

Think Ebola

INFORMATION FOR HEALTH CARE PROVIDERS

Early recognition is critical for patient and worker safety in health care settings.

IDENTIFY

Ask the patient if they have been in a country affected by the **2026 Ebola Outbreak** (Democratic Republic of the Congo, South Sudan, Uganda) in the last **21 days**.

Do they have a **fever ($\geq 100.4^{\circ}\text{F}$ or $\geq 38^{\circ}\text{C}$)** or other signs or symptoms compatible with Ebola, such as:

- Headache
- Muscle pain
- Weakness and fatigue
- Sore throat
- Loss of appetite
- Diarrhea
- Vomiting
- Abdominal (stomach) pain
- Unexplained hemorrhage (bleeding or bruising)

ISOLATE

IMMEDIATELY put patient in a **PRIVATE ROOM** with its own toilet if they have been in an affected country and have any signs or symptoms.

Staff should:

- Wear recommended PPE
- Limit staff entering the room
- Keep a log of everyone who enters
- Take an exposure history to identify Ebola risk factors while in the affected countries
- Did they have contact with someone with suspected or confirmed Ebola?
- In what areas of the affected countries were they present, including dates and methods of transportation?

Did the patient:

- Have contact with someone who was sick or died?
- Visit a healthcare facility or traditional healer?
- Attend a funeral or burial?
- Have contact with bats, bat urine or droppings, or non-human primates
- Have blood, fluids, or raw meat from these animals or entry into areas known to be inhabited by bats (e.g., caves, mines)?

Consider and evaluate alternative diagnoses (e.g., malaria).

Only perform essential procedures.

INFORM

Contact **Cook County Department of Public Health immediately** at **708-836-8699** for **consultation and guidance** regarding suburban Cook County patients who:

- Have symptoms consistent with Ebola, and
- Have been in contact with someone with Ebola.

If calling after hours (4:30 PM to 8:30 AM) call: 708-836-8600. Press Option 2.

Local facilities should not independently transfer a suspected or confirmed Ebola patient without public health coordination.



Cook County
Public Health
A division of Cook County Health

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