

# RESPIRATORY VIRUS SURVEILLANCE REPORT

Week 2: Jan 11-Jan 17, 2026



Cook County DEPT. of  
Public Health

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**Purpose:** This report describes current trends in suburban Cook County for COVID-19, influenza, and RSV. Selected graphics are presented on pages 2-4. For complete surveillance data on these pathogens, please visit our [respiratory dashboard](#).

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## Key Points:

### COVID-19, Influenza, RSV

- Flu activity remains moderate and is trending down. COVID-19 and RSV activity remain low.
- The percentage of emergency department visits and hospital admissions associated with flu and COVID-19 continues to decrease. RSV-associated visits increased this week but remain below last year's levels.
- The percentage of lab specimens testing positive for RSV continues to trend up, while percent positivity for flu and SARS-CoV-2 (COVID-19) are declining
- The percent of deaths due to pneumonia, influenza, and COVID-19 rose to 9.5% in early January, exceeding the peak of last year (8.7%).

### Is anything else going around?

- Test positivity for [common human coronaviruses](#) is also elevated. *These viruses are not the same as the virus that causes COVID-19.* They typically cause mild illness, but sometimes can lead to lower respiratory tract illness like pneumonia or bronchitis.
- Detections of [human metapneumovirus](#) (HMPV) are also elevated above baseline, but below prior seasons' peaks. HMPV causes symptoms similar to other respiratory viruses.

## Recommendations

- Some steps for protection from respiratory viruses should be practiced year-round, regardless of the current activity level. These steps include staying up to date with all recommended respiratory [vaccines](#), practicing good respiratory hygiene (covering your cough, washing your hands), taking steps for cleaner [air](#), and staying home when you're sick until you've been fever-free for 24 hours and your symptoms are getting better. People who are at [high risk](#) for severe outcomes should be familiar with treatment options for flu and COVID-19. Organizations can support these recommendations by offering time off when employees are sick, hosting vaccination clinics, maintaining adequate ventilation systems, and encouraging good respiratory hygiene with posters and adequate hand-washing supplies. (Note that CDC offers separate, specific guidance for healthcare settings for reducing transmission of [flu](#), [COVID-19](#), and other [pathogens](#)).
- Respiratory activity decreased this week, but is likely to continue for several more weeks. Many respiratory seasons see a second wave of influenza B in early spring. If you haven't been [vaccinated](#) yet, it's not too late.

We would like to thank all of our surveillance partners for their help in collecting this information! Additional details on our methods can be found [here](#).

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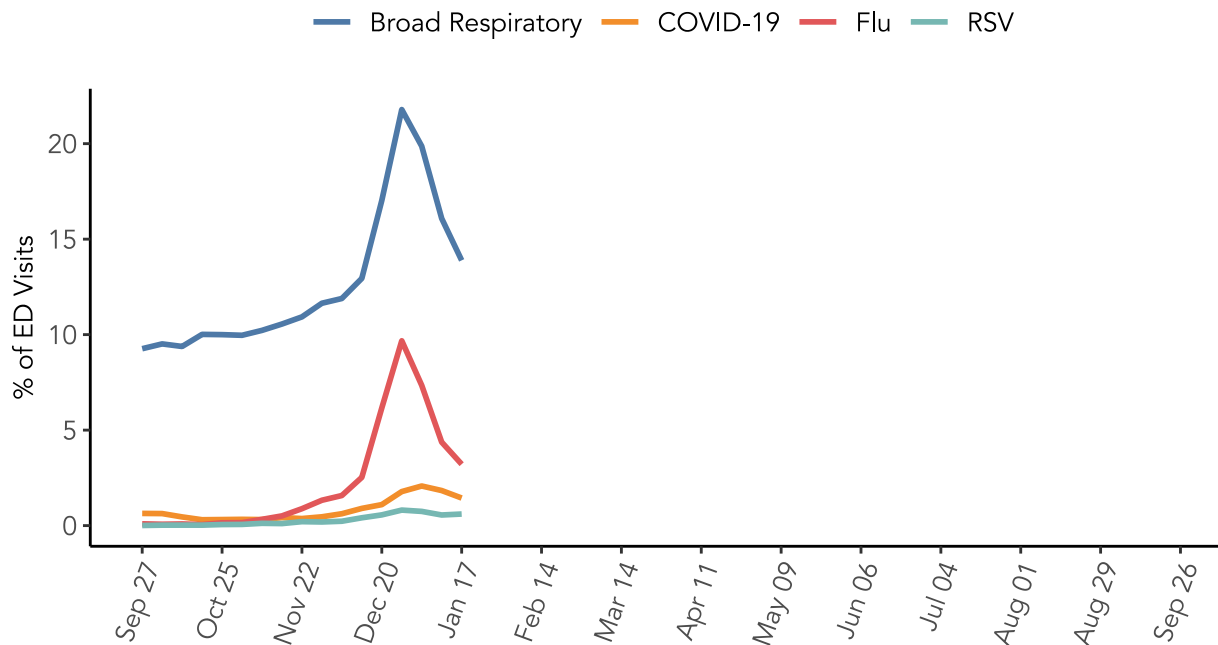
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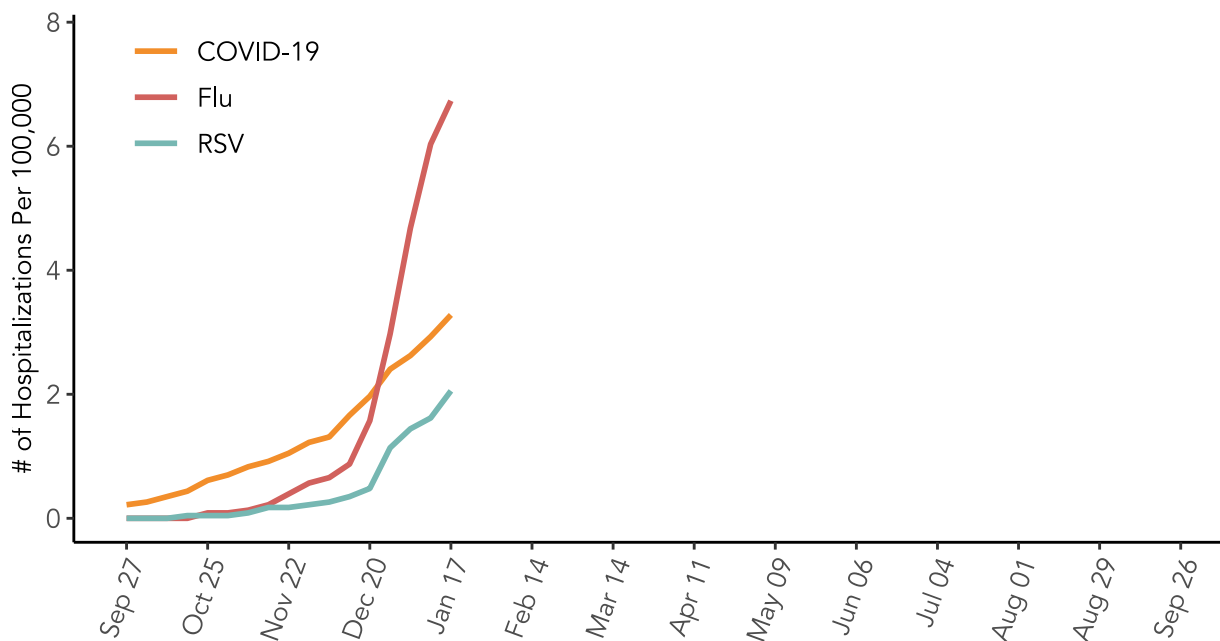
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## Emergency Rooms Visits by Respiratory Diagnosis



## Cumulative ICU Admission Rate for Reportable Respiratory Viruses





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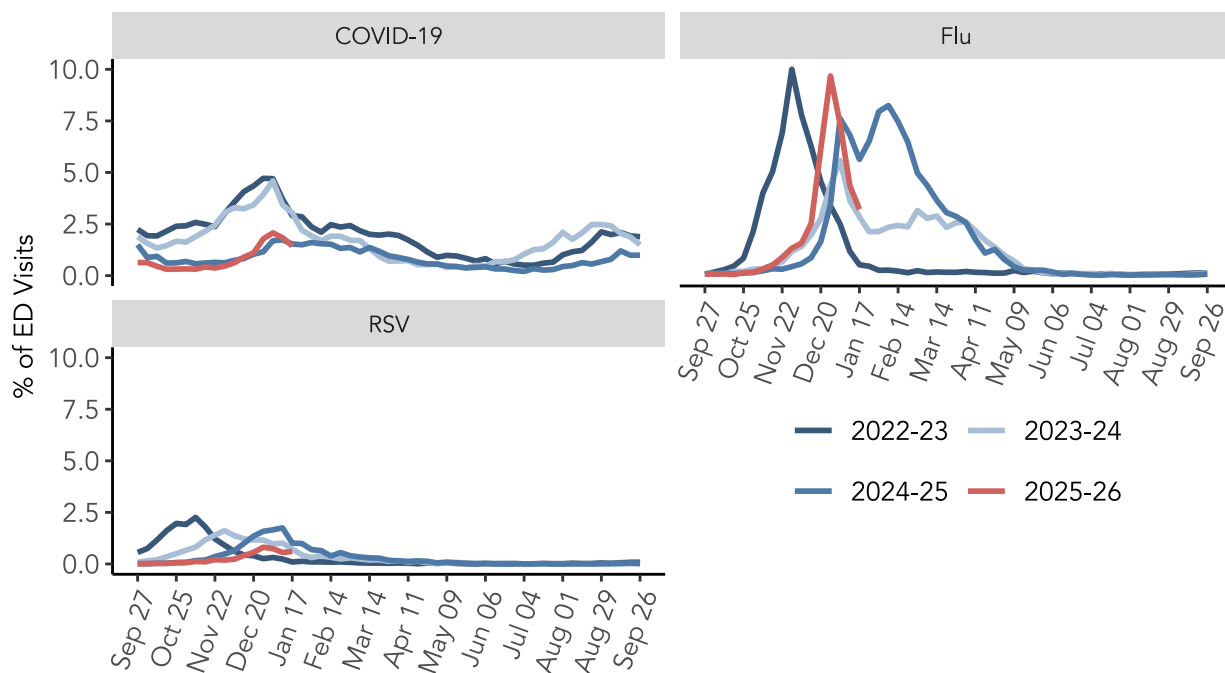
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## Emergency Rooms Visits by Season and Diagnosis



## Emergency Room Visits by Age and Diagnosis

