



Red Flags 4 Genetics

89% of families reported seeing genetic disease warning signs before age 4.

Listed on this page are "red flags" or warning signs and symptoms that were self reported by families whose child went on to receive a genetic diagnosis

If your child is exhibiting any "red flags" listed below, please talk to your child's pediatrician or primary care physician.

Developmental Delay

- ☐ Speech (not babbling)
- ☐ Loss of milestones
- ☐ Adaptive (coordination of hands and fingers)
- ☐ Cognitive (unable to or not interested in play)
- ☐ Physical/motor delay (not rolling over, crawling, or walking)
- ☐ Social/emotional (difficulty interacting with others, not smiling)

Behavior

- ☐ Autism Spectrum Disorder (ASD)
- ☐ Repetitive movements
- ☐ Lack of eye contact
- ☐ Constantly upset or crying
- ☐ Easily distracted
- ☐ Difficulty in school or social settings
- ☐ Attention Deficit Hyperactivity Disorder/impulsive or hyperactive behavior
- ☐ High pitched cry/tone of voice

Physical features

- ☐ Extra fingers or toes
- ☐ Large/small head size
- ☐ Short/tall height in comparison to other family members
- ☐ Frequent joint dislocations
- ☐ Spine deformities
- ☐ Cleft palate
- ☐ Facial feature differences (small chin, wide forehead)

(Turn over for more red flags)

Notes

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Feeding Issues

- ☐ Difficulty swallowing
- ☐ Struggles with breastfeeding
- ☐ Poor latching
- ☐ Feeding tube dependent
- ☐ Never feeling full
- ☐ Poor appetite
- ☐ Vomiting
- ☐ Gagging on food

Strength and Tone

- ☐ Inability to lift or control head
- ☐ Floppy or low muscle tone
- ☐ Stiff or high muscle tone
- ☐ Muscle weakness
- ☐ Not attempting to roll over or hold head up when on tummy

Failure to Thrive

- ☐ Slow growth
- ☐ Slow weight gain
- ☐ Not thriving
- ☐ Fatigues quickly when active
- ☐ Weight or rate of weight gain much lower than other children

(Turn over for more red flags)

Other Red Flags

- ☐ Seizures
- ☐ Sleep concerns
- ☐ Bruising
- ☐ Fatigue
- ☐ Extreme tiredness or inactivity
- ☐ Hearing/vision concerns
- ☐ Immune issues
- ☐ Reflux/bowel concerns
- ☐ Headaches/migraines
- ☐ Neurological concerns
- ☐ Pulmonary/cardiac concerns
- ☐ Abnormal newborn screening results
- ☐ Family history of genetic condition(s)/disorder(s)

Notes

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