

HEALTHY BEGINNINGS

Maternal and Child Health Program



Cook County DEPT. of
Public Health
A division of Cook County Health

**BUILDING
HEALTHIER
COMMUNITIES**



HEALTHY BEGINNINGS START WITH US.

The Healthy Beginnings maternal and child health program serves **birthing individuals and infants up to 12 months old** in suburban Cook County.

Our program aims to:

- **Reduce** maternal and infant morbidity and mortality through case management
- **Connect** and coordinate resources, and
- **Deliver** respectful, high-quality home-based care

Our program offers :

- **Home-based care** monitoring at every stage of pregnancy
- **High-risk pregnancy case management** and education
- **Referrals** to social services and specialized care

FREE
PROGRAM

Enroll today!

Scan the QR code or email HealthyBeginnings@cookcountyhhs.org

