active Transportation Alliance)



Webinar Resources

Programming resources:

- Safe Routes Partnership: www.saferoutespartnership.org
 - [Building Blocks Toolkit](#) (includes link to Action Plan Matrix template)
- National Center for SRTS: <https://www.saferoutesinfo.org/>
- Bike/pedestrian lesson plans: activetrans.org/resources/education
- Bike Bus Training video from Chicago Family Biking: [Bike to School — Chicago Family Biking](#)
- [SRTS Communications Toolkit](#) (includes English and Spanish templates)
- [CDC's School Health Index](#)
- Poster example for SRTS program voting: [5 CS Skokie District 73 Activity Posters](#)



Thank You



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Communicable Diseases Update: Measles & Summer Illnesses

May 2025



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Measles Update + Illinois

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**CDPH**

**IDPH**
ILLINOIS DEPARTMENT OF PUBLIC HEALTH
PROTECTING HEALTH. IMPROVING LIVES.

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CHICAGO SUN-TIMES

News • Sports • Politics • Commentary • Life & Culture • Obituaries • More • Q Search

HEALTH NEWS CHICAGO

Cook County reports first 2 measles cases of 2025

One case was detected in a Chicago resident who recently traveled through O'Hare Airport. The other case reported in a suburban Cook County resident who went to a hospital Monday. Both have been isolated since diagnosis.

By Kade Heather | Apr 30, 2025, 5:37pm CDT



LATEST STORIES
Gelco sets up Chic Merchandise Mart
Illinois Supreme Ct about pre-trial rele as he awaits trial
Dems won't be true mistakes, shroudin
Time to hit the brai



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Summertime + Communicable Disease Illnesses



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Hand Foot & Mouth



Occurrence

- Worldwide
- Sporadic cases or epidemics
- Schools – Childcare centers
- Increased incidence in summer and early fall
- Usually in children aged <10 years

Transmission

- Moderately contagious
- Person-to-person spread by **direct contact** with:
 - Mouth or respiratory secretions (such as saliva on hands or toys)
 - Aerosol droplets
 - Feces
- Not transmitted to or from animals

[About Hand, Foot, and Mouth Disease](#) | [Hand, Foot, and Mouth Disease \(HFMD\)](#) | [CDC](#)



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Hand Foot & Mouth + Control and Prevention

Exclude children from childcare or school if there is a fever OR ulcers in the mouth and the child is drooling

Frequent hand washing, especially after going to the bathroom or changing diapers

Cover mouth and nose when coughing or sneezing

Wash toys and other contaminated surfaces



[About Hand, Foot, and Mouth Disease](#) | [Hand, Foot, and Mouth Disease \(HFMD\)](#) | [CDC](#)



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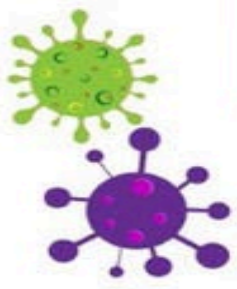
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Gastroenteritis

- Acute gastroenteritis is a sudden occurrence of multiple cases of vomiting (at least one time within 24 hours) and diarrhea (3 or more loose stools) amongst individuals at a school or early childcare facility.
- Acute Gastroenteritis refers to a syndrome and not a specific disease-causing agent. Viruses tend to be the most common causes of gastro-intestinal illness in schools and early childcare settings, but bacteria and parasites can also cause diarrhea and vomiting.
- Washing your hands often with soap and running water and [taking other hygiene measures](#) can help protect you and your loved ones from infection.

Report to Cook County Health Department: Groups of 4 or more cases within a cohort within a 24-hour period should be reported illness





RABIES

Symptoms



Treatment



Beware



Sort Out



Source



Rabies Exposure + Prevention



- Do not feed, touch or adopt wild animals or stray dogs or cats
- Do not allow pets to roam free
- Do not attract wild animals to your home or yard. Store bird seed or other animal feed in containers with tight-fitting lids. Feed pets indoors. Make sure garbage cans are tightly capped. Board up any openings to your attic, basement, porch or garage. Cap chimneys with screens
- Encourage children to immediately tell an adult if they are bitten or scratched by an animal. Teach children not to approach or to touch any animal they do not know
- Report all animal bites to the local animal control



Resources

[Measles Guidance for Schools](#)

<https://www.cdc.gov/clean-hands/about/index.html>

<https://www.cdc.gov/hand-foot-mouth/about/#:~:text=Hand%20Hygiene%20in%20Healthcare%20Settings>

[About Hand, Foot, and Mouth Disease | Hand, Foot, and Mouth Disease \(HFMD\) | CDC](#)

[Preventing Spread of Infections in K-12 Schools | CDC](#)

[Preventing Norovirus at Youth Camps | Norovirus | CDC](#)

*Enjoy
your
summer*



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Email Us: ccdph_schools@cookcountyhhs.org



Public Health Institute of Metro Chicago



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The Alliance

Julio Flores
CCDPH School Health Meeting
05/16/2025

About PHIMC

Public Health Institute of Metropolitan Chicago (PHIMC) advances health justice and strengthens public health through innovation and partnerships that align people, strategies, and resources.



How PHIMC Works

PHIMC leads efforts to advance health justice and strengthen public health in Illinois through:

- Organizational Development
- Systems Transformation
- Fiscal Management
- Program Implementation

The Alliance

Aims to promote safety, support and healthy development for lesbian, gay, bisexual, transgender, and questioning (LGBTQ+) youth, in Illinois schools and communities, through advocacy, education, youth organizing and research



Alliance Values

Trauma Informed

We assume everyone comes with a wide range of experiences which may impact how they receive information or engage with others and the space.

Body Positive

We believe that all bodies are valid and that gender expression is limitless and not tied to having a certain kind of body.

Anti-Oppressive

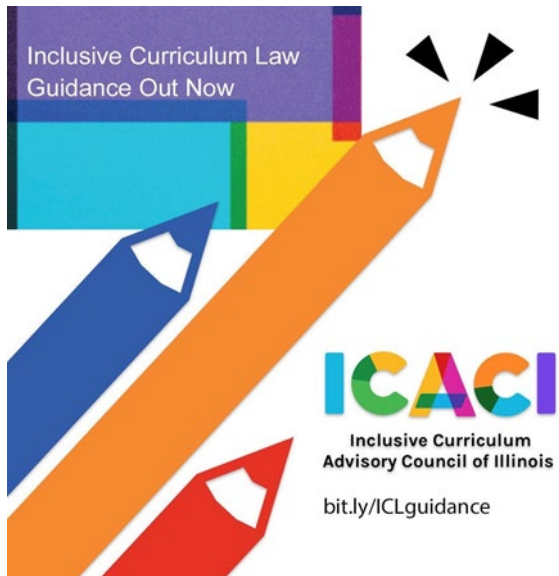
We acknowledge power & privilege and how they play out. We listen to, center, and empower individuals, who, due to oppression, often lack access to choice.

Non-Punitive

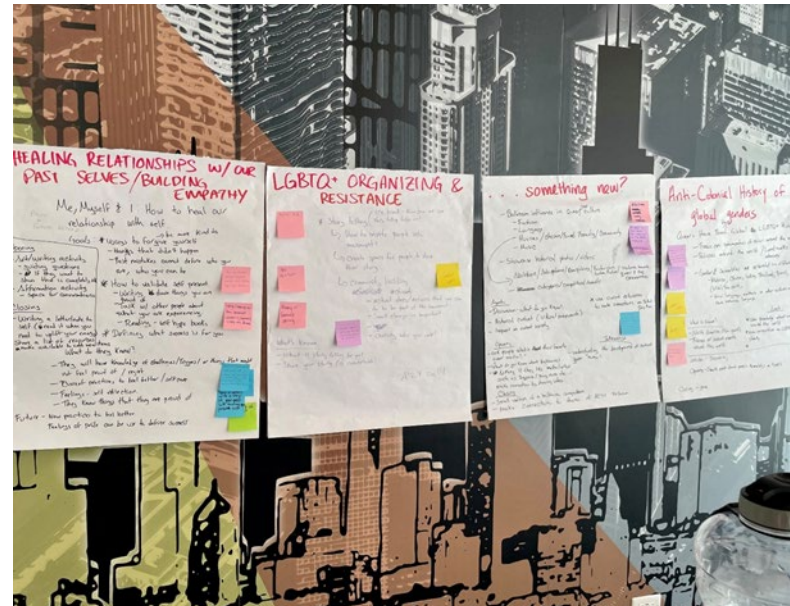
We create opportunities to be clear about expectations and boundaries up front, and, when expectations aren't met, we try to find out why and convey the impact it had on others.

The Alliance

Policy & Advocacy



Professional Development



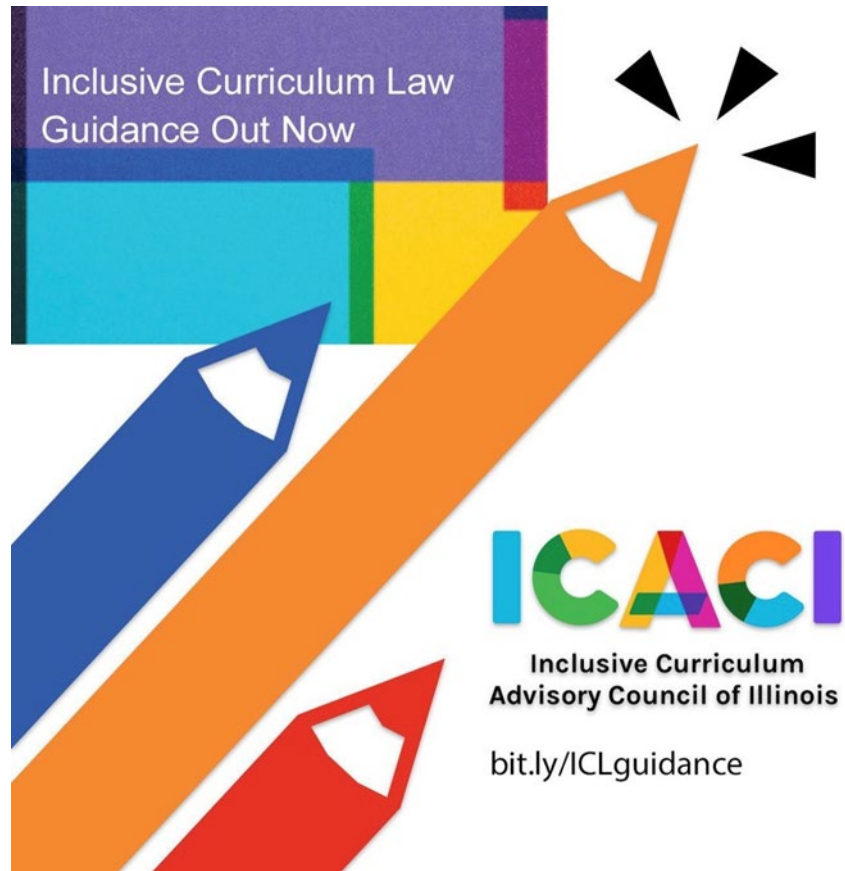
Youth Organizing



Advocacy work



Advocacy work



Illinois State Board of Education

Non-Regulatory Guidance

SUPPORTING TRANSGENDER, NONBINARY AND GENDER NONCONFORMING STUDENTS

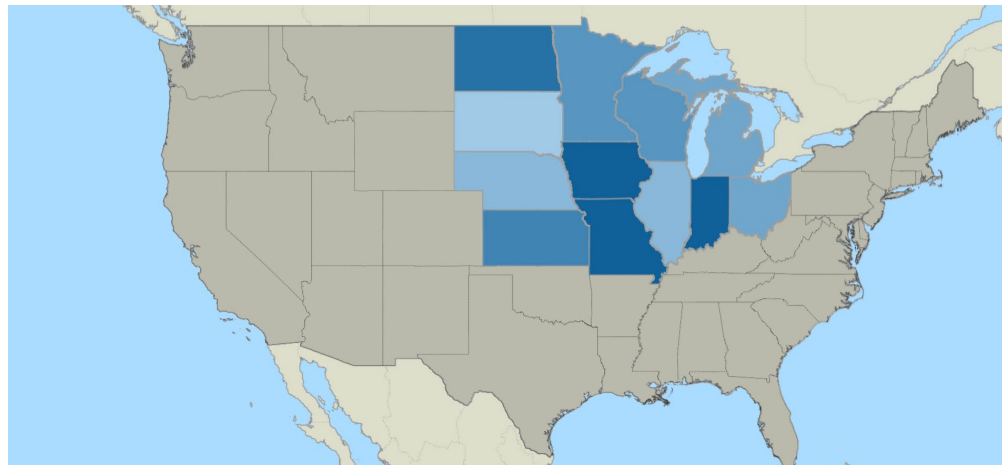
March 1, 2020

Professional Development offerings

- Creating Learning Affirming Environments
- Supporting Transgender and Gender Expansive Students
- Implementing the Illinois Inclusive Curriculum Law
- Legal Rights of LGBTQ+ Youth

LGBTQ+ Midwest Network

- To create space for those who work with LGBTQ+ youth throughout the Midwest to support one another and collectively fight back against anti-LGBTQ+ policy and rhetoric we see in our communities*



Genders and Sexualities Alliances

- Genders & Sexualities Alliances are some of the first spaces LGBTQ+ youth find support, acceptance, and, in many cases, an entry to activism in shifting the climate and culture of their school and home communities.

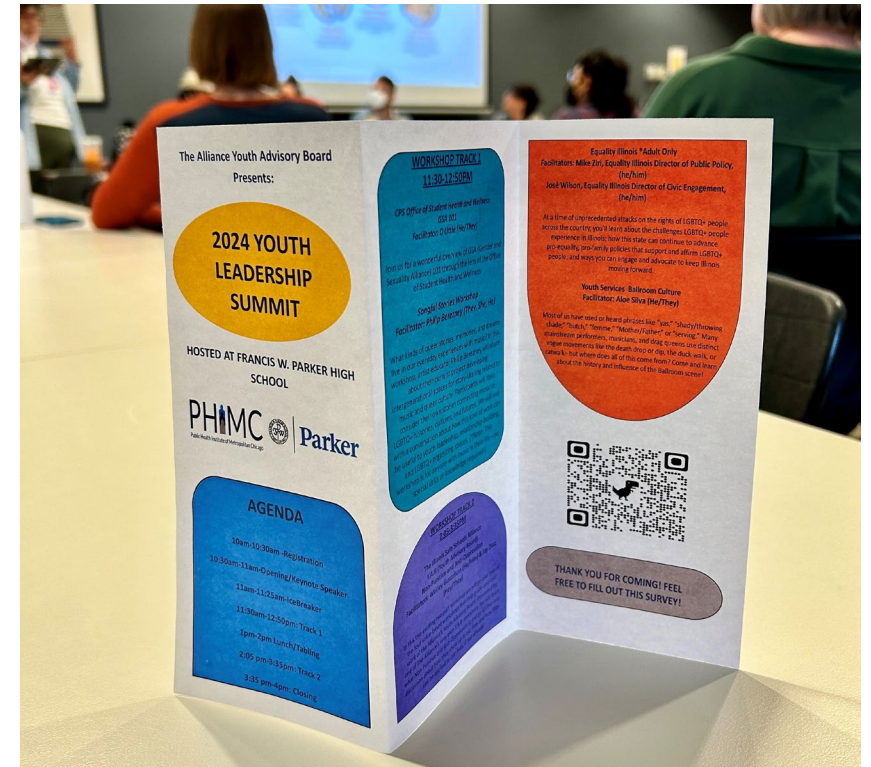


Youth Advisory Board



Youth Leadership Summit

- Each January focusing on support and technical assistance for Gender and Sexuality Alliances (GSAs), including GSA Day for Racial Justice organizing strategies, and Day of (No) Silence preparation.
- The Summits are opportunities for youth leaders and GSA advisors/sponsors to come together from across Illinois to organize, network, learn, and develop leadership skills within the movement for safer schools for LGBTQ+ identities. Input some key accomplishments from your project



Action Camp

- Action Camp is a space often described as “magical” where youth are able to see their identities reflected back at them, sharpen their critical lens, strengthen their own anti-oppressive frameworks, and actively skill-share and practice what it means to create spaces in the world where all identities are safe, supported, affirmed, and celebrated.

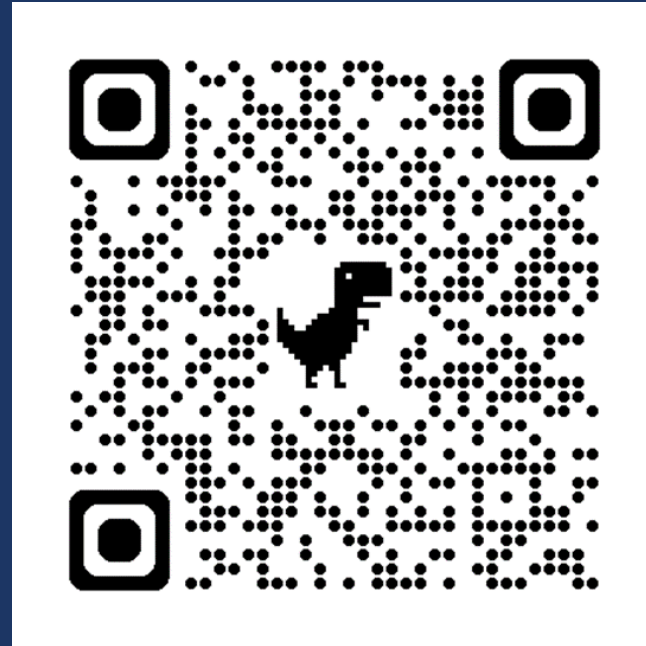


Join PHIMC

- Identify opportunities for expanded collaboration
- Participate in PHIMC trainings and convenings
- Visit our website www.phimc.org to see more from our programs
- Email info@phimc.org to join our listserv

Questions?

www.phimc.org



Julio Flores
Julio.flores@phimc.org

Cook County Internet Crimes Against Children Taskforce



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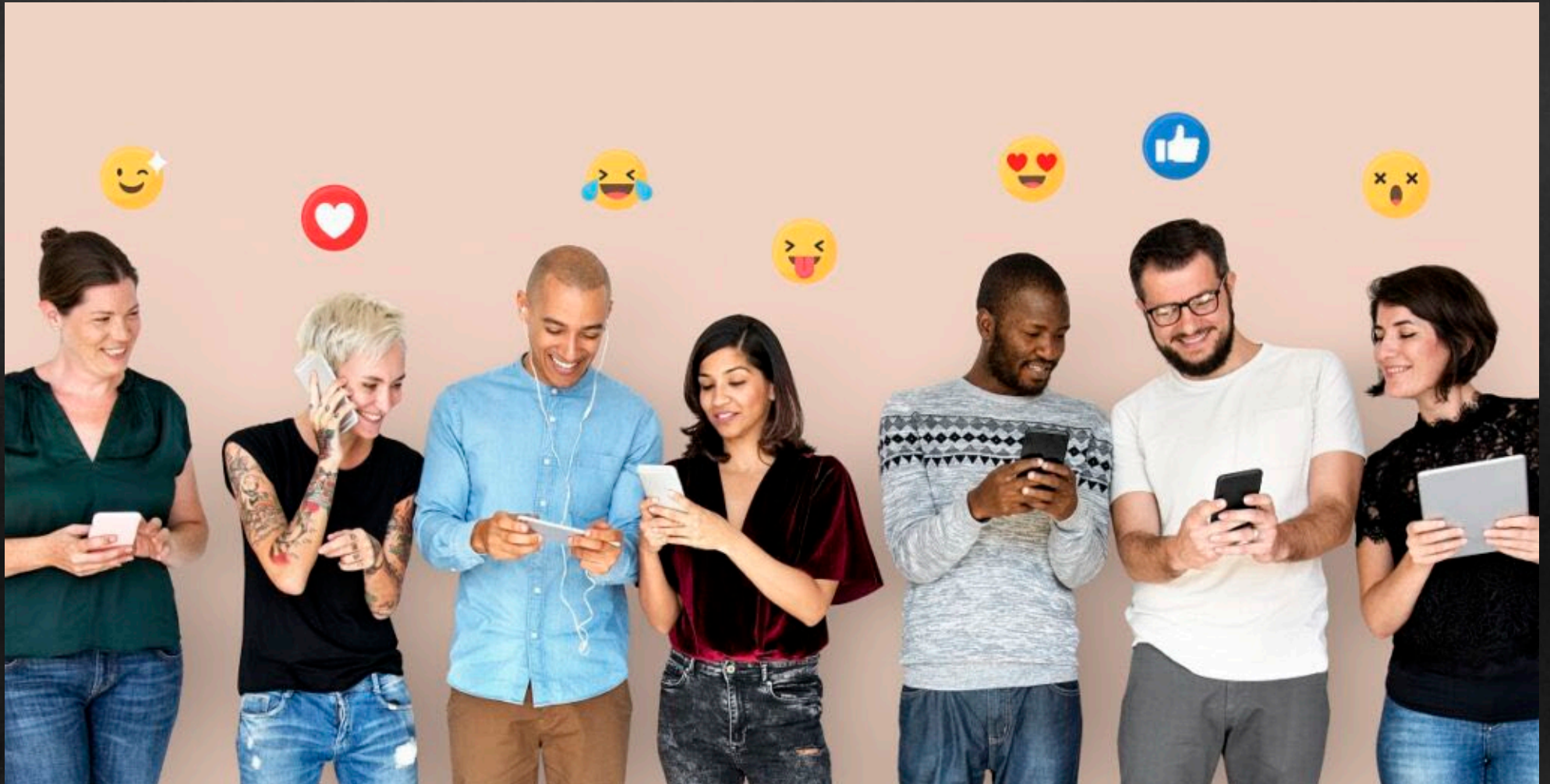


ONLINE SAFETY

**Cook County
Internet Crimes Against Children
Task Force**



The Internet is Good!





Studies

“Teens, Social Media & Technology 2022” *The Pew Research Center*

- One out of two teens reports being online "almost constantly."
- The study found that another 97% say they go online at least once a day.
- The time teens spend online has gone up significantly since Pew's 2014-2015 study. Back then, only 24% of teens reported being online constantly.
- TikTok has established itself as one of the top online platforms for U.S. teens, while the share of teens who use Facebook has fallen sharply.

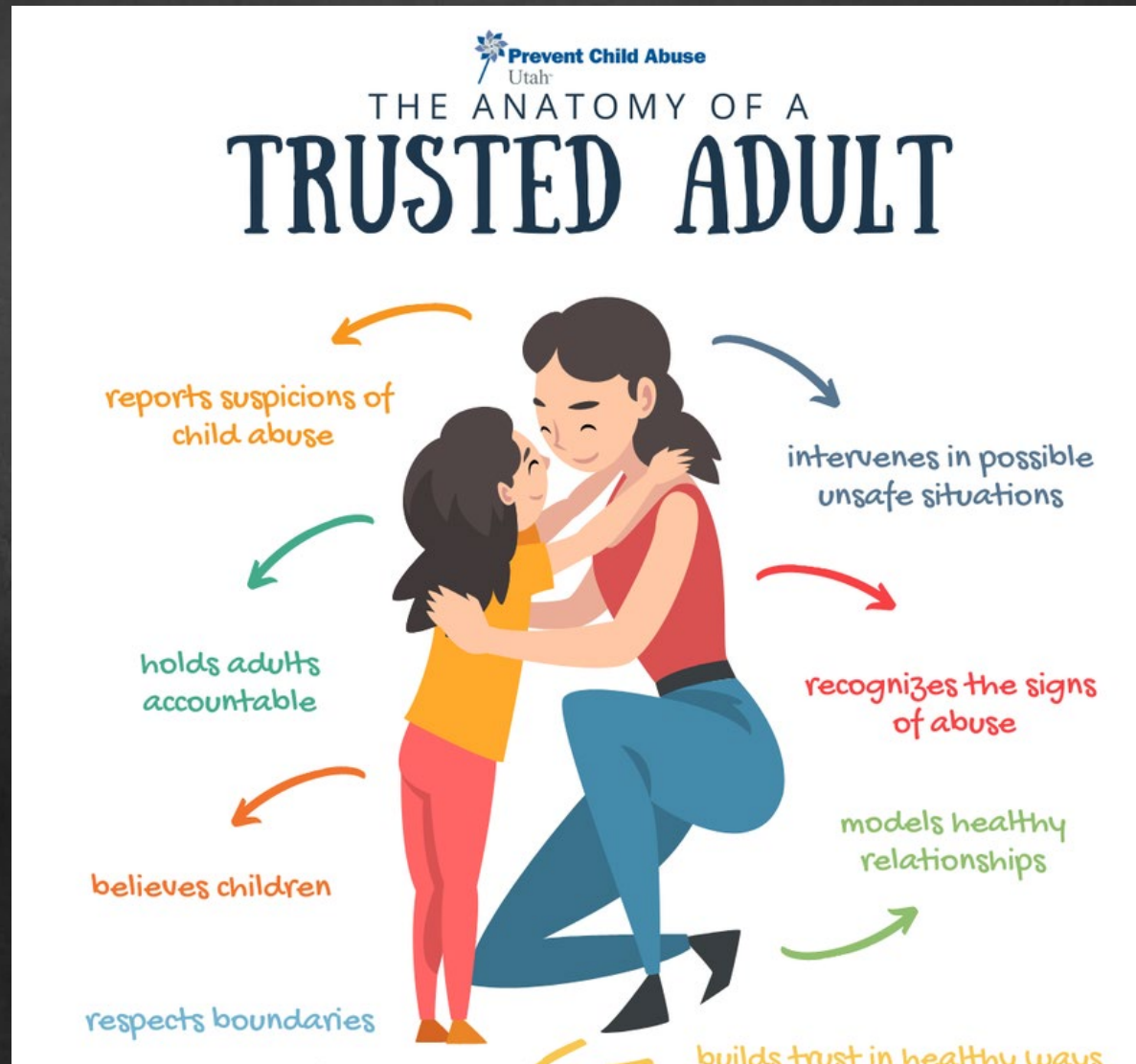


Purpose





Become a trusted adult!





Common Questions

- When should I give my child a phone?
- How do I know what they are doing online?
- How do I keep them safe?
- What should I do if I suspect someone is trying to harm my child?



Is it time for a phone?





Is it time for a phone?

- Each child is going to be different
- You know your child best
- Are you ready to have the conversation about online boundaries?



Starting the Convo.

- What's happening out there....
 - Inappropriate content being shared
 - Sharing personal/ private information
 - Online Enticement
 - Sexting
 - Sextortion
 - Cyberbullying



Starting the Convo.

- What do I do?
 - Start the conversation with your child as early as possible (Age Appropriate)
 - Talk about appropriate Apps, Pictures, Messages, and “Friends”
 - Open Conversations prevent children from having to figure it out on their own
 - Set the expectation that you will be monitoring their online activity



Starting the Convo.

- Boundaries
 - WHO can your child communicate with?
 - WHAT technology can they use?
 - WHERE can your child go online?
 - WHEN can your child use technology?



Top Tip!



Device Bedtime and Family Charging Station





Starting the Convo.

- Privacy

- Teach your child to:
 - Protect their personal information
 - Protect their passwords
 - Utilize privacy settings for websites and apps
- Learn about what can be private and what is NEVER private on Social media



Starting the Convo.

- Can I just use a parental monitoring software?
 - Each individual family must determine what is right for them
 - HOWEVER, a parental monitoring software CANNOT replace the important conversation about internet safety with your child
- What about GPS monitoring?



Starting the Convo.

- After the boundaries are set...
 - Talk to your children about scenarios and appropriate responses
 - Talk about fair consequences
 - Establish that they will not be in trouble for disclosing, even if it is something embarrassing



Top Tip!



Fam

the *Carly Ryan* foundation.

Family Online Safety Contract

This contract helps us stay safe when it comes to what we SEE, SAY and DO online.

I _____, will:

(Child)

- Tell my parents or carer if I see something that makes me feel upset, uncomfortable or scares me.
- Be aware that people online are not always who they say they are, and do not always tell the truth.
- Let my parents supervise where I go online as I understand they do this to help keep me safe.
- Tell my parents or carer if someone sends me rude or naked pictures, or links that I did not ask for.
- Not give out personal information about myself, my family, my friends, or others online, including full names, addresses, phone numbers or schools.
- Not share my passwords or usernames with anyone but a parent or carer and I understand they will only use it if they are worried about me or my safety.
- Treat others the way I want to be treated online and with the same respect as I would offline.
- Never use the internet or a mobile device to cyberbully someone.
- Make sure all of my accounts are always set to private.
- Not talk to anyone online, or add anyone on my social networks, if I don't know them offline.
- Never agree to meet someone in person that I have only met online, and I will tell my parents if someone asks to meet me.
- Accept my parents or carer as a 'Friend' on social media providing they ask for my permission before posting or commenting on my content, and they speak to me first if they see something they don't agree with on my profiles.
- Not respond to emails, instant messages, messages or friend requests from people I don't know.
- Never send someone a photo of myself online without checking with my parents or carer first.
- Learn how to block and report people online and tell my parents or carer immediately if doing this.
- Ask for permission before downloading any apps, games or software, so my parents or carer can check these are appropriate for my age and won't harm the device.
- Teach my parents or carer about the internet, apps, games and websites I enjoy.
- **Agree to the online time limits set by my parents or carer and put my devices to bed at night to help me get a restful sleep.**

Signed:
(Child)

Signed:
(Parent / Carer)

y Contract



Fami

the *Carly Ryan* foundation.

Family Online Safety Contract

This contract helps us stay safe when it comes to what we SEE, SAY and DO online.

I _____
(Parent / Carer)

am providing and paying for your internet service and device. Along with this privilege comes the responsibility to protect our family and our private information.

This contract is a requirement of having this service provided to you.

*If you see or hear anything online that makes you feel unsafe, confused or worried for yourself or someone else, please know that you can come to me at any time with this concern, and we will work together to find a solution. **NOTHING IS EVER SO BAD YOU CAN'T TELL A TRUSTED ADULT.***

If I am unable to help you, we will contact the appropriate authorities for advice.

This contract has been created to protect you. It is my responsibility as your parent / carer to keep you safe, so that you have a positive experience online.

y Contract



What are kids doing online?





CYBERBULLYING

EXAMPLES OF CYBERBULLYING



- Sending mean texts
- Photoshopping pictures
- Creating fake profiles
- Posting fight videos
- Spreading rumors and gossip
- Posting embarrassing pictures
- Sending threatening or harassing comments

DIFFERENCES BETWEEN **CYBERBULLYING** & BULLYING

- Spreads faster
- Wider audience
- Follows children home





Why don't kids tell?

- Tried and no one listened
 - Didn't believe the complaint
 - Teacher saw the abuse, said/did nothing
 - Told to "just ignore" it
- Afraid to make it worse
 - Parents want to "fix" things
 - Offender gets in trouble, then retaliates
 - Reputation as a snitch



What can I do?

- **COMMUNICATE**

- Break down the barriers
- It's Not a Magic or Private Box

- **BE INVOLVED**

- Learn their online language
- Learn what kids do online
- Be nearby when kids are online

- **MANAGE THE TECHNOLOGY**

- Teach kids about time out from tech (consider banning tech devices from bedroom after bedtime)
- Technology is a privilege not a right
- Set limits and consider using parental controls



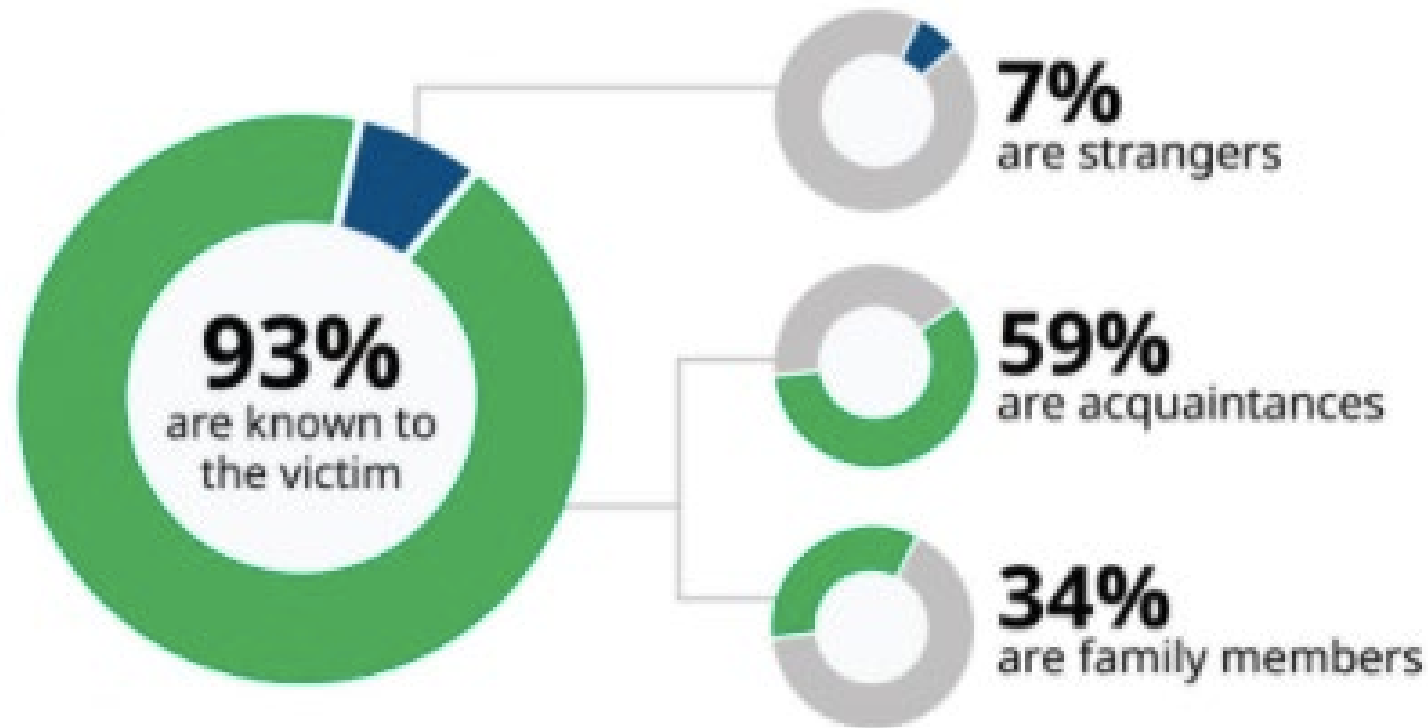
ONLINE ENTICEMENT





CHILD VICTIMS OFTEN KNOW THE PERPETRATOR

Among cases of child sexual abuse reported to law enforcement:



RAINN

National Sexual Assault Hotline | 800.656.HOPE | online.rainn.org
Please visit rainn.org/statistics/children-and-teens for full citation.⁴



Look Out



- Red Flags:

- Too personal too fast
- Gifts
- Excessive flattery
- Greener pastures
- Secrets
- Keeps you away from friends, family, things you like to do
- Inappropriate requests
- Adult conversations
- Demanding



Look Out



- Red Flags:

- Offenders exploit children's wants/needs
- Children have a natural curiosity with sex
- Offenders gradually show children child sexual abuse material or pornography to get them curious
- Offenders use adult influence
- Blackmail



SEXTORTION





Sextortion

1. Do not comply with demands
2. Stop responding
3. Report it to the App.
4. Do not delete the account
5. Take Screenshots
6. Take it down (NCMEC)
7. Report a Cybertip
8. Get help through NCMEC



Something happened

- Control your emotions
- Report it
- Save evidence to report
- Block/ Unfollow/ Mute





Something happened

- What should I report?
 - Anyone sending obscene files
 - Anyone asking for a child to take inappropriate pictures
 - Any sexualized conversations
 - Anyone asking to meet a child

Questions ???



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Adjournment



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